

السَّلَامُ عَلَيْكُمْ وَرَحْمَةُ اللَّهِ وَبَرَكَاتُهُ

Welcome to Quwwat Ul Islam Girls'School

Secondary RSE Parent Workshop

RESPECT- ASPIRATION-RESPONSIBILITY

Statutory Guidance



To embrace the challenges of creating a happy and successful adult life, pupils need knowledge that will enable them to make informed decisions about their wellbeing, health and relationships and to build their self-efficacy. Pupils can also put this knowledge into practice as they develop the capacity to make sound decisions when facing risks, challenges and complex contexts. Everyone faces difficult situations in their lives. These subjects can support young people to develop resilience, to know how and when to ask for help, and to know where to access support.

High quality, evidence-based and age-appropriate teaching of these subjects can help prepare pupils for the opportunities, responsibilities and experiences of adult life. They can also enable schools to promote the spiritual, moral, social, cultural, mental and physical development of pupils, at school and in society.

Curriculums that are currently available:



QUIGS RSE Curriculum



The Association of Muslim Schools (AMS) have designed a RSE curriculum that is:



- Faith based with a clear Islamic narrative
- Has been checked thoroughly by renowned scholars
- Inline with statutory guidance
- Designed to be taught in a manner that parents agree with and feel confident that the content is being delivered in a sensitive manner

RELATIONSHIPS AND SEX EDUCATION

MODULE 8
Respectful Relationships including Friendships

Autumn 1
Healthy Friendships



Year 7

Lesson Plan

Lesson 01: Healthy Friendships

Objectives

- Understand the definition of a good friend
- Identify the characteristics of positive and healthy friendships
- Explain the importance of positive and healthy friendships
- Identify the signs of a bad friendship
- Explain the signs of a bad friendship
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KS3 & KS4 Long Term Overview

AMS  AMS RELATIONSHIPS AND SEX EDUCATION LONG TERM OVERVIEW – SECONDARY						
	AUTUMN 1	AUTUMN 2	SPRING 1	SPRING 2	SUMMER 1	SUMMER 2
7	FAMILIES 01 L1-1: Different types of stable relationships which can contribute to human happiness	RESPECTFUL RELATIONSHIPS, INCL. FRIENDSHIPS 06 L2-6: Positive and healthy friendships and practical steps to ensure respect	RESPECTFUL RELATIONSHIPS, INCL. FRIENDSHIPS 07 L3-7: To meet and be treated with respect in school and society and impact of bullying	ONLINE AND MEDIA 08 L8-8: Rights, responsibilities and opportunities online	ONLINE AND MEDIA 09 L10-9: How information and data is collected and shared online	INTIMATE AND SEXUAL RELATIONSHIPS, INCL. SEXUAL HEALTH 02 L12-2: Identifying and managing peer pressure
8	FAMILIES 02 L1-2: Marriages, legal status, rights and protection	RESPECTFUL RELATIONSHIPS, INCL. FRIENDSHIPS 06 L2-6: How stereotypes based on race, gender, sex, religion, disability can cause damage	ONLINE AND MEDIA 09 L3-6: Online risks including content and sharing material	ONLINE AND MEDIA 09 L7-9b: Misinformation, disinformation and cyberstalking	INTIMATE AND SEXUAL RELATIONSHIPS, INCL. SEXUAL HEALTH 02 L10-12: Facts about reproductive health, fertility and menopause	INTIMATE AND SEXUAL RELATIONSHIPS, INCL. SEXUAL HEALTH 03 L10-16: Characteristics and positive aspects of healthy same-sex relationships
9	FAMILIES 03 L1-2: Determining whether people are trustworthy and safe	RESPECTFUL RELATIONSHIPS, INCL. FRIENDSHIPS 09 L3-6: Rights and responsibilities regarding equality	ONLINE AND MEDIA 09 L6-6: Impact of viewing sexually explicit material including pornography	BEING SAFE 08b L6-7: Concepts and laws regarding UJIF	INTIMATE AND SEXUAL RELATIONSHIPS, INCL. SEXUAL HEALTH 03a L10-18: Characteristics of healthy intimate relationships and how the choices to make an relationship can impact one health	INTIMATE AND SEXUAL RELATIONSHIPS, INCL. SEXUAL HEALTH 03b L10-12: Identifying and managing sexual pressure and choices to delay sex
10	FAMILIES 04 L1-2: Roles and responsibilities of parents with respect to raising children and characteristics of successful parenting	RESPECTFUL RELATIONSHIPS, INCL. FRIENDSHIPS 09 L3-3: Violent and criminal behaviour in relationships including coercive control	ONLINE AND MEDIA 07 L4-4: Criminal consequences of viewing and sharing indecent images of children	BEING SAFE 09 L5-5: Concepts and laws regarding coercion and forced marriage	INTIMATE AND SEXUAL RELATIONSHIPS, INCL. SEXUAL HEALTH 03a L6-7: Pregnancy facts including menarche and contraception	INTIMATE AND SEXUAL RELATIONSHIPS, INCL. SEXUAL HEALTH 07 L8-8: Sexually transmitted diseases including HIV, AIDs, STDs, and STIs, impact and treatment
11	FAMILIES 05 L1-3: Pregnancy choices, abortion and adoption	RESPECTFUL RELATIONSHIPS, INCL. FRIENDSHIPS 01b L2-2: Sexual harassment	BEING SAFE 09b L3-6: Concepts and laws relating to sexual consent, sexual exploitation, grooming and rape	INTIMATE AND SEXUAL RELATIONSHIPS, INCL. SEXUAL HEALTH 03b L7-6: Alcohol and drugs and their effects on safe sexual behaviour		

Year 7 Long Term Overview



AMS RELATIONSHIPS AND SEX EDUCATION LONG TERM OVERVIEW – SECONDARY

AUTUMN 1

FAMILIES O1

L1: Different types of stable relationships which can contribute to human happiness

AUTUMN 2

RESPECTFUL RELATIONSHIPS, INCL. FRIENDSHIPS O6

L2-4: Positive and healthy friendships and practical steps to improve respectful

SPRING 1

RESPECTFUL RELATIONSHIPS, INCL. FRIENDSHIPS O7

L5-7: To treat and be treated with respect in school and society and impact of bullying

SPRING 2

ONLINE AND MEDIA O12

L8-9: Rights, responsibilities and opportunities online

SUMMER 1

ONLINE AND MEDIA O13

L10-11: How information and data is collected and shared online

SUMMER 2

INTIMATE AND SEXUAL RELATIONSHIPS, INCL. SEXUAL HEALTH O21

L12-13: Identifying and managing peer pressure

Share Year 7 LTP Overview

Lesson Plans

RELATIONSHIPS & SEX EDUCATION

MODULE B
Respectful Relationships, including
Friendships

O6(i) - Positive and healthy friendships and
practical steps to improve respectful
relationships

Year 7
Autumn Term: Lesson 2



Share Lesson plan and outcomes

Do I have the right to withdraw my child from RSE lessons?



Parents continue to have ***the right to withdraw*** their children from RSE except in those elements which are required by the National Curriculum science orders. Should parents wish to withdraw their child, please contact us directly. There will be a form to complete inline with our RSE/RE Policy.

However, we strongly believe that the AMS RSE scheme of work is designed in a way which is both informative but most importantly includes a strong Islamic narrative.

We also believe that RSE is best taught in a controlled classroom environment and is the safest place for this curriculum to be followed by our students.

Please also refer to the DfE guidance for further details on the right to be excused from sex education

<https://www.gov.uk/government/publications/relationships-education-relationships-and-sex-education-rse-and-health-education>

RSE: Statutory guidance and documentation resources

<https://www.gov.uk/government/publications/relationships-education-relationships-and-sex-education-rse-and-health-education>

<https://www.gov.uk/government/publications/relationships-education-relationships-and-sex-education-rse-and-health-education/relationships-education-primary>

<https://www.gov.uk/government/publications/relationships-education-relationships-and-sex-education-rse-and-health-education/relationships-and-sex-education-rse-secondary>

<https://www.gov.uk/government/publications/relationships-education-relationships-and-sex-education-rse-and-health-education/physical-health-and-mental-wellbeing-primary-and-secondary>

QUIGS RE/RSE Policy can be accessed via the school website -
<https://quwwatulislam.com>

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For attending Quwwat Ul Islam Girls' School Relationship Education Parent Workshop

RESPECT- ASPIRATION-RESPONSIBILITY