

QUWWAT-UL-ISLAM GIRLS' SCHOOL

Newsletter

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Ensuring every child achieves their best through high expectations for all, with a focus on
Respect-Aspiration-Responsibility

Date: Friday 1st April 2022

Islamic Date: 29 Shaban 1443 AH

Term: End of Spring Term

Issue: 18

HADITH OF THE WEEK: Allah's Messenger (ﷺ) said, "Allah said, 'All the deeds of Adam's sons (people) are for them, except fasting which is for Me, and I will give the reward for it.' Fasting is a shield or protection from the fire and from committing sins. If one of you is fasting, he should avoid quarrelling, and if somebody should fight or quarrel with him, he should say, 'I am fasting.' By Him in Whose Hands my soul is' The unpleasant smell coming out from the mouth of a fasting person is better in the sight of Allah than the smell of musk. There are two pleasures for the fasting person, one at the time of breaking his fast, and the other at the time when he will meet his Lord; then he will be pleased because of his fasting."

**Assalamu'alaikum Warahmatullahi
Wabarakatuhu**

Dear Parent/Carers,

I pray this finds you in the best of health and Imaan
Insha'Allah.

As we approach the end of Spring term, I would like to
take this opportunity to say JazakAllah Khair for all
your support over the past few weeks.

The month of Ramadan is expected to start this
weekend, Insha'Allah. I would like to take this
opportunity to wish you all Ramadhan Mubarak! I pray
you all have a happy and productive month and wish
you well in all your devotions. ***May it be filled with
deeds that bring us closer to Him SWT. May this
month be a cause of attaining Allah SWT's mercy
and pleasure, freedom from the Hellfire and
entry into Jannah, Ameen.***

Please note that the school will be closed for the Easter
break from Friday 1st April to Tuesday 19th April.
Students will return on **Wednesday 20th April** at the
later start of 9:00am.

**Kind regards,
Mrs Member**

Ramadan tips

15 TIPS FOR RAMADAN

{ "...And it is better for you that ye fast,
if ye only knew." (Quran 2:184) }

1) Discipline :-

A level of discipline must
be developed to do righteous
acts and abstain from those
acts which would earn the
displeasure of Allah.

2) Ibadah :-

Allah created us all to worship
Him, and Him alone. Offer
Salah on time and reciting
at least the entire Qur'an
once in this month.

3) Dua' :-

The essence of worship is
supplication to Allah. This
whole month, Allah is willing
and readily open to accept
all that we ask of Him.

4) Charity :-

Give Charity and Help the
poor.

5) Gratitude :-

The secret to an increase in
anything is to be thankful for it.

5 Quick Tips

- 1) Take short naps within limit.
- 2) Perform all Sunnah Prayers.
- 3) Light exercise.
- 4) Get some good company.
- 5) Follow up a bad deed with a good deed.

5 Quick Health Tips

- 1) Avoid Fried and fatty foods.
- 2) Avoid Foods containing too much sugar.
- 3) Over-eating especially at suhoor.
- 4) Smoking cigarettes. Smoking is unhealthy and one should stop completely.
- 5) Start everything with "BISMILLAH".



Achievements

Muslimah of the Week Week beginning 21st March 2022

Reception: Bahja Said

Year 1: Reja Shah

Year 2: Hafsah Kara

Year 3: Amarah Khan

Year 4: Sumeyya Abdallah

Year 5: Khadeejah Ahmed

Year 6: Aaminah Chamadiya

Year 7: Mir Samiya Uddin

Year 8: Yusra Choudhury

Year 9: Hannah Qurbani

Year 10: Hafsah Zaman

Year 11: Anisah Bibi

***Allah loves when one of you is
given a task, that he or she does it
in the most excellent manner
(Ihsaan)***



Week beginning	21/03/22 – 25/03/22
Academic Year	March 2022

Year Group	Attendance	Punctuality
Reception	86.3%	98%
Year 1	92.9%	98.5%
Year 2	94.3%	99.1%
Year 3	90.3%	96.9%
Year 4	94.1%	96.7%
Year 5	96.1%	98.1%
Year 6	93.3%	97.6%
Year 7	94.6%	97.1%
Year 8	91.9%	95.6%
Year 9	92.1%	97.6%
Year 10	93.2%	97.8%
Year 11	89.5%	96.7%



This week's overall Attendance: **92%**

Our overall Attendance Target: **96%**

Good attendance and punctuality are vital. At Quwwat-ul-Islam Girls' School, we aim to achieve at least **96%** attendance and to be punctual for school in the morning and for each lesson.

Primary Muslimahs of Spring term

Sara Quadri

(Reception)

Sara has been chosen Muslimah of the term for her excellent behaviour, for the improvement in her work, the attitude towards her learning and being so very kind. Sara has excellent mannerisms, beautiful Aqhlāq and always speaks gently and kindly whether its with her peers or the teachers. Sara's behaviour is exemplary, I don't ever remember a time when I have had to discipline Sara for her behaviour. Most importantly, Sara has continued to show commitment in her work and has made great progress, Sara pushes herself to the best of her ability and continues to persevere in all areas of her work. Sara's work is presented neatly and has beautiful handwriting which she has worked on very hard. InshaAllah Sara will continue to work to this standard and continue to make progress in the future.

Mehak Jabir

(Year 1)

Mehak Jabir has been chosen as Muslimah of term for being extremely hardworking and catching up with her peers in her Quranic Studies. She has made tremendous progress this term Masha Allah and I am very proud of her. Mehak is a very dedicated student who demonstrates good Akhlāq in the classroom at all times. She is always focussed on the task at hand and tries her best. Well done Mehak, and keep up the good work!

Safiyyah Mahmood

(Year 2)

Safiyyah Mahmood has been chosen as Muslimah of the term for being an exceptionally hard working, well-behaved student. Safiyyah has been working extremely hard in her Quranic and Islamic Studies, and always maintains good Akhlāq in the classroom. She works well with her peers and shows respect to her teachers. She is always ready to help out and is a pleasure to teach. Well done Safiyyah, and keep up the good work!

Ayesha Ullah

(Year 3)

Ayesha is a hardworking and committed student who shows exceptional zeal towards learning. Ayesha is always willing to go out of her way to assist others. She is a persevering individual who thrives to fulfil her role as a student. Ayesha displays utmost respect towards her teachers and peers. She must maintain her good conduct and continue to thrive in her learning. Well done, Ayesha! Keep up the good work!

Tayyibah Khatun

(Year 4)

Tayyibah has been an excellent student this term. Tayyibah has shown enthusiasm in all her lessons and has shown exceptional progress in her Islamic studies lessons. Tayyibah is always very eager to answer questions in class and puts in a lot of effort when completing her work. She is a very bright student who tries to achieve her best at all times. Tayyibah has excellent akhlāq in class and is respectful to all her peers and teachers. Well done to Tayyibah!

Ayaat Shah

(Year 5)

Ayaat has shown great enthusiasm throughout the term and has completed all her classwork in Islamic Studies lessons to the best of her ability. Ayaat has tried extremely hard in her Quranic Studies also to move into Amma. Ayaat always shows beautiful Akhlāq throughout the lessons and is also very helpful to her peers. Ayaat is very shy and quiet but Alhamdulillah has become more confident. May the Almighty grant her success in both worlds! Ameen.

Zoha Saiyed

(Year 6)

Zoha is a committed and dedicated student in all areas of Islamic Studies. She portrays exemplary manners and will act on the Islamic conduct and character learnt in the lesson. Zoha is attentive when the lesson is taught and has vast knowledge in the topics covered allowing her to share her own knowledge with the class. Zoha completes the tasks and activities set to a high standard within the time given. Keep it up Zoha, may the Almighty grant you success in all your future studies. Ameen.



Secondary Muslimahs of Spring term

Aaisha Din

(Year 7)

Aaisha demonstrates a positive learning attitude in all lessons. She displays good adaab. She is consistently polite and considerate to all. Aaisha demonstrates a mature understanding of what makes a good friendship and offers support to others that may be struggling in their friendship groups. She completes her class and homework to a good standard in all lessons and offers interesting insights when asked questions.

Saoda Hussain

(Year 8)

Saoda has been chosen as Muslimah of the term. Saoda has consistently shown a great level of effort and a keen interest in all areas of Islamic Studies. She has been very mindful of producing all her work to the best of standards, including creativity and deep insights into all practical activities. Saoda has actively engaged in all learning processes throughout the year and this has contributed to her developing into a great Muslimah, MashaAllah. May Allah accept all her efforts, Ameen!

Suraiya Uddin

(Year 9)

Suraiya has been chosen as Muslimah of the term for being an exemplary student. She is hardworking, always making sure to be on top of all her subjects. She has good akhlaq, Adaab and shows respect to all her teachers and peers.

She is also very considerate and is always helping her friends to achieve better. She has achieved very well in all topics taught in Islamic studies and has learned all her duas. Suraiya is always punctual in her attendance and tries to read her Hifdh on Fridays. Well done Suraiya!

Zainab Lunat

(Year 10)

Zainab has been chosen as Muslimah of the term for her exemplary attitude towards her

Islamic Studies lessons. Zainab is a passionate and dedicated student who has tried her absolute best to understand all topics that we have covered. Zainab has participated very well in all her lessons and shows a high level of respect towards the deen. Not only has Zainab thrived in her Islamic Studies lessons, but she has also learnt her duas to a very high standard.

Nusrat Hoque

(Year 11)

Nusrat Hoque has been chosen as Muslimah of the term for her outstanding behaviour and manners. Nusrat has worked extremely hard this term and is always going above and beyond to help those around her. She has been pushing herself exceptionally hard in both her Islamic studies and her Quranic studies and always comes out with fantastic results. I wish Nusrat every success in all that she does. May Allah (SWT) continue to guide her and grant her shade under His throne.



End of term Certificate Assembly

All the students have worked extremely hard over the past term. The staff of Quwwat-ul-Islam Girls' School are very proud of all of you! The following Primary students have achieved the following awards:



Attendance



**The best
primary class
attendance
goes to Year
5!**

**The winning prize is
a pizza treat at
lunchtime!**



The following Secondary students, for each subject and class, have been awarded end of term certificates:

Maths

**Juveria Ashraf
Tanjima Torsa
Ayesha Osmani
Khadija Yasmin
Aneeka Cimark**

Science

**Sumayyah Khan
Sara Hussain
Suraiya Uddin
Sara Jello
Nusrat Hoque**

English

**Silmi Hakee
Asmaa Abdullahi
Hannah Qurbani
Anfal Nawaz
Tasnia Hossen**

Geography

**Syeda Begum
Zainab Emiola
Samia Mohammed
Amna Younis
Adina Raza**

History

**Duma Sayeda
Maryam Hussain
Parisa Ahmed
Zahra Khan**

P.E

**Amina Zafar
Arifah Husain
Inaaya Hussain
Zainab Lunat
Basilah Hussain**

Art

Aaisha Din
Farhat Hoque
Aisha Luis
Inaaya Ahmed

R.E

Umaymah Umer
Shaimaa
Abdurrahman
Ifza Jannat-Hadi
Hafza Zaman
Hafsa Nasim

Citizenship

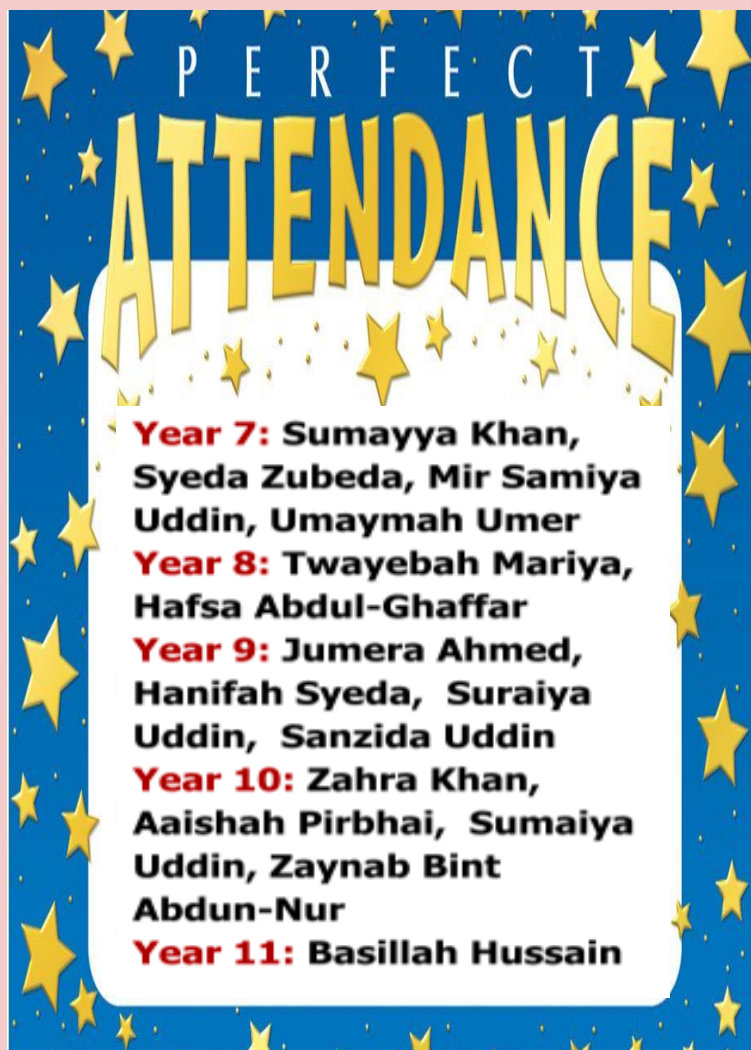
Najma Cimark
Yasmin Ahmed
Rayanne Farrugia
Tuba Mir
Khadija Ahmed

Computing

Daneya Ibrahim
Saoda Hussain
Khadiza Rahman
Aaishah Pirbhai
Mehak Shahid

Arabic

Hafsa Tahir
Aarosh Amir
Sanzida Uddin
Hansk Fatah
Salma Uddin



Some pictures from our certificate assembly:



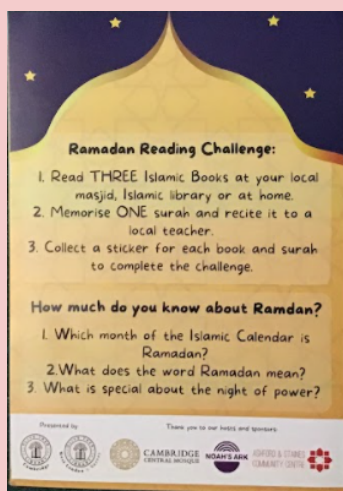
Ramadhan reading challenge



The primary students of Quwwat-ul-Islam will be carrying out a Ramadhan Reading challenge.

The Ramadhan Reading Challenge is a beautiful way to connect our young Muslims to the first revelation and divine commandment 'IQRA' which means read as well as recite.

Your child has received a Ramadhan reading challenge card. Students are required to read any 3 Islamic books during the two week break. Upon their return, students will be asked questions on the book. Students can find their assigned surah to learn within the card. They will be tested on this surah by their Islamic Studies teacher.

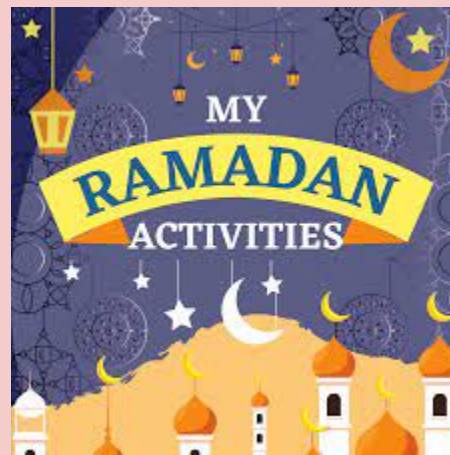


If you would like further information on how the challenge works, please visit:

<https://olivetreelibrary.co.uk/ramadan/>

We wish all the primary students the very best with their reading challenge!

Ramadhan Activities



This year, Quwwat-ul-Islam Girls' School has arranged our annual 'Ramadhan Exhibition'. Therefore, we would like our students to create 3D models at home based on the Islamic topics that have been allocated to each Year group. They will have the opportunity to present their models within the exhibition, Insha'Allah.

Please see table below for further information regarding the Islamic Topics that have been allocated to each Year Group.

Year Group	Topic
Year 1 & Year 2	'Gift of Salah'
Year 3 & Year 4	'Isra'
Year 5	'Jannah'
Year 6	'Miraj'
Year 7	'Ramadhan'
Year 8	'Tajweed'
Year 9	'Migration to Madinah'/'Seerah of the Prophet'
Year 10	'Virtues of Shawwal'

In order to celebrate the pupil's achievements, there will be 1st and 2nd prizes awarded to students who produce the best 3D model.

The project is due **Wednesday 20th April 2022.**

“
The earth is green and
beautiful and Allah
has appointed you his
stewards over it.

[Muslim]

We are thrilled to announce that student council members from Quwwatul-Islam Girls' School have volunteered to help with planting, weeding and watering Upton lane plants as part of a "Forest Gate Community Garden Project ". It is our goal to make the area cleaner and greener for everyone.

JazakAllah Khair to all our student council members for their wonderful achievement.

Environmental volunteering is a great way to help improve and enhance the environment, learn new skills, improve your health, meet new people, inspire others and help your local community.



Drop Down Day

Drop Down Day Drop Down Days', are 'off-timetable' days, which replace structured classroom lessons with activities used to strengthen students' practical application of skills and provide a deeper learning experience.

Drop Down Days provide students with the ability to be equipped in valuable life skills which extend beyond the classroom context, serving to promote overall health and well-being.

Quwwat-ul-Islam Girls' School arranged indoor activities and trips for the whole school as part of Drop Down Day which was held on **Wednesday 30th March 2022**.

These were the following trips/indoor activities:

Year groups	Location
EYFS/Year 1 & Y2	Kew Gardens
Year 3/Year 4	Stepney City Farm
Year 5	Thames Barrier Park
Year 6	Internal Drop-Down Day - gain a deeper understanding of safety and conflict around the world.
Year 7	London Stadium Tour
Year 8/9	National Maritime Museum/Cutty Sark
Year 10	The Science Museum
Year 11	Field work - Local park

These activities and trips were in relation to our Rights Respecting School journey and were part of UNICEF Articles 29 and 31.



Pictures from Drop Down Day:



HELPING
Little Muslims
EID CARDS FOR



Design an Eid card for the children and staff at Great Ormond Street Hospital.

- 1 Create a handmade card
- 2 Write a thoughtful message.
- 3 Send to; 65 Central Park Rd E6 3DW.

No individual envelopes please.
No larger than A4

Helpinglittlemuslims@gmail.com
#helpinglittlemuslims

Deadline 21st April



HELPING
Little Muslims
GET CREATIVE FOR GOSH
Design a poster (ages 5-16yrs)

- 1 Make an A4 poster on one of the themes below.
- 2 Email us a picture of your poster (with name and age).
- 3 The 3 winning posters will be displayed at GOSH.
- 4 Don't forget to spread the word.

Deadline April 21st 2022

- What does disability mean to you.
- What does Eid mean to you.
- What can you do this Ramadan to benefit the community.



Donate here

Scan the QR if you'd like to donate or find out more about what we do.

#Eidatgreatormondstreet
Helpinglittlemuslims@gmail.com

HELPING
Little Muslims
"WHAT CAN I DONATE?"

BABIES	KIDS	TEENAGERS
Mobiles Jigsaws and peg puzzles Toys to stimulate the senses Developmental toys e.g. stacking cups and blocks Musical toys	Board/card games Jigsaw puzzles Arts and crafts kits e.g. paints, Play-Doh and stickers Toy cars and planes Construction toys e.g. Lego Dolls	Nail art kits Stationery sets Jewellery making kits Toiletries including body spray, hair & body wash, bath bombs for boys and girls Games



ALWAYS APPRECIATED

Pyjamas
Blankets
Duvet sets
Books
Colouring sets
Headphones



WHAT WE CAN'T USE

Any used or second-hand items, including toys, games and clothing
Knitted clothes or toys or anything that has been made at home
Over-sized soft toys
Large mechanical or motorised toys
Used magazines

TIPS

Don't forget the age group you're donating to is 0-18 years (teenagers are often forgotten)
If you donate chocolate/sweets, make sure the ingredients are visible due to allergies
Please do not wrap the gifts - due to infection control measures

Deadline April 21st

Please email us to let us know what you're sending, how much of it and when it will be delivered.

Helpinglittlemuslims@gmail.com #helpinglittlemuslims

HELPING
Little Muslims
EID AT GREAT ORMOND STREET HOSPITAL

Last year we took gifts, food, balloons and your hand-made cards to 350 children, their parents and staff.

Get involved!

DONATE

Send your gifts and cards to our HQ or donate via our gofundme*

TAKE PART

Enter our poster competition for a chance to have your poster displayed at GOSH.

To find out more contact us at
Helpinglittlemuslims@gmail.com




scan me

Dates for Diaries

Friday 1st April 2022

- Last day of Spring term

Monday 4th April 2022-Monday 18th April 2022

- Holiday (school closed)

Tuesday 19th April 2022

- Staff INSET (school closed for students)

Wednesday 20th April 2022

- Return to school

Please be aware that these dates will be updated regularly.





Being a Parent ASD Course

Empowering Parents, Empowering Communities (EPEC)

For parents of children aged 5 and over with an Autism Diagnosis or awaiting one

10 sessions
The more sessions you attend the more you will gain!

Delivered for Parents by Parents:
The course helps parents learn practical communication skills for everyday life & bring up confident, happy and co-operative children.

You will leave this course feeling better able to:

- Help others by sharing your experience as a parent
- Support your children as they move from primary to secondary school
- Create a calm and peaceful family life

Summer Course Details:

Wednesdays at Canning Town Community Centre
11th May to 20th July 2022 @ 10:00am to 12:30pm

Fridays at Tollgate Primary School
6th May to 15th July @ 9:30am to 12:00pm

These groups are all facilitated by experienced parents who work with you to share your experiences and strategies with others along with evidence based tools that will help you and your family.

You will learn more about how:

- Autism can affect your child and how you and your family are impacted
- Everyday strategies and routines can influence development and manage effects of Autism in children
- Ways to support behaviour, meeting children's needs and reducing meltdowns

For more information and to sign up contact:
E: Headstart.ProgrammeTeam@newham.gov.uk



Scan QR code to register






Assemblies for Spring Term

Primary

Date	Year Group	Topic
25/02/2022	Ms Malik	Healthy Eating
04/03/2022	Ms Asma	British Science Week
11/03/2022	Ms Mahfuza	British Science week presentation
18/03/2022	Ms Chowdhury	Recycling week
25/03/2022	Ms Hafsah	World Water day/Ramadan
30/03/2022	SLT/Teachers	UNICEF - Drop down day
01/04/2022	SLT/Teachers	Certificate day

Secondary

Date	Year Group	Topic
23/02/2022	Ms Jamal	Mother Language Day
09/03/2022	Ms Anwara/Munshi	British Science Week
16/03/2022	Ms Anwara/Munshi	British Science week presentation
23/03/2022	Ms Siraj	World Water day/Ramadan
30/03/2022	SLT/Teachers	UNICEF - Drop down day
01/04/2022	SLT/Teachers	Certificate day

Absences before or after a school holiday

If your child is absent before or after a school holiday, you must provide evidence explaining the absence. This may be medical evidence if your child is unwell or evidence of flight delays or circumstances beyond your control.

Without this evidence you risk being issued with a penalty notice.

