

QUWWAT-UL-ISLAM GIRLS' SCHOOL

Newsletter

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Ensuring every child achieves their best through high expectations for all, with a focus on
Respect-Aspiration-Responsibility

Date: Tuesday 15th March 2022

Islamic Date: 12 Shaban 1443 AH

Term: Spring 2.2

Issue: 16

HADITH OF THE WEEK: The Messenger of Allah (ﷺ) said, "The superiority of the learned over the devout worshipper is like my superiority over the most inferior amongst you (in good deeds)." He went on to say, "Allah, His angels, the dwellers of the heaven and the earth, and even the ant in its hole and the fish (in water) supplicate in favour of those who teach people knowledge." [At-Tirmidhi].

**Assalamu'alaikum Warahmatullahi
Wabarakatuhu**

Dear Parent/Carers,

I pray this finds you in the best of health and Imaan Insha'Allah.

I am sure you have all been following the devastating situation currently taking place in Ukraine. War and conflict are incredibly difficult subjects for people of any age. Working with pupils to try and untangle complicated thoughts and feelings is not easy. However, safe spaces in which to gently explore distressing world events can provide huge reassurance to children and prompt them to share their thoughts. We remind pupils that our school is a safe space to share worries and concerns. **Articles 38**, war and armed conflicts, and **Article 39**, recovery from trauma and integration are being carefully considered in school.

Our thoughts and duas are with those families who are impacted by war and conflict around the world. It can sometimes be unsettling having to talk about difficult world events with children - I have included some guidance in this newsletter for how to start having such conversations.

Please contact us if you need support in talking to your child about anything that may be difficult to process.

**Kind regards,
Mrs Member**

FirstNews
NEWS KIDS CAN TRUST

HOW TO TALK TO CHILDREN WHEN THE NEWS IS SCARY.



by First News Editor in Chief Nicky Cox MBE

- 1 Don't try to turn off the news when there is bad news. Sadly, in the technological world in which we live, adults are no longer in control of how children access information. News comes at us 24 hours a day from dedicated news channels, radio, the internet, and newspaper headlines. Even if you manage to shield your children from all of that, things that happen in the news will be talked about in the school playground or lunch hall. Better that your child is armed with the real facts than hearing exaggerated, second or third-hand versions. Information is better than misinformation.
- 2 Even if your child doesn't mention bad news, don't assume they are not troubled by it. They may be worrying quietly inside. Explain simply what has happened, taking care not to use sensationalised words that tend to be used by the national press.
- 3 First News covers good and bad news in the paper and on our daily online news channel, First News Live! Use our content, made especially for children, as a platform to talk to children about the news. It is always created to explain what has happened but to offer reassurance, too.
- 4 Remind them that there is much more good news than bad news happening. And that there are many more good people than bad people.
- 5 Reassure them that they are safe here in the UK. And that there are lots of security and defence experts working hard to settle the issues in Ukraine. Tell them that this hasn't just happened out of nowhere and read our explainer with them. Knowledge is power.
- 6 Remind children that the best way to stay safe is to take care in their own daily lives. Children are more likely to have an accident in their own home than when they are out and about.
- 7 Hold them a little bit closer and for a little bit longer.



Achievements

Muslimah of the Week Week beginning 7th March 2022

Reception: Misha Shah

Year 1: Khadeejah Zaman

Year 2: Emely Hussain

Year 3: Saara Ahmad

Year 4: Zaynab Kothia

Year 5: Fatimah Sherzad

Year 6: Maryama Noor

Year 7: Khadija Hussain

Year 8: Tanjima Torsa

Year 9: Fatimah Tuj Jamila

Year 10: Zahra Khan

Year 11: Khadija Ahmed

Allah loves when one of you is given a task, that he or she does it in the most excellent manner (Ihsaan)



Week beginning	07/03/22 – 11/03/22
Academic Year	March 2022

Year Group	Attendance	Punctuality
Reception	85.2%	98.2%
Year 1	93.2%	98.3%
Year 2	93.9%	99.1%
Year 3	90.1%	97%
Year 4	95%	96.5%
Year 5	96.1%	98.1%
Year 6	93.4%	97.5%
Year 7	94.5%	97%
Year 8	91.7%	95.5%
Year 9	92.1%	97.6%
Year 10	93%	97.7%
Year 11	89.1%	96.8%



This week's overall Attendance: **92%**

Our overall Attendance Target: **96%**

Good attendance and punctuality are vital. At Quwwat-ul-Islam Girls' School, we aim to achieve at least **96%** attendance and to be punctual for school in the morning and for each lesson.

Events

Kidzania trip

As part of National Careers Week, Quwwat-ul-Islam Girls' School organised a trip Kidzania for the KS2 and KS3 students last Wednesday 9th March 2022.

Kidzania provides an environment that empowers kids to explore the wide and amazing world and challenge themselves and open their minds to new experiences. It is a Global Indoor Entertainment and Learning Centre for students that emulates the working of a real city built to scale for kids. Kidzania is like a big city for children in which they can choose to participate in their choice of 100+ activities that teach them about real-life jobs or professions, developing key skills like – Psychomotor, Cognitive, Emotional, Social and Language Skills.

There were many activities in which our students were completely engrossed. Kidzania had mini set ups of dominos, petrol pump, big bazaar, salons, dubbing centre etc. The children became firefighters, police officers, dentists, delivery personnel etc.

These activities stimulated their creative thinking skills and boosted their self-confidence. They offered a truly unique experience and an interactive learning opportunity for all the kids. It fostered a hands-on approach for the children to explore different occupations and careers. Through this experience, they also learnt real life values, social skills and teamwork. It was overall a fun-filled enriching experience for all the kids. They learnt many new things, explored different activities, enjoyed a lot and went home with great joy and sweet memories.

Here are some pictures from the trip:



British Science Week



Good News! British Science Week is finally here!

British Science Week is a ten-day celebration of Science, Technology, Engineering, and Maths. The theme for the 2022 activity packs is '**Growth**'.

This week the all the students of Quwwat-UI-Islam Girls' school will participate in various activities in their science lessons which will be fun, creative and engaging, inshaAllah.

We look forward to seeing their wonderful work by the end of the week. We will inshaAllah showcase their work in next week's edition of the newsletter.

Please use the following link for further resources and links to science art competitions. You can do these with your children at home:

<https://www.britishscienceweek.org>



Ukraine – Support for parents and young people

The situation in Ukraine is horrendous. Whilst we are geographically far away from the events, many in our schools and communities will be directly affected and may have families or roots in the region. The news and social media feeds are filled with the latest information, and some of it is very upsetting and worrying; and may not even be verified. Children listening and viewing distressing images can become frightened and fearful.

Here are some background reading resources to help you think about how adults can support children with what they are seeing or feeling. *Please read through these links before sharing, to ensure that they are suitable for your community and situation.*

Current information regarding Ukraine

- Supporting your child if they see upsetting content online about what is happening in Ukraine (Childnet) <https://www.childnet.com/blog/supporting-your-child-with-upsetting-content/>
- We should not hide from children what is happening in Ukraine (Schools Week/Children's Commissioner) <https://schoolsweek.co.uk/we-should-not-hide-from-children-what-is-happening-in-ukraine/>
- How to talk to children about what's happening in Ukraine and World War Three anxiety (Metro) <https://metro.co.uk/2022/02/24/how-to-talk-to-children-about-whats-happening-in-ukraine-16163133/>
- Help for teachers and families to talk to pupils about Russia's invasion of Ukraine and how to help them avoid misinformation (Department for Education) <https://educationhub.blog.gov.uk/2022/02/25/help-for-teachers-and-families-to-talk-to-pupils-about-russias-invasion-of-ukraine-and-how-to-help-them-avoid-misinformation/>

Information produced previously about war and international violence

- How and when to talk to children about war, according to a parenting expert (Independent) <https://www.independent.co.uk/life-style/children-war-talk-russia-ukraine-b2023695.html>
- How to cope with traumatic news - an illustrated guide (ABC News, Australia) <https://www.abc.net.au/news/2014-12-23/illustrated-guide-cope-traumatic-news/5985104>
- Talking with Children About War and Violence in the World (Family Education, US) <https://www.familyeducation.com/life/wars/talking-children-about-war-violence-world>
- Tips for parents and caregivers on media coverage of traumatic events (The National Child Traumatic Stress Network, US) <https://www.nctsn.org/resources/tips-parents-and-caregivers-media-coverage-traumatic-events>

Supporting your child if they see upsetting content online about what is happening in Ukraine

20 February 2022

Prince's Trust Are Recruiting Young People For NHS Roles In Your Area!

Do you live in or can commute to: Staines, Epsom, Caterham, Charlwood, Paddington & Hammersmith, Euston (NW1 2PG),

East London (E1 8DE), Bedfordshire, Luton, St George's Hospital in Tooting/Queen Mary's Hospital in Roehampton/other community sites across Wandsworth area?

Do you want to be a Healthcare Assistant and Healthcare Administrator but within the NHS?

Have a keen interest in building a future with the NHS?

IF YES THEN THIS IS THE COURSE TO BE ON!

Our NHS Trusts partnerships have **Healthcare and Admin positions** going for just Prince's Trust candidates. This 3 weeks course will support you in completing 40 hours contribution to the Care Certificate.

This programme will be VIRTUAL.

If this is of interest to you please register here >>>>>> [Get a Job in Health and Social Care as a Healthcare Assistant \(London\) Tickets, Mon 28 Mar 2022 at 10:00 | Eventbrite](#)

Attached are the details of the programme, please contact ronke.olayinka@princes-trust.org.uk if you have any further questions.

GET YOUR



CARE CERTIFICATE

Taster Day: 23rd March 2022

Programme: 28th March - 14th April 2022

Are you Aged 18-30, living in London and surrounding areas and looking to start a career in NHS Healthcare in 2022?

Join The Prince's Trust's FREE 3-week training programme to Get Into Healthcare/Admin with guaranteed job interviews at the end with our NHS

Trusts!



HELPING
Little Muslims
EID CARDS FOR



Design an Eid card for the children and staff at Great Ormond Street Hospital.

- 1 Create a handmade card
- 2 Write a thoughtful message.
- 3 Send to; 65 Central Park Rd E6 3DW.

No individual envelopes please.
No larger than A4

Helpinglittlemuslims@gmail.com
helpinglittlemuslims

Deadline 21st April



HELPING
Little Muslims
GET CREATIVE FOR GOSH
Design a poster (ages 5-16yrs)

- 1 Make an A4 poster on one of the themes below.
- 2 Email us a picture of your poster (with name and age).
- 3 The 3 winning posters will be displayed at GOSH.
- 4 Don't forget to spread the word.

Deadline April 21st 2022

- What does disability mean to you.
- What does Eid mean to you.
- What can you do this Ramadan to benefit the community.



Donate here

Scan the QR if you'd like to donate or find out more about what we do.

#Eidatgreatormondstreet
Helpinglittlemuslims@gmail.com

HELPING
Little Muslims
"WHAT CAN I DONATE?"

BABIES	KIDS	TEENAGERS
Mobiles Jigsaws and peg puzzles Toys to stimulate the senses Developmental toys e.g. stacking cups and blocks Musical toys	Board/card games Jigsaw puzzles Arts and crafts kits e.g. paints, Play-Doh and stickers Toy cars and planes Construction toys e.g. Lego Dolls	Nail art kits Stationery sets Jewellery making kits Toiletries including body spray, hair & body wash, bath bombs for boys and girls Games

✓

ALWAYS APPRECIATED

Pyjamas
Blankets
Duvet sets
Books
Colouring sets
Headphones

✗

WHAT WE CAN'T USE

Any used or second-hand items, including toys, games and clothing
Knitted clothes or toys or anything that has been made at home
Over-sized soft toys
Large mechanical or motorised toys
Used magazines

TIPS

Don't forget the age group you're donating to is 0-18 years (teenagers are often forgotten)
If you donate chocolate/sweets, make sure the ingredients are visible due to allergies
Please do not wrap the gifts - due to infection control measures

Deadline April 21st

Please email us to let us know what you're sending, how much of it and when it will be delivered.

Helpinglittlemuslims@gmail.com helpinglittlemuslims

HELPING
Little Muslims
EID AT GREAT ORMOND STREET HOSPITAL

Last year we took gifts, food, balloons and your hand-made cards to 350 children, their parents and staff.

Get involved!

DONATE

Send your gifts and cards to our HQ or donate via our gofundme*

TAKE PART

Enter our poster competition for a chance to have your poster displayed at GOSH.

To find out more contact us at
Helpinglittlemuslims@gmail.com




Helpinglittlemuslims scan me

Dates for Diaries

Wednesday 2nd March 2022

- Academic Review Day

Friday 4th March 2022

- Book character dress up day (Book Week)

Monday 7th March 2022-Friday 18th March 2022

- Year 11 Mock Examinations

Friday 11th March 2022 – Monday 21st March 2022

- British Science Week

Friday 19th March 2022

- Comic Relief - Red Nose day

Wednesday 30th March 2022

- Drop Down Day

Friday 1st April 2022

- Last day of Spring term

Monday 4th April 2022-Monday 19th April 2022

- Holiday (school closed)

Tuesday 19th April 2022

- Staff INSET (school closed for students)

Wednesday 20th April 2022

- Return to school

Please be aware that these dates will be updated regularly.

[Well Newham Information Tables](#)

Team locations: 14th – 19th March 2022 * (no tables on Sundays)

Talk to our teams for advice on COVID-19 and improving your health. Get free COVID-19 rapid test kits, help to book your vaccine and information on lots of health topics.

DAY	LOCATION Team A	LOCATION Team B	LOCATION Team C
Monday 14 March	Stratford Shopping Centre 10:00 – 16:30 54A Broadway, E15 1NG	Outside Green Street Library 10:00 – 16:30 337-341 Green Street, E13 9AR	Tesco Gallions Reach 10:00 – 16:00 1 Armada Way, E6 7ER
Tuesday 15 March	Stratford Shopping Centre 10:00 – 16:30 54A Broadway, E15 1NG	Outside Green Street Library 10:00 – 16:30 337-341 Green Street, E13 9AR	Tesco Gallions Reach 10:00 – 16:00 1 Armada Way, E6 7ER
Wednesday 16 March	Stratford Shopping Centre 10:00 – 16:30 54A Broadway, E15 1NG	Outside Green Street Library 10:00 – 16:30 337-341 Green Street, E13 9AR	Tesco Gallions Reach 10:00 – 16:00 1 Armada Way, E6 7ER
Thursday 17 March	Stratford Shopping Centre 10:00 – 16:30 54A Broadway, E15 1NG	Outside Green Street Library 10:00 – 16:30 337-341 Green Street, E13 9AR	Beckton Asda 10:00-15:45 Frobisher Road, E6 5JP
Friday 18 March	Stratford Shopping Centre 10:00 – 16:30 54A Broadway, E15 1NG	Outside Green Street Library 10:00 – 16:30 337-341 Green Street, E13 9AR	Beckton Asda 10:00-15:45 Frobisher Road, E6 5JP
Saturday 19 March	Stratford Shopping Centre 10:00 – 16:30 54A Broadway, E15 1NG	Outside East Ham Library 10:00 – 16:00 328 Barking Road, E6 2RT	Beckton Asda 10:30 – 15:30 Frobisher Road, E6 5JP

*Please note: Hours and days may change at short notice.

For more information and updates on COVID-19 visit www.newham.gov.uk/covid-19

Assemblies for Spring Term

Primary

Date	Year Group	Topic
25/02/2022	Ms Malik	Healthy Eating
04/03/2022	Ms Asma	British Science Week
11/03/2022	Ms Mahfuza	British Science week presentation
18/03/2022	Ms Chowdhury	Recycling week
25/03/2022	Ms Hafsah	World Water day/Ramadan
30/03/2022	SLT/Teachers	UNICEF - Drop down day
01/04/2022	SLT/Teachers	Certificate day

Secondary

Date	Year Group	Topic
23/02/2022	Ms Jamal	Mother Language Day
09/03/2022	Ms Anwara/Munshi	British Science Week
16/03/2022	Ms Anwara/Munshi	British Science week presentation
23/03/2022	Ms Siraj	World Water day/Ramadan
30/03/2022	SLT/Teachers	UNICEF - Drop down day
01/04/2022	SLT/Teachers	Certificate day

Absences before or after a school holiday

If your child is absent before or after a school holiday, you must provide evidence explaining the absence. This may be medical evidence if your child is unwell or evidence of flight delays or circumstances beyond your control.

Without this evidence you risk being issued with a penalty notice.

