

QUWWAT-UL-ISLAM GIRLS' SCHOOL

Newsletter

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Ensuring every child achieves their best through high expectations for all, with a focus on
Respect-Aspiration-Responsibility

Date: Tuesday 10th January 2023

Islamic Date: 17 Jumada Al Akhira 1444

Term: Spring 2.1

Issue: 16

HADITH OF THE WEEK: The Messenger of Allah (ﷺ) said: "The signs of a hypocrite are three: 1. Whenever he speaks, he tells a lie. 2. Whenever he promises, he always breaks it (his promise). 3. If you trust him, he proves to be dishonest. (If you keep something as a trust with him, he will not return it.)" ~ Sahih al-Bukhari 33

Assalamu'alaikum Warahmatullahi Wabarakatuhu

Dear Parent/Carers,

I pray you are in the best of health and Imaan,
Insha Allah.

Welcome back to another new term! I pray you have all had a lovely and restful break insha Allah. We have had a great start after the break, and both students and staff are looking forward to another successful term. We have a busy term ahead of us with some exciting events and trips.

Please can I remind parents and carers that all forms of communication is through Class Dojo, an online tool that connects teachers with students and parents. A Class Dojo email invitation has been sent from the school to every parent/carer of the students. If you have not already done so, please can all parents/carers open this email to join so that we can stay connected and share regular updates and classroom moments with you.

Please contact the school office if you have any queries regarding the Class Dojo application.

May Allah bless the new term with beneficial knowledge and actions inshaAllah.

**Kind Regards,
Mrs Member**

Self care

Self-care is anything you do to take care of yourself so you can stay physically, mentally, and emotionally well. Its benefits are better physical, mental, and emotional health and well-being.

Often, self-care can feel like another point on your to-do list which needs to be ticked off, but sometimes self-care is as simple as putting your phone down for an hour or going for a walk.



Drop Down Day

Drop Down Days, are 'off-timetable' days, which replace structured classroom lessons with activities used to strengthen students' practical application of skills and provide a deeper learning experience.

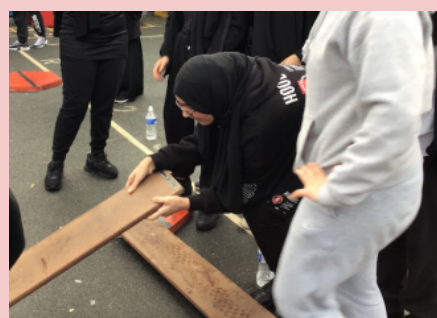
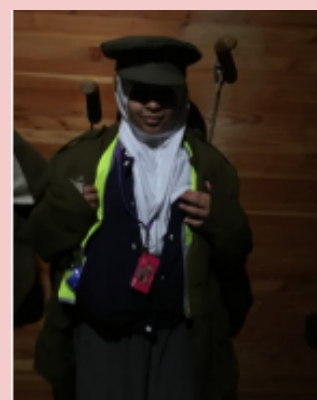
Drop Down Days provide students with the ability to be equipped in valuable life skills which extend beyond the classroom context, serving to promote overall health and well-being.

Quwwat-UI-Islam Girls' School arranged indoor activities and trips for the whole school as part of Drop Down Day which was held on Wednesday 21st December 2022.

The following trips and activities were held:

Year groups	Location
EYFS/Year 1/Year 2	Discover Children's Centre
Year 3/Year 5	Natural History Museum
Year 4	Bank of England
Year 6	Imperial War Museum
Ks3/Ks4	The Problem Solving Company

Pictures from our Drop Down Day





Belgrave Community Centre

SUPPORTING HUMANITY
WORKSHOPS
All volunteers are DBS checked

Supporting Humanity's **Elders Weekly Social Group**

Starting on 12th January 2023

Drop in session, no need to register

- ▶ Free entry for the Elderly (over 60)
- ▶ Refreshments provided
- ▶ For all backgrounds and men & women



Belgrave Community Centre
285-291 Wanstead Park Rd, Ilford
IG1 3TR



Every Thursday
10:00 -12:00 midday

Activities include:

- 1** Games & Activities
- 2** Chair Exercises
- 3** Arts and crafts
- 4** Informative Talks from speakers
- 5** And much more!

JOIN US EACH WEEK
NO REGISTRATION REQUIRED



Belgrave Community Centre

SUPPORTING HUMANITY CHARITY

WHATEVER YOU'RE GOING
THROUGH, **DON'T** SUFFER IN
SILENCE

**SUPPORTING HUMANITY
IS HERE FOR YOU.**

Supporting Humanity provides help, care and
emotional support to people facing
bereavement and psychological health obstacles

We aim to empower and uplift the community
spirit by helping people talk about how they
feel and help beat loneliness

WE ARE HERE TO MAKE YOU SMILE

Free emotional support
line open everyday
8am to 10pm

020 4551 1584



CHARITY NO: 1193241



CHARITY NO: 293023

Dates for diaries

Friday 10th February 2023

- Last day of half term

Monday 13th February 2023-Friday 17th February 2023

- Half term holiday (School closed)

Monday 20th February 2023

- Return to school

Wednesday 1st March 2023

- Spring Academic Review Day

Friday 3rd March 2023

- World Book Day

Monday 6th March 2023-Friday 17th March 2023

- GCSE Mock 2 Year 11 Examinations

Wednesday 29th March 2023

- Drop Down Day

Friday 31st March 2023

- Last Day of Spring Term

Please be aware that these dates will be updated regularly.



OPEN DAY

4 Saturday February 2023

REGISTER ONLINE
newvic.ac.uk/open-days
 A Levels | Vocational | T-Levels

WHAT TO EXPECT

SUBJECT TASTERS
 CAMPUS TOURS
 CLUBS AND SOCIETIES
 SPORTS ACADEMY
 STUDENT SUPPORT
 MEET THE PRINCIPAL
 MUSIC/DJ
 + MORE

Assemblies

Primary

Date	Year Group	Topic
13/01/23	Ms Zainab	Virtues of Rajab and Sha'ban
20/01/23	Ms Duha	Martin Luther King Day
27/01/23	Ms Mahfuza	Holocaust Memorial day
03/02/23	Ms Chowdhury	Children's Mental Health Week
10/02/23	Ms Hafsah	Safer Internet day

Secondary

Date	Year Group	Topic
11/01/2023	Ms Siraj	Martin Luther King Day
25/01/2023	Ms S Begum/Ms Ismati	Holocaust memorial day
08/02/2023	Ms Ferdausi/Ms Jamal	Safer Internet day

Absences before or after a school holiday

If your child is absent before or after a school holiday, you must provide evidence explaining the absence. This may be medical evidence if your child is unwell or evidence of flight delays or circumstances beyond your control.

Without this evidence you risk being issued with a penalty notice.