

Our Girls



My Inspiration

Our Planet

Book Review

Poetry

Quwwat Stars

Just for Laughs

Deed of the Day

Announcements

Dates to Remember

Assalamu-alaikum wa Rahmantullahi wa Barakatuh!

Welcome to the first edition of QIGS PTA magazine. May Allah SWT Guide us and Bless us with His Mercy.

The PTA, with the school council have put a lot of effort into bringing you this individual piece. We pray that InshaAllah, you will enjoy reading it as much as we have producing it!!

My Inspiration

Helen Keller

Author, Activist, an Inspiration!

You have perfect eyesight Alhamdulillah. You have perfect hearing Alhamdulillah.

Ever thought what it would be like if you lost one of those? What it would be like to never be able to see the beauty of this world again. Never knowing what the person standing next to you looked like. Never knowing what a pen looked like or a football. Have you ever thought?

Have you ever thought what it would be like to never listen to the beautiful recitation of the Quran? Or to never be able to hear the Manchester United anthem? Have you ever thought what it feels like to have never heard the sound of pouring rain? Or the supposed 'hurricane' which every so often occurs in Britain? Have you ever thought?

'Although the world is full of suffering, it is full also of the overcoming of it. My optimism, then, does not rest on the absence of evil, but on a glad belief in the preponderance of good and a willing effort always to cooperate with the good, that it may prevail. I try to increase the power God has given me to see the best in everything and everyone, and make that the Best part of my life.'

Helen Keller: 1880-1968

One courageous, ambitious and inspiring woman didn't just think about this. She lived through this. Helen Keller became deaf and blind as a young child and had to struggle to overcome her DUAL disability. If you know someone who is disabled, you would understand the pain they go through. However, she became the first deaf-blind person to attain a bachelor's degree and became an influential campaigner for social, political and disability issues. She was seen as a powerful example of someone overcoming difficult circumstances. Helen Keller suffered numerous obstacles that she could have let deprive her of living her dreams. Yet she knew that just because something is difficult, it doesn't make it impossible. Despite possessing disabilities of both deafness and blindness, she learned to read and write, becoming a champion of social issues and helping to improve the welfare of deaf people around the world.

Our Planet

Bottled Water

Friend or Foe??

Bottled water, a supposedly 'cleaner' source of water, but does it have a clean effect on our environment?

Seventeen *million* barrels of oil are used every year to produce the plastic water bottles we use and buy every day, that's enough to fuel one million cars for a year! And what's worse is that *ninety per cent* of those bottles are not recycled and are simply tossed away. That means for every ten bottles we buy; only one will get recycled.

Plastic does not decompose like other pieces of rubbish. They decompose using sunlight. But the chances are a plastic bottle buried in a landfill will never see the light of day again! Instead it will be burnt and release several toxic chemicals into the air causing air pollution.

Also many plastic bottles and bottle tops end up in the river or in the ocean where they will decompose. But this is not particularly a good thing. The toxic chemicals released during the decomposition leak out into the ocean and poison some of the plants or wildlife living in it.

So how do we stop this? Buy a reusable water container and fill it up with tap water. It's healthier for you, your purse and the environment. And for those of you, who are not very fond of tap water, try it out for a while. If it just doesn't feel right drinking from the tap and you prefer a bottle, **recycle**.



POETRY

Oh Children of Syria

A thousand lives, a thousand cries,
A thousand children's troubled sighs

Waving the flag of the religion of peace,
Proud jeering can be heard along the streets
One bullet here, one bullet there,
Years and years they strive for the unseen

A million lives, a million cries,
A million children's troubled sighs

But what have they done
For you to make them feel fear,
The weak young souls
Trying to survive every fear

Every scream brings a dream
Every shout lifts a mount
Every day brings a prayer
Every night sends some light.

A thousand lives, a million cries
Oh children of Syria, you'll be alright.

Book Review:

Throne of Glass

(2012)

'Meet Celaena Sardothien. Beautiful. Deadly. Destined for greatness...'

Throne of Glass, a young adult fantasy written by American author Sarah J. Maas. In a land of history and magic, the fae are being killed and multiple royal families are being overthrown by the king. And eighteen-year-old assassin Celaena Sardothien is spending her life sentence as a slave in the salt mines. When she's suddenly summoned to the royal court, Celaena witnesses an opportunity for her freedom. She must represent the prince in a to-the-death tournament with the lands most notorious thieves and assassins. Live or die, Celaena will be free.

This book is an uplifting first instalment into the entire Throne of Glass series, you feel completely comfortable and absorbed in the world. Maas slowly draws in your interest by starting off with a fairly simple storyline of a tournament. But the hidden, main storyline takes off in the second book 'Crown of Midnight', allowing you to gradually fall in love with the characters instead of tumbling in all at once.

But, despite the quality of her writing, Maas seems to focus too much on Celaena's beauty and at times has dedicated full chapters of people merely complimenting her. But does a girl's greatness depend on her appearance? What about brains? Skill? These are some of the things Maas *has* included but does not outweigh the *mass* of comments on the heroine's flawless skin or colour of her dress is.

Overall, this story is very well written and also contains some of my favourite things; a strong female lead, a unique fantasy world and a gripping story. In spite of a few rough edges this book is perfect for a good winter read.

I rate this: 7/10

Sumaiyah Uddin Year 11

Quwwat Stars



**Marzana
Rahman
Yr 1**



**Rayanne
Farrugia
Yr 2**



**Aaishah
Pirbhai
Yr 3**



**Habibah
Khan
Yr 4**



**Mu'mina
Abdullah
Yr 5**



**Hanifa
Anwar
Yr 6**

Just for Laughs

What do you call an alligator in a vest??

An Investigator

Did you hear about the restaurant on the moon??

The food is terrific, but there's no atmosphere.

What do you call a story about a broken pencil??

Pointless

What stays in the corner
and travels all over the
World??

Adam's mum had 3 children.

The 1st was named April,

The 2nd was named May.

What was the 3rd child's name?

A Stamp

Lunch box



Stealthy Healthy

Lunchtime...as the bell rings pupils jump to their feet in delight of finally cutting loose the strings to 14×6 or the ins and outs of nuclear fission. As you walk along the lunch hall we see a mixture of happiness and the mere few who forcefully consume a soggy cheese sandwich. Lunch is an essential meal of the day and should be eaten happily with satisfaction. I know just how to make this happen.

A scrumptious lunch box should be colourful; it should not be drenched in greens, neither should it be a big bag of cholesterol. It can consist of a fruit to keep our bones happy! Also a yoghurt pot or a fruit snack bar to keep us energetic throughout the day. Rather than cheese and cucumber sandwiches, children love pastries or mini pizzas (a tasty way for parents to sneak vegetables into lunch boxes too) which can be warmed in school. To keep hydrated, ensure your child has a bottle of water, flavoured water is a popular choice and a fruit juice; it always goes down a treat. Avoid sugary foods such as crisps; try alternatives such as healthy bakes or cake bars.

So with little change and little effort you can increase the amount of smiles at Quwwat-UI-Islam!

Zaynab Year 11

Announcements

Assalamu alaikum wa rahmatullahi wa barakatuh

MashaAllah, what an amazing start to the year!!! We have truly been blessed to belong to an institute where we are able to support each other to success. Allah SWT has blessed us with an establishment which allows our girls to be free to learn and be themselves.

Quwwat-ul-Islam is full of intelligent, bright, talented and confident young girls.

This is only the beginning.

Through this magazine we are only trying to give you a glimpse of what our girls have to offer in journalism, art, poetry, sports, hifz etc etc.

The secondary girls have recently competed in a football match against Azhar Academy!!
Our girls **WON**

Quwwat-ul-Islam 2 – 1 Azhar Academy

MashaAllah.

Recently the school held its first ever sleepover to raise money for the homeless. Again, our girls excelled. SubhanAllah, they are a pleasure to be with. They are full of energy, confidence & aspiration. It makes one proud to feel they are the future of our Ummah.

As parents we need to do our utmost in making sure that we support this. The teachers and staff at the school have a big job on their hands in educating our girls. It is therefore our responsibility to support them. This can be done in many ways. Here are just a few:

Dropping off and collecting on time.

Supporting children with homework.

Giving them a good breakfast & healthy lunch.

Big smile & lots of cuddles.

MashaAllah the Enrichment classes have been very popular. Parents, staff and students have been working effortlessly to make these activities successful.

We have also chosen to name six children from primary who have excelled in all areas. This can be found on each issue of the magazine. Do look out for names, it may be your child who is the 'Quwwat Star'.

The primary children have also been doing very well in karate. In sha Allah their next grading will be in March.

The PTA held their first fundraiser for this year. Alhumdulillah it was an evening full of games, laughter and fun. We raised over £2800!

We pray that In Shaa Allah you will continue to support the school with your du'as. May Allah SWT make Quwwat-UI-Islam Girls' School amongst the best!!

Dates to Remember

Thursday 2nd April
Last day of term

Thursday 2nd April
PTA meeting

Monday 20th April
Inset Day

Tuesday 21st April
New Term – First day back

Thursday 23rd April
PTA meeting

Friday 24th April
Re-admission fee deadline

Thursday 30th April
PTA Meeting

Friday 1st May
Quwwat – ‘School of Many Cultures’

Tuesday 5th May
Year 11 study leave

Friday 8th May
Sports Day

Monday 11th – Friday 15th May
KS1 & KS2 SATS

Thursday 14th May
PTA Meeting

11th May – 17th June
GCSE Examinations