



# PHYSICAL EDUCATION

## AUTUMN TERM 1.2

### RECEPTION

Children will be to

- Follow instructions.
- Perform basic travelling skills.
- Show an awareness of the immediate space around our bodies.
- Use space to move safely around others.
- begin to handle equipment with control

### YEAR 1

Children will be able to:

- Throw and catch a range of equipment
- Understand concept of aiming
- Change rules to make a game harder
- Move actively and safely about space using equipment.

### YEAR 2

Children will be able attending swimming lessons at Atherton leisure centre

### YEAR 3

Children will be able to:

- Make up and play small sided games
- Select and use appropriate skills
- Describe and evaluate the effectiveness of performance
- Work co-operatively with others

### YEAR 4

Children will be able to:

- can keep control of the ball while travelling (Dribbling)
- to accurately pass a football
- tackle correctly
- understand how to defend in football

### YEAR 5

Children will be able to:

- Play shots from both sides of body and overhead with reasonable control
- Understand how o position body to receive and send ball at different heights
- Recognise where there are spaces on an opponent's court and try to hit into

### YEAR 6

Children will be able to:

- choose, combine and perform skills more fluently and effectively in invasion games
- understand, choose and apply a range of tactics and strategies for defence and attack
- use these tactics and strategies more consistently in similar games
- understand the need to prepare properly for games
- develop their ability to evaluate their own and others' work, and to suggest ways to improve it