

QUWWAT-UL-ISLAM GIRLS' SCHOOL

Newsletter

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Ensuring every child achieves their best through high expectations for all, with a focus on
Respect-Aspiration-Responsibility

Date: Tuesday 31st January 2023

Islamic Date: 09 Rajab 1444

Term: Spring 2.1

Issue: 19

HADITH OF THE WEEK: The Messenger of Allah (ﷺ) said: "Whoever protects his brother's honor, Allah protects his face from the Fire on the Day of Resurrection." ~ Jami' at-Tirmidhi

Assalamu'alaikum Warahmatullahi Wabarakatuhu

Dear Parent/Carers,

I pray you are in the best of health and
Imaan, Insha'Allah.

We are almost halfway through this academic year already! Well done and thank you to our community of students, parents, staff, governors and other supporters for making it such a positive year so far. We hope that the coming weeks bring further successes on many fronts, but one main focus is on our Year 11s and helping them prepare for the forthcoming GCSE exams as we enter the final crucial weeks of preparation.

The Year 6 booster sessions have started. These sessions have been put in place to help support the students and build confidence in the lead up to the Key Stage 2 SATs. This is a great opportunity for the students to work in small groups with one of our teachers. The students are provided with activities that help support them in any area they, or their teacher, feel needs strengthening.

The aim of the booster session is to create a relaxed atmosphere where students can see how much they already know and how best to use this knowledge.

May Allah grant our children success. Ameen.

**Kind Regards,
Mrs Member**

Norovirus

Norovirus, also known as the winter vomiting bug, is the most common stomach bug in the UK, affecting people of all ages. It is highly contagious and is transmitted by contact with contaminated surfaces, an infected person, or consumption of contaminated food or water.



Public Health
England

Stop norovirus spreading this winter

Norovirus, sometimes known as the 'winter vomiting bug', is the **most common stomach bug** in the UK, affecting people of all ages. It is **highly contagious** and is transmitted by contact with contaminated surfaces, an infected person, or consumption of contaminated food or water.

The symptoms of norovirus are very distinctive – people often report a sudden onset of **nausea** followed by **projectile vomiting** and **watery diarrhoea**.



Good hand hygiene is important to stop the spread of the virus.

People are advised to:

- Wash their hands thoroughly using soap and water and drying them after using the toilet, before preparing food and eating
- Not rely on alcohol gels as these do not kill the virus

An infection with norovirus is self-limiting and most people will make a full recovery in 1-2 days. It is important to keep hydrated – especially children and the elderly.

Do not visit either A&E or GPs with symptoms as this may spread the virus.

Further information and advice is available from NHS 111, including an online symptom checker at nhs.uk.

Achievements

Muslimah of the Week Week beginning 23rd January 2023

Reception: Maysaa Nur

Year 1: Bareerah Kapodrawi

Year 2: Afifa Nur

Year 3: Safiyyah Salim

Year 4: Manahil Mazumder

Year 5: Maariyah Hussain

Year 6: Rodeshi Islam

Year 7: Khadeejah Bint-Kamal

Year 8: Juveria Ashraf

Year 9: Hafsa Bint Abdul-Gaffar

Year 10: Jumera Ahmed

Year 11: Khadija Yasmin

Allah loves when one of you is given a task, that he or she does it in the most excellent manner (Ihsaan)



Attendance and punctuality Week beginning 23rd January 2023

		
Week beginning	23/01/23 – 27/01/23	
Academic Year	January 2023	
Year Group	Attendance	Punctuality
Reception	87.8%	100%
Year 1	93.1%	97.2%
Year 2	99.3%	98.6%
Year 3	95%	100%
Year 4	78%	99.3%
Year 5	94.4%	95.4%
Year 6	97.2%	98.6%
Year 7	96.2%	97.2%
Year 8	86%	99.5%
Year 9	88.5%	99%
Year 10	93.2%	97.4%
Year 11	88%	98.4%



This week's overall attendance: **94%**

Our overall Attendance Target: **96%**

Good attendance and punctuality are vital. At Quwwat-ul-Islam Girls' School, we aim to achieve at least **96%** attendance and to be punctual for school in the morning and for each lesson.

WE ARE ACTIVE.

WE ARE NEWHAM.

FEBRUARY HALF TERM PROGRAMME



Free activities for children and young people this half-term! Come and try a variety of activities. Sessions include Cricket, Baseball, Free Running, Scootering, Flag Football and Skateboarding!



DATES:

Monday 13 February – Friday 17 February

TIMES/AGES:

12pm-2pm – 5-11 years

2pm-4pm – 12-16 years

VENUES:

- **Central Park**, High Street South, East Ham E6 6ET

MEETING POINT: Park Cafe

- **Keir Hardie Recreation Ground**, Tarling Road, Canning Town E16 1LQ

MEETING POINT: Old Changing Rooms

- **Plashet Park**, Woodhouse Grove, E12 6S

MEETING POINT: Bowls Club

- **Stratford Park**, West Ham Lane, Stratford E15 4PT

MEETING POINT: Changing Rooms/
Covered MUGA

To book: <https://tinyurl.com/FebHTyouthactivity>

For more information:

sports@activenewham.org or 07741 293506

PROGRAMME LISTINGS

INCLUSIVE ACTIVITY

A variety of free taster sessions in a range of Multi-Sports for children and young people with disabilities.

DATES:

- Monday 13 February
- Tuesday 14 February

TIME:

12pm-2pm

VENUE:

Stratford Park, West Ham Lane, Stratford E15 4PT

MEETING POINT: Changing Rooms/Covered MUGA

AGE:

8+ years

MINI ACTIVITIES

Introducing your little ones to sport can be great fun. Come along and try our Mini activity offer including: Mini Tennis, Mini Kickers and Mini Yoga!

DATES:

Monday 13 February –
Friday 17 February

TIME:

11am-12pm

VENUES:

- **Central Park**, High Street South, East Ham E6 6ET

MEETING POINT: Park Cafe

- **Keir Hardie Recreation Ground**, Tarling Road, Canning Town E16 1LQ

MEETING POINT: Old Changing Rooms

- **Plashet Park**, Woodhouse Grove, E12 6SR

MEETING POINT: Bowls Club

AGE:

3-5 years



To book:
<https://tinyurl.com/FebHTyouthactivity>

For more information:
sports@activenewham.org or
07741 293506

Safer Internet Day 2023

Safer Internet Day 2023 will take place on the **7th of February 2023**, with celebrations and learning based around the theme 'Want to talk about it? Making space for conversations about life online'.

From gaming and chat, to streaming and video, young people are shaping the interactive entertainment spaces they are a part of. Safer Internet Day 2023 celebrates young people's role in creating a safer internet, whether that is whilst gaming and creating content, or interacting with their friends and peers.

This year we are hoping to answer the following questions:

- What issues really matter to children and young people?
- What changes do they want to see?
- How can we all work together to advocate for them moving forward?

Top 5 Tips for internet safety

Staying safe on the internet is a vital part of modern technology use. Here are 5 top tips for aiding you and your children in this process:

- ❖ Monitor your child's internet use and keep a track of their browser history.
- ❖ Make sure you choose strong passwords for your secure information.
- ❖ Keep your privacy settings high to ensure your security.
- ❖ Ensure you're up to date with all the latest security software.
- ❖ Remember to be as vigilant on your mobile as your desktop or laptop.
- ❖ Don't click on links you don't trust.



National Storytelling Week

Celebrate National Storytelling Week from the **30th January to 6th February 2023**.

"Storytelling can be found enriching lives everywhere. The sharing between teller and listener empowers, feeding the imagination from one generation to the next." – Society for Storytelling.

What is National Storytelling Week?

Storytelling is an excellent way to entertain and teach each other new ideas. This is why National Storytelling Week is celebrated annually by all ages who read the likes of folktales, fantasy and fairytales and more. The possibilities of genres are endless! Storytelling is a powerful tool that allows us to share stories that inspire and teach others. Below are some websites with online stories you could listen to with your child:



<https://www.storylineonline.net/>

<https://www.booktrust.org.uk/books-and-reading/have-some-fun/storybooks-and-games/>

<https://stories.audible.com/discovery>

Dates for diaries

Friday 10th February 2023

- Last day of half term

Monday 13th February 2023-Friday 17th February 2023

- Half term holiday (School closed)

Monday 20th February 2023

- Return to school

Wednesday 22nd February 2023

- Drop Down Day

Wednesday 1st March 2023

- Spring Academic Review Day

Friday 3rd March 2023

- World Book Day

Monday 6th March 2023-Friday 17th March 2023

- GCSE Mock 2 Year 11 Examinations

Friday 31st March 2023

- Last Day of Spring Term

Please be aware that these dates will be updated regularly.

Assemblies

Primary

Date	Year Group	Topic
13/01/23	Ms Zainab	Virtues of Rajab and Sha'ban
20/01/23	Ms Duha	Martin Luther King Day
27/01/23	Ms Mahfuza	Holocaust Memorial day
03/02/23	Ms Chowdhury	Children's Mental Health Week
10/02/23	Ms Hafsah	Safer Internet day

Secondary

Date	Year Group	Topic
18/01/2023	Ms Siraj	Martin Luther King Day
25/01/2023	Ms S Begum/Ms Ismati	Holocaust memorial day
08/02/2023	Ms Ferdausi/Ms Jamal	Safer Internet day

Absences before or after a school holiday

If your child is absent before or after a school holiday, you must provide evidence explaining the absence. This may be medical evidence if your child is unwell or evidence of flight delays or circumstances beyond your control.

Without this evidence you risk being issued with a penalty notice.



Ever wondered what sports & leisure activities are on offer for SEND young people in Newham?

Come and try out some sports taster sessions such as Bollywood and Hip Hop dance, pilates, wheelchair basketball, Boccia, multi-sports, table tennis, & swimming.

There will be information stalls about other services, opportunities to have your say about important issues that effect SEND young people in the borough, as well as a relaxation and sensory space.



Click on the link for more information about the day and to book places
<https://tinyurl.com/GR8DAY2PLAYFEB>

