

QUWWAT-UL-ISLAM GIRLS' SCHOOL

Newsletter

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Ensuring every child achieves their best through high expectations for all, with a focus on
Respect-Aspiration-Responsibility

Date: Wednesday 29th November 2023

Islamic Date: 15 Jumada I 1445

Term: Autumn 1.2

Issue: 1

HADITH OF THE WEEK: Abu Hurairah narrated that the messenger of Allah said : "Let him who believes in Allah and the Last Day either speak good or keep silent, and let him who believes in Allah and the Last Day be generous to his neighbour, and let him who believes in Allah and the Last Day be generous to his guest." related by Bukhari and Muslim

Assalamu'alaikum Warahmatullahi Wabarakatuhu

Dear Parent/Carers,

I pray you are with the best of health and Imaan.

We believe outdoor playtime is an important and valuable part of our students' day. Fresh air, exercise and time spent outside afford students a break from the structure of the classroom. Most importantly, teachers agree students perform best at school when they have an opportunity for vigorous outdoor play, so we try to get them out whenever possible.

The Met Office have predicted that temperatures will drop further, during this cold snap which is forecasted to continue into the rest of the week.

It is imperative your child is dressed appropriately for the weather and is prepared to play outside. Please make sure they have a warm coat, gloves and appropriate footwear. Clothing should be clearly labeled with their names.

Dua when the weather is cold

لَا إِلَهَ إِلَّا اللَّهُ مَا أَشَدَّ بَرْدَ هَذَا الْيَوْمِ
اللَّهُمَّ اجْرِنِي مِنْ زَمْهَرِيرِ جَهَنَّمَ

La ilaaha illallahu maa ashad-da barda
haazal yawum. Allahumma ajirni min
zamhareeri jahannam

There is no God but Allah. How
severe is the cold of today! O
Allah, protect me from the severe
cold of jahannam

**Kind Regards,
Mrs Member (Headteacher)**



Friends of Quwwat

Food Sale

FUNDRAISING EVENT

Friday 8th December 2023
After School
Main School Hall

All parents/carers, staff and students welcome

Contributions of hot food (HMC), baked items, drinks, sweet and savoury snacks, confectionery (or funds towards buying these items) welcomed.

To pledge your contributions, please contact: Sister Shopna on 07462 535692.



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Open Days

Brampton Manor Academy



KEY 2023 HEADLINES

- **AVERAGE GRADE: A**
- **OXBRIDGE PROGRESSION: 58 students**
- **RUSSELL GROUP PROGRESSION: 300+ students**



SIXTH FORM VIRTUAL OPEN EVENING

FOR ENTRY IN SEPTEMBER 2024

DATE: Wednesday 10th January 2024

ONLINE APPLICATION PORTAL OPENS: Thursday 11th January 2024

OPEN DAYS

GET TO KNOW US

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Saturday
February
2024

10.00 am - 12.30 pm



A Levels | T Levels | Vocational

BOOK YOUR PLACE
newvic.ac.uk/open-days





The NCS Open Evening

Tour our historic Grade II* listed building, meet each department in their modern classrooms, learn about the subjects that you're looking to study directly from our outstanding teachers and hear from our Principal on why The NCS is one of the best sixth forms in London and the UK for student outcomes.

23rd & 30th November 2023

Join the waiting list at sixthform.london now

Wanstead High School

Pupils currently in Year 11, accompanied by their parents/carers, are invited to join us at our

SIXTH FORM OPEN EVENING



**Thursday 30th November
2023 5:15 - 8:00pm**

A high performing Sixth Form offering a wide range of high-quality A Level provision. In 2023, our pupils achieved the following:

A*-A - 28% A*-B - 53% A*-C - 75%

Please visit our school website to view our Prospectus, Course Options Booklet, Online Application Form & Enrolment Key Dates.

Please use the link below to book a place





Half Day Closure



**Friday 15th
December 2023**

**End of Term
Half day closure**

Timings of closure:

Key Stage	Dismissal
EYFS/KS1	11.30am
KS2	11.40am
KS3/KS4	11.55am

Top Tips for SETTING BOUNDARIES AROUND GAMING

If your child loves video games, then you'll probably be aware that how long they spend gaming – and what they're actually playing – can occasionally become a source of concern or conflict. The UK's trade body for interactive entertainment, Ukie, has recently launched a campaign to promote safer and more responsible gaming among young people – with parents and carers helping by setting sensible and fair boundaries. Our guide has tips on key areas where you could agree some healthy ground rules for your child's gaming activity.

PROMOTE SAFER GAME CHOICES

Deciding which online games are OK – and which should be avoided – is tricky. Some titles allow children to cooperate or compete with strangers, which creates potential risks. Watching your child play online for a while could provide more insight into a particular game, while the parental controls on most consoles allow you to limit who can chat to your child or send them friend requests. Remind your child of the hazards around strangers online when you discuss this boundary with them.

ENCOURAGE REGULAR BREAKS

Help your child understand the need to take regular breaks, playing in shorter bursts rather than marathon sessions. Bear in mind that some games (such as role-playing games) require time investment from the player, while others (online team games, for example) can't be stopped or paused at a moment's notice. A quick break every hour or so is good practice, and you could suggest some things to do in these breaks, such as having a drink of water or getting some fresh air.

AGREE SPENDING LIMITS

There's no doubt that gaming can be expensive, and younger players often don't realise how much paying for digital items and subscriptions can add up to. Many young gamers love to buy new skins or upgrades for their character, so you could settle on a fixed amount that your child is allowed to spend on in-game items each week or month. This sort of boundary will not only help your child to manage their expectations but will also make you more aware of the price of these items.

DISCUSS AGE RATINGS

Children often ignore the age ratings on games – or are unaware they even exist. If you're happy with your child playing a particular game even though it's rated above their age, then establish that as a boundary: emphasise that you've made an exception, and talk about what age ratings mean and why they're important. You could add context to this boundary by browsing games' boxes together while shopping, discussing why some games might have earned certain age ratings.

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CENSORED

Meet Our Expert

Daniel Upscombe is a writer specialising in technology, video gaming, virtual reality and Web3. He has also written 15 guidebooks for children, covering games such as Fortnite, Apex Legends, Valorant, Roblox and Minecraft. With work published by the likes of PC Gamer, Kotaku, Pocket Gamer and VO247, he has reviewed more than 50 games and products over the past year.



Source: <https://hipalapp/about/privacy.html>

FACTOR IN FRIENDS

If your child is a keen video gamer, the chances are that they'll have other gamers among their social circle, too. When friends visit, do they instantly dash to their console or computer? You could put boundaries in place before their guests arrive by agreeing on a length of gaming time. Bear in mind, though, that they may try to extend this once they're together. Try coming up with activities or challenges for them during screen breaks – if they join in, they earn a little extra time on their game.

ENJOY GAMING TOGETHER

Setting time aside to play video games together can be an enjoyable bonding exercise. Undeniably, some young gamers may be less enthusiastic about a parent or carer joining in, but it can be a productive way of encouraging them to share their hobby with you. Setting goals or tasks might be useful: if they love Minecraft, choose something to build together; if Fortnite's their favourite, ask to try out some of the fun game modes, like Prop Hunt, which don't require high skill levels.

TALK ABOUT EMOTIONS

Help your child to monitor their emotions as they play. Discuss what is (and isn't) an acceptable level of competitiveness to show while gaming. Are they allowed to trash talk other players, for example? Can they notice when they get angry if they lose? Do they think these emotions are healthy? Some games can provoke anger, but others can bring joy, humour and the thrill of overcoming a challenge. Try to steer your child towards games that tend to produce these more positive feelings.

BE PREPARED FOR TROLLS

A frequent problem when gaming online is other players who are deliberately troublesome. Make sure your child knows how to report and block someone who makes their experience a negative one. Between you, decide if or how they should deal with these online trolls. Talk about where your child's boundaries are in terms of what they think is acceptable: what behaviour by other users is merely frustrating, and what crosses the line to become upsetting or abusive.



National
Online
Safety®

#WakeUpWednesday

Achievements

Muslimah of the Week Week beginning 20th November 2023

Reception: Fatima Awais

Year 1: Sofia Gani

Year 2: Rumaisa Doodwala

Year 3: Aasiyah Kamal

Year 4: Maryam Chamadiya

Year 5: Nusaybah Chowdhury

Year 6: Maariyah Hussain

Year 7: Habibah Chowdhury

Year 8: Aisha Siddiqah

Year 9: Hafsa Chowdhury

Year 10: Hafsa Bint Abdul-Gaffar

Year 11: Hajra Nasim

Allah loves when one of you is given a task, that he or she does it in the most excellent manner (Ihsaan)



Week beginning	20/11/23 – 24/11/23
Academic Year	November 2023

Year Group	Attendance	Punctuality
Reception	79.1%	98.6%
Year 1	92.4%	99.4%
Year 2	93.3%	100%
Year 3	92.9%	98.6%
Year 4	86.2%	99.2%
Year 5	89.4%	100%
Year 6	100%	94.5%
Year 7	99.3%	99.7%
Year 8	89.5%	98%
Year 9	93.3%	99.4%
Year 10	91.5%	98%
Year 11	95.3%	94.7%

This week's overall Attendance: **92%**



Our overall Attendance Target: **96%**

Good attendance and punctuality are vital. At Quwwat-ul-Islam Girls' School, we aim to achieve at least **96%** attendance and to be punctual for school in the morning and for each lesson.

Dates for Diaries

Wednesday 13th December 2023

- Drop Down Day

Friday 15th December 2023

- Last day of half term

Monday 18th December 2023 - Tuesday 2nd January 2024

- School holiday (School closed)

Wednesday 3rd January 2024

- Return to school

Please be aware that these dates will be updated regularly.



SENDIASS will be delivering a drop in service at:

East Ham library
328 Barking Road
London E6 2RT

Every Thursday and Friday 9-12, starting from 23.11.23

How do SENDIASS help?

- Knowledge, advice and support based on SEND statutory process and duties
- Advice and support around SEN Support and all aspects of the education, health and care plan (EHCP).
- Exclusions (where the pupil has an SEN).
- SEND Tribunal cases
- Meeting support.

For further information - [Newham Families Advice and Support | SENDIASS](#)



Newham Parent Childcare Survey 2023

The London Borough of Newham would like to hear from parents and carers about their **childcare needs**. Your views are really important in helping us decide how to shape services that will be useful for you. This is particularly important at this time when there are new Government plans to extend funded early education to children from 9 months plus.

The questionnaire will take around 10 minutes to complete. The closing date for completion Sunday 3rd of December 2023. Any parent completing the survey can opt in to be entered into a free prize draw for £100 of shopping vouchers.

[Project - Newham Parent Childcare Survey 2023](#)

Assemblies

EYFS and Primary

Date	Year Group	Topic
3/11/23	Ms Fatima	Guy Fawkes
10/11/23	Ms Mahfuza	Remembrance Day
17/11/23	Ms Zainab	Children around the world
24/11/23	Ms Chowdhury	Anti-bullying Week
01/12/23	Ms Rizwana	Rosa Parks Day
8/12/23	Ms Faiza	International day of disabled person
15/12/23	Ms Mahfuza	Christmas in Islam (Teacher led Assembly)

Absences before or after a school holiday

If your child is absent before or after a school holiday, you must provide evidence explaining the absence. This may be medical evidence if your child is unwell or evidence of flight delays or circumstances beyond your control.

Without this evidence you risk being issued with a penalty notice.