

QUWWAT-UL-ISLAM GIRLS' SCHOOL

Newsletter

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Ensuring every child achieves their best through high expectations for all, with a focus on
Respect-Aspiration-Responsibility

Date: Tuesday 11th October 2022

Islamic Date: 14 Rabi al-Awwal 1444.

Term: Autumn 1.1

Issue: 6

HADITH OF THE WEEK: The Messenger of Allah (ﷺ) said: "It is not lawful for a Muslim to desert (not to speak to) his brother Muslim for more than three days while meeting, one turns his face to one side and the other turns his face to the other side. Lo! The better of the two is the one who starts greeting the other." ~ Sahih al-Bukhari 6237

Assalamu'alaikum Warahmatullahi Wabarakatuhu

Dear Parent/Carers,

I pray this finds you in the best of health and Imaan Insha'Allah.

Mental health is all about how we are feeling, the thoughts we are having, how this affects the choices we make and how we behave. It is also how able we are to cope with what is happening. World Mental Health Day was yesterday, Monday 10th October, and schools all across the country have marked the day in many different ways. The theme for this year's day has been designated as 'make mental health and wellbeing for all a global priority'.

This week, the students of Quwwat-ul-Islam Girls' School have been raising awareness of how to look after their Mental Health and Wellbeing through various activities in class. There will be assemblies where staff and students will discuss mental well being with the children in a manner that is suitable for their age and reinforce coping strategies.

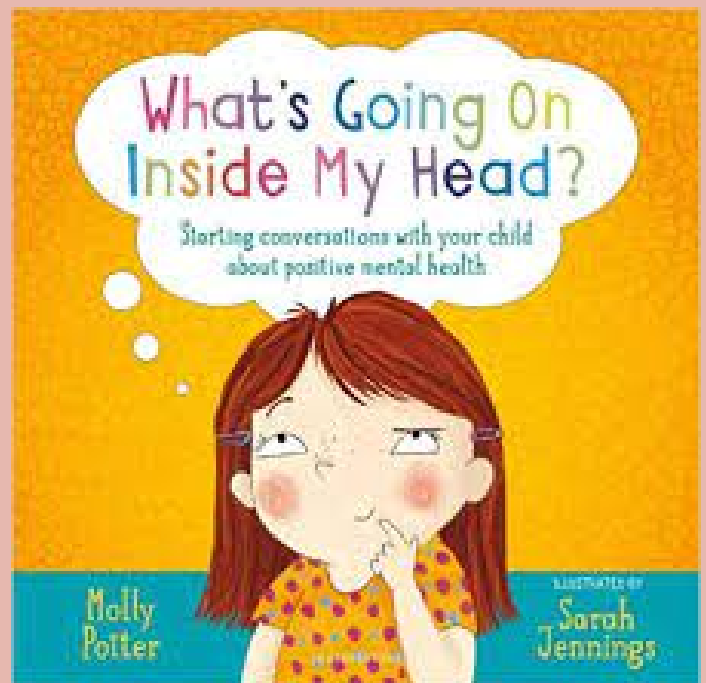
Those who believe and whose hearts find comfort in the remembrance of Allah. Surely in the remembrance of Allah do hearts find comfort.

(Surah Ar-Ra'd, 13:28)

Kind regards,
Mrs Member (Headteacher)

Book Recommendation

This book has been designed to help initiate conversations about mental wellbeing with children. It explores the ways that children can keep their minds healthy, exploring topics such as positive self-image, emotional intelligence, relationships and mindfulness. It could prove a great foundation for some positive habits.



Achievements

Muslimah of the Week Week beginning 3rd October 2022

Reception: Yusra Ali

Year 1: Misha Shah

Year 2: Inaayah Khadijah

Year 3: Maryam Chamadiya

Year 4: Ayesha Ullah

Year 5: Faiza Kabir

Year 6: Maryam Rahman

Year 7: Anwaar Hassan

Year 8: Sumayya Ali Khan

Year 9: Fatima Siddaqah

Year 10: Ayesha Osmani

Year 11: Momina Nasim

Allah loves when one of you is given a task, that he or she does it in the most excellent manner (Ihsaan)



Week beginning	03/10/22 - 07/10/22	
Academic Year	October 2022	
Year Group	Attendance	Punctuality
Reception	95.7%	99.6%
Year 1	98.8%	98.8%
Year 2	96.6%	99.5%
Year 3	94%	100%
Year 4	98.7%	99.4%
Year 5	88.4%	98.4%
Year 6	94.1%	99.6%
Year 7	94.5%	98.5%
Year 8	94.3 %	98.6%
Year 9	92%	98.1%
Year 10	94.9%	97.8%
Year 11	96.4%	98.5%

Attendance Ladder

How close are you to reaching to the top?



This week's overall Attendance: **94%**

Our overall Attendance Target: **96%**

Good attendance and punctuality are vital. At Quwwat-UI-Islam Girls' School, we aim to achieve at least **96%** attendance and to be punctual for school in the morning and for each lesson.

Year 6

Year 6 have been very busy in class, getting their hands dirty with their beautiful artwork and showing off their acting abilities during History.

Find out what Year 6 have been up below:

During History the students have been exploring crime and punishment in the Medieval and Tudor periods. In groups they acted out how crimes were committed and what punishments were given during these historical periods.



During Art, the students have been learning to understand atmospheric perspective and use it in a piece of art. They looked at various artists who have used **atmospheric perspective** in their artwork to give the impression of depth and distance. The students painted landscapes using atmospheric perspective by using paler and greyer colours the further the background went.



Invitation: Open evening



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OPEN EVENING

WEDNESDAY

19 October 2022

5pm – 7pm

- School tour
- Meet our staff
- Learn about the curriculum

Presentation starts **5pm** in the school hall

**FOR ENQUIRIES,
CALL 020 8548 4736**



🌐 www.quwwatulislam.com

🏠 16 Chaucer Rd, Forest Gate, London E7 9NB



Clapton Girls'
Academy

Sixth Form

**TOP 10% OF ALL
SIXTH FORMS
NATIONALLY**



OPEN EVENING

20 October 2022

5:00 - 7:00pm

Register online:

www.cgasixthform.com

Laura Place, E5 ORB | 020 8985 6641



Dates for Diaries

Wednesday 19th October 2022

- Open day – Half day (AM)

Friday 21st October 2022

- Last day of half term

Monday 24th October 2022 - Friday 28th October 2022

- Holiday (no school for all students)

Monday 1st November 2022

- All students return to school

Please be aware that these dates will be updated regularly



Coping with grief and loss

Dealing with grief and loss is always painful, if you are struggling, we are here to help and support you.

We offer a range of support including:

- Bereavement Counselling;
- Group counselling and workshops
- Advice and Information

Our services are Free and Confidential

You can contact us on:
Tel: **020 7510 1081** or **020 7510 4268**
Email: nbs@mithn.org.uk
Website: mithn.org.uk
655 Barking Road, London E13 9EX



Assemblies for Autumn Term

Primary

Date	Year Group	Topic
16/09/22	Ms Zainab	UNICEF - Articles
23/09/22	Ms Hafsah	Recycle Week
30/09/22	Ms Mahfuza	Black History Month
07/10/22	Ms Chowdhury	World Food Day
14/10/22	Ms Raisah	World Mental Health Day
21/10/22	Ms Dala	World Homeless Day

Secondary

Date	Year Group	Topic
14/09/2022	Ms Kabay/Ms Fitch	Unicef - Review RRSA articles
28/09/2022	Ms Jamal/Ms Ahmed	Recycling and sustainability week
12/10/2022	Years 7-11	Student Council Election

Absences before or after a school holiday

If your child is absent before or after a school holiday, you must provide evidence explaining the absence. This may be medical evidence if your child is unwell or evidence of flight delays or circumstances beyond your control.

Without this evidence you risk being issued with a penalty notice.