

QUWWAT-UL-ISLAM GIRLS' SCHOOL

Newsletter

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Ensuring every child achieves their best through high expectations for all, with a focus on
Respect-Aspiration-Responsibility

Date: Tuesday 7th February 2023

Islamic Date: 16 Rajab 1444

Term: Spring 2.1

Issue: 20

HADITH OF THE WEEK: It was narrated that Abu Usaid, Malik bin Rabi'ah, said: "While we were with the Prophet (ﷺ), a man from the Banu Salamah came to him and said: "O messenger of Allah, is there any way of honouring my parents that I can still do for them after they die?" He said: "Yes offering the funeral prayer for them, praying for forgiveness for them, fulfilling their promises after their death, honouring their friends and upholding the ties of kinship which you would not have were it not for them." ~ Sunan Ibn Majah

**Assalamu'alaikum Warahmatullahi
Wabarakatuhu**

Dear Parent/Carers,

I pray you are in the best of health and
Imaan, Insha'Allah.

We say a fond farewell to Ms Hafsah patel who
will be going on maternity leave. She has been a
great asset to the school working with Year 1 and
Year 11 to deliver Islamic studies alhamdulillah.
We pray Allah blesses Ms Hafsah with a healthy
and righteous baby, inshaAllah. Ameen.

The students took part in wearing a
coloured/pattern scarf last Friday to celebrate
'World Hijab Day'. The students helped to raise
£81 Alhamdulillah. These funds will go towards
the school inshaAllah.

Alhamdulillah, we have come to the end of this
half term. I have been so impressed with all the
students that have shown enthusiasm and
eagerness to learn. I am equally proud of ongoing
parental support and staff dedication. I pray that
you all have a restful and safe half term break.

**Kind Regards,
Mrs Member**



WE ARE UNLOCKING OPPORTUNITIES.



NEWHAM APPRENTICESHIP FAIR 2023

The Newham Apprenticeship Fair is taking place during
National Apprenticeship Week, whose theme is Skills for
Life. During this event you will be able to:

- learn about different sectors, pay and benefits
- meet some apprentices and hear about their journey
- find out about the recruitment processes
- get tips on completing an application form.

**Thursday 9 February
10am-4pm**

(booking required for hourly slots)
Open to all Newham residents and those studying in
Newham.

**Our Newham, 2 Stratford Place,
Montfichet Road, Stratford City, E20 1EJ**

To book your free attendance slot please visit scan the QR
code or visit <https://bit.ly/3We21cf>



The following employers will be attending:



Achievements

Muslimah of the Week Week beginning 30th January 2023

Reception: Safia Haque

Year 1: Rumaisa Doodwala

Year 2: Hafsa Choudhury

Year 3: Safiyyah Mahmood

Year 4: Hawen Fatah

Year 5: Asya Zarar

Year 6: Taymiyah Mohamed

Year 7: Anwaar Hassan

Year 8: Samiya Uddin

Year 9: Farhat Hoque

Year 10: Parisa Ahmed

Allah loves when one of you is given a task, that he or she does it in the most excellent manner (Ihsaan)



Attendance and punctuality Week beginning 30th January 2023



Week beginning	30/01/23 – 03/02/23
Academic Year	January-February 2023

Year Group	Attendance	Punctuality
Reception	88.6%	97.7%
Year 1	95%	98.7%
Year 2	100%	99.3%
Year 3	97.5%	100%
Year 4	97.3%	98.7%
Year 5	89.1%	98.2%
Year 6	91.8%	99.1%
Year 7	90.6%	97.6%
Year 8	94.8%	99%
Year 9	93.4%	94.9%
Year 10	88.9%	98.9%
Year 11	90.7%	99.2%

Attendance Ladder

How close are you to reaching to the top?



This week's overall attendance: **93%**

Our overall Attendance Target: **96%**

Good attendance and punctuality are vital. At Quwwat-ul-Islam Girls' School, we aim to achieve at least **96%** attendance and to be punctual for school in the morning and for each lesson.

WE ARE ACTIVE.

WE ARE NEWHAM.

FEBRUARY HALF TERM PROGRAMME



Free activities for children and young people this half-term! Come and try a variety of activities. Sessions include Cricket, Baseball, Free Running, Scootering, Flag Football and Skateboarding!



DATES:

Monday 13 February – Friday 17 February

TIMES/AGES:

12pm-2pm – 5-11 years

2pm-4pm – 12-16 years

VENUES:

- **Central Park**, High Street South, East Ham E6 6ET

MEETING POINT: Park Cafe

- **Keir Hardie Recreation Ground**, Tarling Road, Canning Town E16 1LQ

MEETING POINT: Old Changing Rooms

- **Plashet Park**, Woodhouse Grove, E12 6S

MEETING POINT: Bowls Club

- **Stratford Park**, West Ham Lane, Stratford E15 4PT

MEETING POINT: Changing Rooms/
Covered MUGA

To book: <https://tinyurl.com/FebHTyouthactivity>

For more information:

sports@activenewham.org or 07741 293506

PROGRAMME LISTINGS

INCLUSIVE ACTIVITY

A variety of free taster sessions in a range of Multi-Sports for children and young people with disabilities.

DATES:

- Monday 13 February
- Tuesday 14 February

TIME:

12pm-2pm

VENUE:

Stratford Park, West Ham Lane, Stratford E15 4PT

MEETING POINT: Changing Rooms/Covered MUGA

AGE:

8+ years

MINI ACTIVITIES

Introducing your little ones to sport can be great fun. Come along and try our Mini activity offer including: Mini Tennis, Mini Kickers and Mini Yoga!

DATES:

Monday 13 February –
Friday 17 February

TIME:

11am-12pm

VENUES:

- **Central Park**, High Street South, East Ham E6 6ET

MEETING POINT: Park Cafe

- **Keir Hardie Recreation Ground**, Tarling Road, Canning Town E16 1LQ

MEETING POINT: Old Changing Rooms

- **Plashet Park**, Woodhouse Grove, E12 6SR

MEETING POINT: Bowls Club

AGE:

3-5 years



To book:
<https://tinyurl.com/FebHTyouthactivity>

For more information:
sports@activenewham.org or
07741 293506

Children's Mental Health Week

Children's Mental Health Week 2023 takes place this week, **6-12 February 2023**. This year's theme is '**Let's Connect**'.

'Let's Connect' is about making meaningful connections. People thrive in communities, and this connection is vital for our wellbeing. When we have healthy connections – to family, friends and others – this can support our mental health and our sense of wellbeing.

During this week, we shall be incorporating into our lessons, activities to support our pupils in encouraging children to explore how they can cultivate meaningful connections in their lives to support their mental health and wellbeing. Connecting healthily with others is a key part of living a fulfilling life and feeling loved, cared for and safe. We will discuss important topics, such as feeling lonely, making friends and healthy relationships with children and young people during Children's Mental Health Week 2023.

'Place2Be', a children's mental health charity, has provided resources to support both children and families, which can be found at

<https://www.childrensmentalhealthweek.org.uk/families/>

This includes top tips for parents and carers as well as giving ideas for some activities you can do together with your child to promote well-being.



Safer Internet Day 2023

Safer Internet Day 2023 is today, **7 February 2023**. In our Computing lessons, the students have been engaging in activities around the theme 'Want to talk about it? Making space for conversations about life online'.

From gaming and chat, to streaming and video, young people are shaping the interactive entertainment spaces they are a part of. Safer Internet Day 2023 celebrates young people's role in creating a safer internet, whether that is whilst gaming and creating content, or interacting with their friends and peers.

This year we are hoping to answer the following questions:

- What issues really matter to children and young people?
- What changes do they want to see?
- How can we all work together to advocate for them moving forward?

Top 5 Tips for internet safety

Staying safe on the internet is a vital part of modern technology use. Here are 5 top tips for aiding you and your children in this process:

- ❖ Monitor your child's internet use and keep a track of their browser history.
- ❖ Make sure you choose strong passwords for your secure information.
- ❖ Keep your privacy settings high to ensure your security.
- ❖ Ensure you're up to date with all the latest security software.
- ❖ Remember to be as vigilant on your mobile as your desktop or laptop.
- ❖ Don't click on links you don't trust.



Dates for diaries

Friday 10th February 2023

- Last day of half term

Monday 13th February 2023-Friday 17th February 2023

- Half term holiday (School closed)

Monday 20th February 2023

- Return to school

Wednesday 22nd February 2023

- Drop Down Day

Wednesday 1st March 2023

- Spring Academic Review Day

Friday 3rd March 2023

- World Book Day

Monday 6th March 2023-Friday 17th March 2023

- GCSE Mock 2 Year 11 Examinations

Friday 31st March 2023

- Last Day of Spring Term

Please be aware that these dates will be updated regularly.



PARENT MENTAL HEALTH MATTERS

Join us in an online workshop to find out what support is available for new mums and dads, their babies and families.

23rd February 5:30-6:30pm
via MS Teams

TO REGISTER TO ATTEND:

0208 536 2161

elft.nttworkshops@nhs.net

Click the icon to register
OR see caption for the registration form



Newham Talking Therapies

Assemblies

Primary

Date	Year Group	Topic
13/01/23	Ms Zainab	Virtues of Rajab and Sha'ban
20/01/23	Ms Duha	Martin Luther King Day
27/01/23	Ms Mahfuza	Holocaust Memorial day
03/02/23	Ms Chowdhury	Children's Mental Health Week
10/02/23	Ms Hafsah	Safer Internet day

Secondary

Date	Year Group	Topic
18/01/2023	Ms Siraj	Martin Luther King Day
25/01/2023	Ms S Begum/Ms Ismati	Holocaust memorial day
08/02/2023	Ms Ferdausi/Ms Jamal	Safer Internet day

Absences before or after a school holiday

If your child is absent before or after a school holiday, you must provide evidence explaining the absence. This may be medical evidence if your child is unwell or evidence of flight delays or circumstances beyond your control.

Without this evidence you risk being issued with a penalty notice.