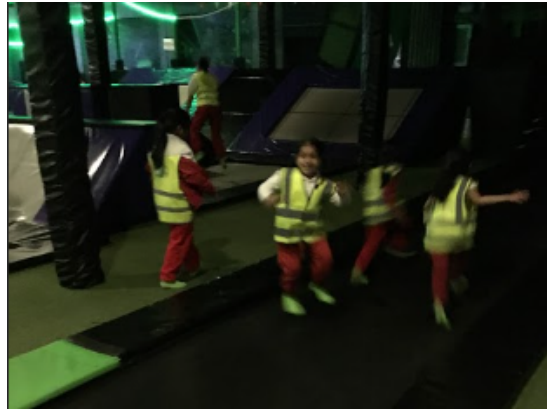


QUIGS Drop down day

Year Group	EYFS and Years 1-6
Date	Wednesday 5th July 2023
Trip Location	Flip Out

EYFS and primary students visited Flip Out Trampoline Park. Students had been looking forward to this day and were very excited in the morning, even though many students had already been before with their families, they were looking forward to going with their friends. Reception students spent most of the time jumping on the small trampoline, they attempted a few tricks and by the end of the session they had mastered how to achieve these skills. They were exceptionally pleased with themselves. Safeeyah said "I enjoyed watching the big girls come down the slide, it was a very big slide and it was so scary, my favourite was the trampoline.



Year 1 really enjoyed Flip Out as they were able to go together with their friends. They spent the day encouraging each other in the different areas of the trampoline park. The girls went to the upstairs area with confidence and Amina even felt like trying to attempt the slide. They particularly liked the ninja obstacle course and took turns to go through each part helping one another. Esha said "I came with my brother but it was the best coming with my friends!" Amina said "The slide was so high, I'll try it next time."

Year 2 really enjoyed their trip to Flipout, they were able to use their teamwork skills whilst rock climbing. Some students went through the cave where they had to follow a flashlight to find their way out. They all enjoyed eating their lunch together with the other year groups. Hafsa in particular enjoyed competing with her peers in a challenge to the most jumps on the trampoline. Inaayah thoroughly enjoyed the cave. She said "It was very adventurous. The cave felt a little scary but exciting. I was able to see the whole of Flipout."



Year 3 enjoyed the obstacle course Maryam Chamadiya enjoyed going through the obstacle and finding her way out. Tasmiya really enjoyed jumping on the trampoline. Sauda enjoyed climbing and being able to jump with her friends. Zainab enjoyed various activities including trampolining and rock climbing. Fatima found the obstacle course thrilling and exciting to complete.

Year 4 having fun on the obstacle course Khadija Chamadiya took pleasure in navigating the challenge and getting to the other side. On the trampoline, Aaminah had a lot of fun. Aisha loved being able to jump and climb with her friends. Hiba took part in a variety of activities, such as rock climbing and trampoline jumping. The obstacle course was thrilling and exciting for Manahil to complete.



Year 5 enjoyed their trip to Flipout very much. They all motivated each other while trying out new and adventurous courses, such as the rock climbing and the slide drop, cheering each other on. Zaynab Kothia challenged herself to try out the steep slide drop, and managed to jump off at the end. Maariyah really enjoyed the cave, and used leadership skills to get other girls out of it, and Umaimah used her listening skills and own initiative to find her way out.



Year 6

Safiyyah Hussain- "My day was fun and exciting. I went on the slide, it was scary but worth it. I would definitely do it again. I love going on school trips when I am with my friends."

Maryam Mahmood- "Today my day was epic, I loved jumping and rock climbing but my favourite was going inside the tunnels. I wanted to go on the Ninja Slide but whenever I looked down I felt petrified but other than that it was the best day ever."

Aisha Ahmed- "I had a great day! At first I was scared to ride the ninja slide but then with some help, I did it, TWICE!!"