

QUWWAT-UL-ISLAM GIRLS' SCHOOL

Newsletter

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Ensuring every child achieves their best through high expectations for all, with a focus on
Respect-Aspiration-Responsibility

Date: Wednesday 19th January 2022

Islamic Date: 15 Jumada Al-Akhirah 1443 AH

Term: Spring 2.1

Issue: 9

HADITH OF THE WEEK: The Prophet Muhammad (peace be upon him) said: "Be watchful of Allah (Commandments of Allah), He will preserve you. Safeguard His Rights, He will be ever with you. If you beg, beg of Him Alone; and if you need assistance, supplicate to Allah Alone for help. And remember that if all the people gather to benefit you, they will not be able to benefit you except that which Allah had foreordained (for you); and if all of them gather to do harm to you, they will not be able to afflict you with anything other than that which Allah had pre-destined against you. The pens had been lifted and the ink had dried up". [At- Tirmidhi, who categorized it as Hadith Hasan Sahih].

Assalamu'alaikum Warahmatullahi Wabarakatuhu

Dear Parent/Carers,

I pray this finds you in the best of health and Imaan
Insha'Allah.

JazakAllah Khairan to everyone who is working with us
to make sense of the ever changing rules and
expectations surrounding COVID-19. JazakAllah Khairan
for your patience and understanding and I am sorry
that, for some of us, these are such challenging times.

JazakAllah Khairan for keeping us informed - please
continue to do so. These past couple of weeks at school,
we have had a few members of staff off with Covid but
we have managed to continue to provide our best offer
and we are managing, through the unbelievable
flexibility and magnificence of our staff, to cover from
within.

As I am sure you can imagine, the challenge is immense
but the children continue to be incredible and they
adapt accordingly.

Changes to the self-isolation period

There have been changes to the self-isolation period for
those who test positive for COVID-19. From **Monday 17th
January**, people who are self-isolating with COVID-19 will
have the option to reduce their isolation period after **5 full
days** if they **test negative** with a lateral flow device (LFD)
test on **both day 5 and day 6 and they do not have a
temperature**.

For example, if they test negative on the morning of day 5
and the morning of day 6, they can return to their education
or childcare setting immediately on day 6.

The first test must be taken no earlier than day 5 of the
self-isolation period, and the second must be taken the
following day. All test results should be [reported to NHS Test
and Trace](#). If the result of either of their tests is positive,
they should continue to self-isolate until they get negative
results from two LFD tests on consecutive days or until they
have completed 10 full days of self-isolation, whichever is
earliest.

Anyone who is unable to take LFD tests or anyone who
continues to have a temperature will need to complete the
full 10 day period of self-isolation.

Further [information on self-isolation for those with COVID-19](#)
is available.

Achievements

Muslimah of the Week **Week beginning 10th January 2022**

Reception: Misha Shah

Year 1: Inayah Shohid

Year 2: Tasmiya Islam

Year 3: Manahil Mazumder

Year 4: Faiza Kabir

Year 5: Oishi Shahbir

Year 6: Nurulain Fatima

Year 7: Fatheha Begum

Year 8: Shaimaa abdurrahman

Year 9: Suraiya Uddin

Year 10: Henna Hussain

Year 11: Maliha Begum

Allah loves when one of you is given a task, that he or she does it in the most excellent manner (Ihsaan)



Attendance and punctuality **Week beginning 10th January 2022**

Year group	Attendance	Punctuality
Reception	83.2%	98.4%
Year 1	93.5%	98.2%
Year 2	93.4%	98.9%
Year 3	88.9%	96.4%
Year 4	96.1%	96%
Year 5	95.6%	97.7%
Year 6	93.8%	97%
Year 7	93.8%	93.5%
Year 8	91.4%	94.5%
Year 9	92.4%	97.5%
Year 10	92.4%	97.5%
Year 11	90.2%	96.6%



This week's overall Attendance: **92%**

Our overall Attendance Target: **96%**

Good attendance and punctuality are vital. At Quwwat-ul-Islam Girls' School, we aim to achieve at least 96% attendance and to be punctual for school in the morning and for each lesson.



EMPOWERING
PARENTS
EMPOWERING
COMMUNITIES



Being a Parent ASD Course

Empowering Parents, Empowering Communities (EPEC)

**For parents of children aged 5 and over
with an Autism Diagnosis or awaiting one**

Delivered for Parents by Parents:

The course helps parents learn practical communication skills for everyday life & bring up confident, happy and co-operative children.

You will leave this course feeling better able to:

- Help others by sharing your experience as a parent
- Support your children as they move from primary to secondary school
- Create a calm and peaceful family life

10 sessions
The more sessions
you attend the more
you will gain!

Spring Course Details:

Tuesdays at St Mark's Community Centre: 218 Tollgate Road, E6 5YA
11th January to 22nd March 2022 @ 10:00am to 12:30pm

These groups are all facilitated by experienced parents who work with you to share your experiences and strategies with others along with evidence based tools that will help you and your family.

You will learn more about how:

- Autism can affect your child and how you and your family are impacted
- Everyday strategies and routines can influence development and manage effects of Autism in children
- Ways to support behaviour, meeting children's needs and reducing meltdowns

For more information and to sign up contact:

E: Headstart.ProgrammeTeam@newham.gov.uk

W: www.headstartnewham.co.uk/get-involved/sign-up-to-headstart/





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Spring Course Details:

ASD Course
Tuesdays
(St Marks Community
Centre, E6 5YA)
Start: 11th Jan 2022
End: 22nd March 2022
Time: 10am-12:30pm

Wednesdays
(Virtual - Zoom)
Start: 26th Jan 2022
End: 30th March 2022
Time: 12pm - 2pm

Thursdays
(Virtual - Zoom)
Start: 20th Jan 2022
End: 24th March 2022
Time: 6pm - 8pm

Fridays
(Southern Road
Primary School)
Start: 14th Jan 2022
End: 18th March 2022
Time: 10am - 12pm

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Dates for Diaries

Wednesday 9th February 2022

- Drop Down day

Friday 11th February 2022

- Last day of half term

Monday 21st February 2022

- Return to school

Please be aware that these dates will be updated regularly.

Coping with Loneliness



#THOUGHTFULTHURSDAY FREE ONLINE HELP SESSIONS

October 2021-January 2022

Thursday 20 January 2022

6.30-7.30pm

Coping with Loneliness

- Causes of loneliness
- How loneliness can affect us
- Strategies to help when feeling lonely

Sign up:

www.eventbrite.co.uk/e/coping-with-loneliness-tickets-187694859377



A safe space in which to get help. Run by NHS Talking Therapies.

#ThoughtfulThursday

People at the Heart
of Everything We Do

Assemblies for Spring Term

Primary

Date	Year Group	Topic
07/01/2022	SLT/Teachers	Welcome back
14/01/2022	Ms Malik	Martin Luther King Day
21/01/2022	Ms Asma	Mother Language Day
28/01/2022	Ms Mahfuza	Holocaust memorial
04/02/2022	Ms Hafsah	World interfaith harmony week
09/02/2022	SLT/Teachers	UNICEF - Drop down day
11/02/2022	Ms Chowdhury	National storytelling week

Secondary

Date	Year Group	Topic
05/01/2022	SLT/Teachers	Welcome back
12/01/2022	Ms Siraj	Martin Luther King Day
19/01/2021	Ms Anwara	Make your dreams come true
26/01/2026	Ms S Begum	Holocaust memorial
02/02/2022	Ms Ismati	World Cancer day
09/02/2022	SLT/Teachers	UNICEF - Drop down day

Absences before or after a school holiday

If your child is absent before or after a school holiday, you must provide evidence explaining the absence. This may be medical evidence if your child is unwell or evidence of flight delays or circumstances beyond your control.

Without this evidence you risk being issued with a penalty notice.

