

# QUIGS Drop down day

QUIGS Drop Down Day-  
Wednesday 30<sup>th</sup> March 2022

**Year Group**

Year 7

**Trip Location**

The London Stadium

Feedback from Students:

- "The highlight of the trip was experiencing the footballers changing rooms"
- "I liked that there were hot and cold tubs for recovery after football."
- "The football stadium was spectacular – large and impressive. I'm now interested in football"
- "I love that I got to sit in the royal seats worth £750 and I sat in the Queen's seat and waved like the Queen."
- "The music made the footballer's tunnel experience seem real."
- "I enjoyed being the leader of West Ham United."
- "I loved the Olympic tracks, I loved racing. It felt like I was actually racing in the Olympics. I can't believe that I ran on the same track as Usain Bolt and Mo Farah."
- "I enjoyed playing in the Olympic park and having my lunch there."
- "Our tour guide was knowledgeable, informative and friendly and I now know that England won the World Cup in 1966 with Sir Bobby More who played for West Ham."





Year 7 students had the opportunity to explore the London Stadium, the current home of West Ham United Football Club. Students were amazed at the impressive size and superb acoustics of the stadium that is used for several sporting and entertainment events. There were several highlights of the trip including sitting in the Royal Suite – right where the Queen sat! Students ran through the footballer's tunnel entrance and explored the footballers changing rooms! Our guide, Joe, was very informative and passionate about the heritage of East London, The London Olympics and West Ham United. Students found it fascinating that a time capsule was buried close to the old West Ham Stadium on Green Street and enjoyed watching videos on the history of the team and East London, particularly how regeneration has improved Stratford. Some students were brave enough to race on the same track as Usain Bolt and Mohammad Farah and we enjoyed a picnic and play in Queen Elizabeth Olympic Park.