

QUWWAT-UL-ISLAM GIRLS' SCHOOL

Newsletter

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Ensuring every child achieves their best through high expectations for all, with a focus on
Respect-Aspiration-Responsibility

Date: Wednesday 30th June 2021

Islamic Date: Dhul-Qadah 20, 1442

Term: Sumer 3.2

Issue: 4

Hadith of the Week: The Messenger of Allah, peace and blessings be upon him, said: "The virtue of the scholar over the worshiper is like my virtue over the least of you. Verily, Allah, his angels, the inhabitants of the heavens and earth, even the ant in his hole and the fish, send blessings upon the one who teaches people what is good." ~ Riyadh as-Salihin



Dear Year 11

You have finally come to the end of your journey with us at Quwwat Ul Islam Girls' school and alhamdulillah it has been a pleasure to see you grow and mature into young intelligent Muslim women.

I sincerely wish every single one of you all the best and pray that whatever path you choose to take is full of barakah and happiness.

May Allah SWT always guide you and protect you and keep you safe and well. Ameen

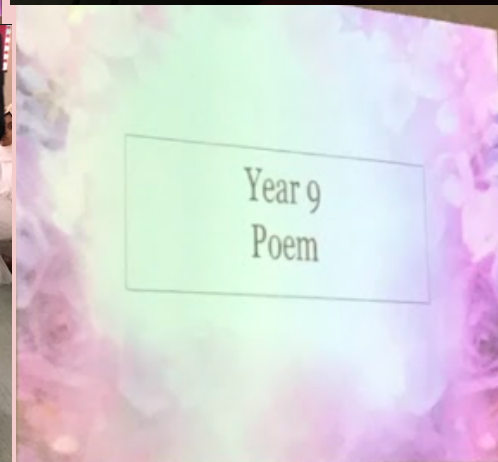
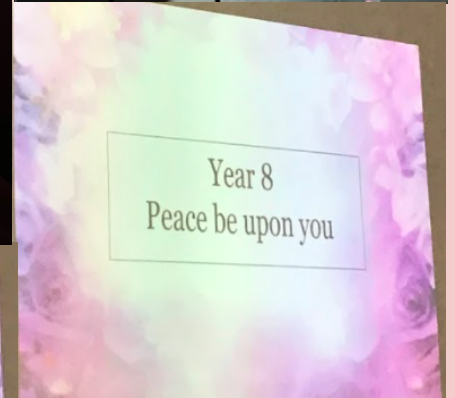
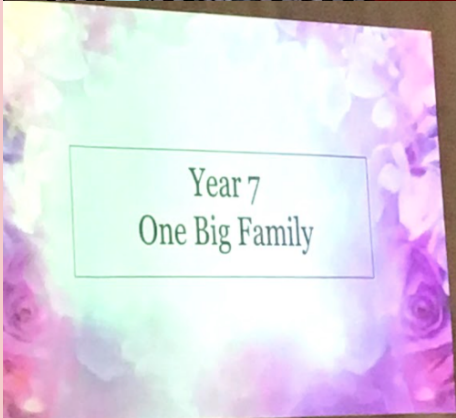
Believe in yourselves and never let anyone tell you otherwise, learn from your mistakes and turn to Allah SWT in moments of hardship and doubt.

I would also like to finish with a little reminder about the real aim for us all. Rabee ibn Kab (ra) was a companion of the Prophet Mohammed (sal'Allah alayhi wa salam) who used to be extremely poor. He used to spend his days and nights at the service of the Prophet (sal'Allah alayhi wa salam). One day the Prophet Mohammed (sal'Allah alayhi wa salam) told him to ask for whatever he wished. After much reflection he came back to the Prophet (sal'Allah alayhi wa salam) and said "I want your companionship in Jannah." May Allah reunite us all together with the Prophet Mohammed (sal'Allah alayhi wa salam) in Jannah. Ameen

Best Wishes,
Mrs Member (Headteacher)

On Friday 25th June 2021, Quwwat-ul-Islam Girls' school held a very special leavers assembly for Year 11 who are leaving the school to embark on a wonderful new journey inshaAllah.

The Year 10 students planned and hosted the very emotional assembly by involving the rest of the Secondary students. The assembly included meaningful nasheeds sung by students, motivational poems and moving speeches. The Year 11 students were also delighted by some delicious dishes and wowed by the beautiful decor. Here are some pictures taken at the assembly:



Some of the students from Year 9 read a very emotional poem which was written by talented Zainab Malik:

From 11 year olds walking into some place new,
To graceful women you quickly grew,
How fast time flew,
You became a family, a crew,
Filling these years with studying and laughter,
While trying to reach the key,
To help you in the hereafter,
Side by side in mischief and grief,
Becoming wonderful companions,
Strengthening your belief,
You've all done the best that you could,
The best that you should,
The best that you would,
And sure you've had some ups and downs,
Days with frowns,
And the occasional fights,
Yet you still stand with each other and unite,
Seeing you all together,
Is a wonderful sight
But now you need to start,
A new part of your life,
Take a blind dive,
Have a new aim to thrive,
You've unlocked a new stage in the video game of life,
You won't always have the same company,
As you'll make a new start,
But you'll always have each other,
Deep within your hearts
As you leave these doors with new stories and memories,
You'll embark on this journey making new discoveries

The teachers of Quwwat-UI-Girls' School read some very emotional and heartfelt messages to the leavers:

A message from Ms Bayan

Assalamu'alaikum warahmatullahi
wabarakatuh

Firstly, I would like to thank you all for being a fantastic group of pupils. It has been my pleasure to get to know you over the academic year. I feel proud of what you have accomplished since September. Year 11 can be a hard year and I have always seen you going into class with focus, smiles and resilience.

You are an exceptional group of young people and are all about to enter the big wide world of more studying and working, whether that is in sixth form, college or apprenticeships I know you will all succeed. Take advantage of every opportunity you get and give it your all. Live life with no regrets and go have the best experiences. The world is your oyster! Hope you all look back at school life and have fond memories of being at QUIGS.

I hope to see you in the near future when you are all high flying in your dream careers. I wish you well for your next chapter in life and I would like you to remember these words: never forget who you are; appreciate your potential, be confident that you have experienced one of the best preparations for lifelong learning, and aim to be the best you can.

Being your Deputy Head Teacher was a pleasure, getting to know you was a privilege. May Allah bless you all with success, health, happiness, patience and strength. May all your dreams come true, and may you live the life that you have always dreamed of. Ameen!



Ms Munshi

Dear Year 11, it has been a pleasure to teach you for all these years. It has been a long journey where there were happy moments as well as sad ones. I must say I enjoyed teaching you girls especially the french language. Do you girls still remember 'il n'y a 'il n'y a song or "Bonjour comment ca va?" and it is not to be forgotten that you were my tutor form class for 3 consecutive years!

It feels like a bittersweet moment to see you girls, all grown up into beautiful ladies and now it is time to say goodbye, to send you off to another journey. A new chapter of your life is starting; college life. There will be happiness, challenging moments, sad moments, exciting ones but this is all one step further to learn about life. I wish you all the best and pray that Allah makes you all successful not only in this world but also in the hereafter. Remember, Islam is a religion of moderation, do not only focus on your worldly affair or your career, balance it with your deen. Read your Quran, pray your salah, dress modestly, be kind to one another, this will be your key for a successful akhirah. Become someone anybody can look up to, become someone you can be proud of, but not in an arrogant way, become someone your parents will be proud to say "this is my daughter".

May Allah help you all, may Allah bless you in both worlds and make you all a coolness for your parents eyes'. Ameen. You will be missed, keep all of us in your duas.



Ms Summaiya

Assalamu Alaikum Year 11,

It's been a great year teaching your brilliant class with outstanding students. I wanted to mention how I am extremely proud of you all, you were one of the first classes I taught and I truly couldn't have asked for a better class.

Now that you will enter the 'big world', remember the world is your oyster. I wish you all the best in future, Good Luck!

Ms Hafsah

I wish you the best future full of happiness and success. May Allah assist you in the paths you take. When hardship afflicts you, then remember that Allah is always with you. Keep your chin up and keep smiling and remember you are all special individuals in his eyes.

*Best Wishes,
Ms Hafsah*

Ms Jamal

Dear Year 11,

It was a great pleasure teaching you this year. I pray that Allah grants you all success in both worlds and you continue to flourish in every moment of life. Remember to always stay positive and strive hard. May Allah bless you with beneficial knowledge throughout your lives and keep you safe from all harm. Ameen.

Ms Ismati

Dear Year 11,

Alhamdulillah, it was a wonderful and the most loveliest experience teaching you all, no matter the difficult times we all went through. I make dua for all of you bright, young, shining stars to keep hold of your deen as well as your education. I hope you all strive for the highest and become the best muslimah because I know that you are all outstanding students.

May Allah grant you nothing but the best in this world and the Aakhirah. Ameen!

Lots of love

Ms A Begum

Dear Year 11,

It was a pleasure teaching you for a year and I have enjoyed it thoroughly. Each one of you are very able and have the potential to reach the stars. May Allah (SWT) make you successful in this world and hereafter. May Allah (SWT) bless you with strong imaan, taqwa, piety, good manners and good deeds. May he (SWT) fill your heart with true knowledge, wisdom, understanding and enlightenment.

Please do forgive me if I have wronged you in anyway and keep me in duaas always.

Ms Kabay

Dear Year 11 Geographers,

It has been an absolute pleasure teaching and learning with you all. Many of you started Geography thinking it was dull, useless and hard, yet you have all left QUIGS full of wonder and awe for the wonderful world and beyond that Allah SWT has designed so beautifully. Watching you all grow in confidence, from dramatising twirling tropical cyclones to debating coastal erosion in Norfolk, has been wonderful. I pray that you continue to explore the world around you and come to know, respect and understand different peoples and places. Just like Our Lord so eloquently conveys: "And the Earth, We spread it out, and cast therein firmly set mountains and We have made to grow therein of all beautiful kinds; to give sight and as a reminder to every servant who turns to Allah." [50:7-8]. Use your moral compass to keep navigating the world and always remember Him.

I wish you all the best in your future endeavors and hope that you remember myself and my family in your beautiful prayers. I hope to keep in touch with you all - and remember - I want my celebratory invites!!! ;)

Ms S Begum

It has been a pleasure teaching you and being a part of your final years at Secondary. From here on out, remember to hold on tightly to your faith and work towards being a prosperous Muslimah.

I pray you persevere in all your future endeavours and may you be granted success in all you do.

May you always have love and obedience for Allah and His prophet (Sallallahu Alayhi Wa Sallam) and be granted the best in both worlds.

I wish you all the best.

Lots of Love

Ms Zannath

I've known most of you from your Primary years and seen you grow from small girls into young ladies. I've even gone on a residential trip with you which was a lot of fun Alhamdulillah. It has been an absolute pleasure to know you and teach you.

Now that you have left school, you will soon realise it is a different world out there to the life you had at Quwwat. It will get tough but know that Allah is with you wherever you are. Always keep firm and steadfast on your faith and trust in Him to help you get through whatever life may throw out you. Make sure you study and work hard to achieve your goals. You've got this.

May Allah make all your dreams, goals and ambitions come true and your duaas too. May you accomplish and excel in all the good you set out to do and may you flourish with success in both worlds.

Wishing you girls all the best!

Lots of Love and Duaas



A message from Year 10...

We pray that you will be successful in whatever path you choose to follow, and that Allah showers his mercy and blessings upon you and keeps you safe from any harm that may come your way. May He brighten your lives and enlighten you with knowledge and love of the religion as well as a secure career in whatever you dream of fulfilling. May Allah keep you guided and make you among the ambassadors of Islam and the women of Jannah. Ameen.

Healthy Eating

At Quwwat Ul Islam Girls' School, we value students having a healthy balanced diet and understand the benefits this will have on their learning, engagement, and overall attainment.

Research has shown that the food typically eaten in lunch boxes provides too much fat, saturated fat, sugar and salt and not enough fruits and vegetables and essential nutrients. As a packed lunch represents approximately a third of the child's daily food intake, it is important that it offers a meal in line with the [Eatwell%20food%20profile%20-%20%20]Eatwell food profile -

<https://www.nhs.uk/live-well/eat-well/the-eatwell-guide/> to ensure that all the nutrients needed are provided.



There are clear links between unhealthy eating habits and obesity, high blood pressure, high cholesterol, heart disease and stroke, type-2 diabetes, osteoporosis and more. Further advice on healthy packed lunch items could be found in our Healthy Eating policy.

As Government Guidelines on the lockdown measures in the UK are easing, we would like to inform parents that unhealthy items may be confiscated in line with our Healthy Eating policy. The school carries out regular 'snack checks' to promote healthy eating and better food choices.

Muslimah of the Week **Week beginning 21st June 2021**

Reception: Khadijah Abdul-Gaffar

Year 1: Inayah Uddin

Year 2: Haajarah Ahmed

Year 3: Umaimah Doodwala

Year 4: Asma Pirbhai

Year 5: Jannat Ausman

Year 6: Aisha Hussain

Year 7: Zahra Murthuja

Year 8: Layba Gofur

Year 9: Ramla Ali

Year 10: Khadija Ahmed

Events

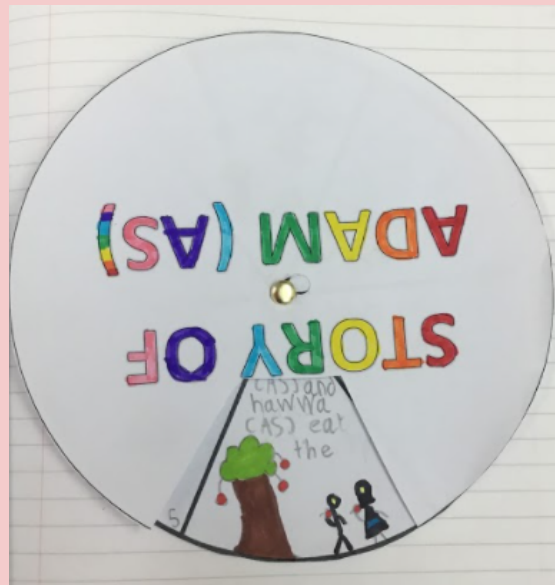
Reception Islamic studies

The students learnt the Arabic alphabet letter 'seen' for 'salaam' which means peace. They also made skittles from empty bottles to represent the letter 'seen' and had lots of fun bowling, the students were very competitive as they wanted to win and receive a 'tha-waab' reward.



Year 1 and 2 Islamic studies

The Year 1 and 2 students were learning about the story of Prophet Adam AS. They created a Prophet Adam story wheel which highlighted the important events in the life of Prophet Adam AS.



Year 7 Islamic Studies

The Year 7's have studied about the first few Sahaba who accepted Islam. Each student focused on one Sahaba, and created a character board, outlining any problems the Sahaba had experienced and how they dealt with the challenges.

At the end of the activity, the students reflected on the different lessons learnt from the stories of these Sahaba, and how the messages promoted by Islam within these events align with our British rights and values.

Some of the messages discussed included:

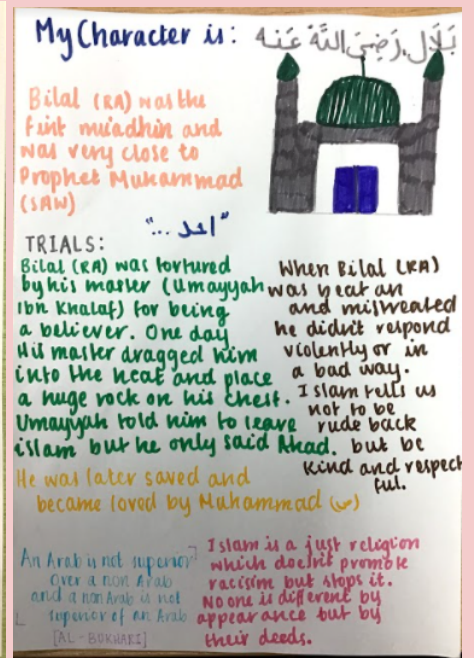
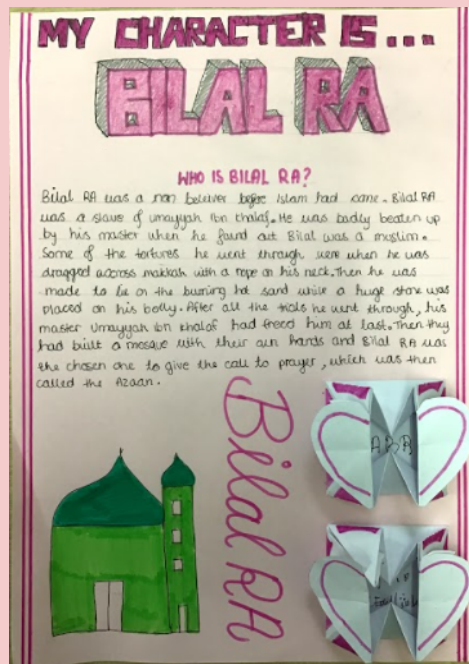
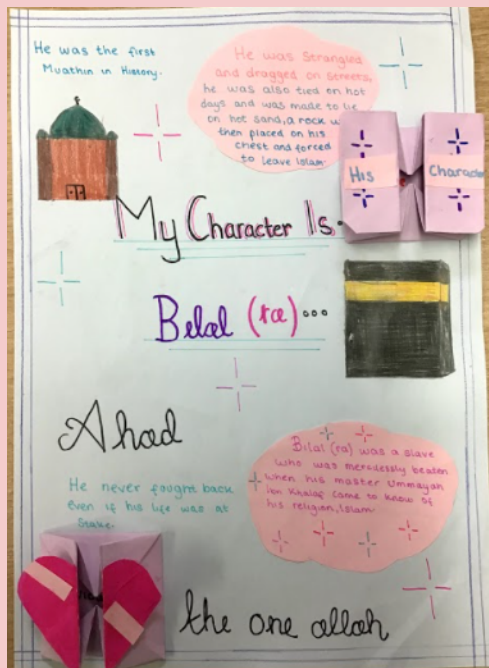
- **Democracy -**

Islam has been a religion from the beginning built upon freedom and equality.

Many of our Sahaba freed slaves to abolish slavery. These freed slaves, like Hazrat Bilal R.A was given an honorable status in Islam, despite being a freed slave of non-Arab, African heritage.

- **Mutual Respect and Tolerance -**

Many Sahaba experienced persecution due to accepting Islam, going against the norm of society at that time. However, our Muslim predecessors promoted respect and tolerance despite the trials they experienced.



Year 8 English

The Year 8 students have been learning the skills to give an effective speech. They performed their speeches in class and blew their teacher (Ms Siraj) away with their heartfelt speeches.

Here are examples of their speeches:

Palestine

This is for all Palestinians!

You are not alone, we are with you and so is the world. We can feel your burden and pain so stand up high and continue with a smile! When you bleed, so do we! When you fall, so do we! When you're hurt, so are we! When you're up there, we'll still glow for you down here. They can take away your life, your kids, your food, your shelter, your family, and your land but what they can't take is your faith. You+The world=Palestine.

As I'm standing here today, I am not just talking for you but also fighting with you. Without you the world is not whole, one shriek of a mother can be heard all the way to the 7th heaven where the child's soul is placed in peace.

In this temporary world it is Hell for you and heaven for the others where as the next never ending world is heaven for you and hell for the others.

This is a reminder for every single person who is holding pain that if this is war to you, we are more than just your soldiers, we are your shield.

Written by Samira Inaaya Haque

We live in the 21st century.

It is difficult to keep adhering to old ways when each day brings on innovations of different kinds.

Education is not an exception to these processes of rapid evolution; conventional methods are quickly becoming obsolete.

Students nowadays need to have these innovations seamlessly incorporated into their studying processes.

Allowing them to use laptops in class would be a small but substantial change.

Modern students are digital natives, and can effectively use technologies to their advantage.

They would be able to not just take notes on lectures more effectively, but would also eagerly engage in new forms of studying such as remote studying, using interactive online materials, and so on.

Written by Maryam Kamal

Feminism - By Ifza Jannat Hadi.

The subject I will be speaking about today is a topic that is justifiable. A topic that needs to be spoken of. Heard of. A topic that countless people are aware of, but never acknowledge its importance. Feminism.

To some, rather majority, feminism may just seem like a word. To others it is a significant label, to which they can be proud and speak up and say "I am a feminist".

Men have the perception that 'feminism' means women have more rights than them. But, Feminism, by definition, is the belief that men and women should have equal rights and opportunities. Just because someone is a female, does not mean she should be paid less than her male co-workers. The idea of equal payments must be normalized, into all areas of work.

Majority of people, when they hear the word 'feminism', they tend to imagine that a woman is a man-hating and whiny narrow-minded being. Even among moderate crowds of people, the word is too 'drastic' and brings a sense of discomfort and the thought of it being unnecessary. However, it is both misunderstood and criticized regularly on a broad societal scale, and there are hundreds of reasons why humans need to be conscious about this issue, and actually consider changing their mind on how a male and female are seen.

Written by Ifza Jannat Hadi

Current News

HARNESSING THE POWER OF LONDON FOR GLOBAL CLIMATE ACTION

What is London Climate action week?

London Climate Action week is harnessing the power of London for global climate action. LCAW is the annual event bringing together world-leading climate professionals and communities across London and beyond to find practical solutions to climate change.

Founded in 2019, LCAW is the largest independent climate change event in Europe. LCAW is helping to shape our future into one that is net-zero, equitable and resilient. Rooted in our diverse, international city, LCAW uses its global perspective to spark climate action around the world.

For more information on London Climate Action Week visit the website

<https://www.londonclimateactionweek.org/>



Dates for Diaries

Wednesday 7th July 2021

- Virtual Year 7 Taster Day

Tuesday 13th July 2021

- Primary picnic in the park

Friday 16th July 2021

- Last Day of summer term

Please be aware that these dates will be updated regularly.

Year 7 Virtual Taster Day 2021

Unfortunately, due to the current COVID 19 pandemic, we will not be able to invite parents/carers and our new students to have the experience of spending the day at Quwwat-ul-Islam.

However, we will try our very best to help the transition from year 6 to year 7 through an online experience. This will provide students with an idea of what to expect in Year 7, Insha'Allah.

Our '**Virtual Year 7 Taster Day**' will take place online on **Wednesday 7th July 2021** from **8.30am-3.30pm**, Insha'Allah.

Students will be able to join the virtual taster day via Google classroom.

The Taster day will consist of:

- Year 7 workshop for parents
- Meeting the other students in their class
- Taster lessons

Parents will be required to attend the workshop with their child at 8.15am until 9.30am, Insha'Allah. Parents will be required to leave after the workshop, to allow students to take part in lessons.

Assemblies

Primary

Date	Teacher	Theme of the Week
09/06/2021	SLT	Welcome Back
16/06/2021	Ms Seham	International refugee day
23/06/2021	Ms Asma	National School Sports week
30/06/2021	Ms Mahfuza	World Chocolate day
07/07/2021	Ms Ali	Srebrenica memorial day
14/07/2021	Ms Chowdhury	End Of Year Assembly

Secondary

Date	Teacher	Theme of the Week
09/06/2021	SLT	Welcome Back
16/06/2021	Ms Siraj	Shawwal
23/06/2021	Ms Siraj	Women in Islam
30/06/2021	Ms A Begum	Kindness
07/07/2021	Ms H Munshi	Hajj
14/07/2021	Ms Hussain	End Of Year Assembly

*** Please note that unfortunately, due to the current COVID 19 pandemic, parents/carers are not permitted to observe their child's class assembly due to the social distancing restrictions that are currently in place.**

Trips: Unfortunately, due to COVID 19 pandemic all trips have been temporarily suspended until further notice.

