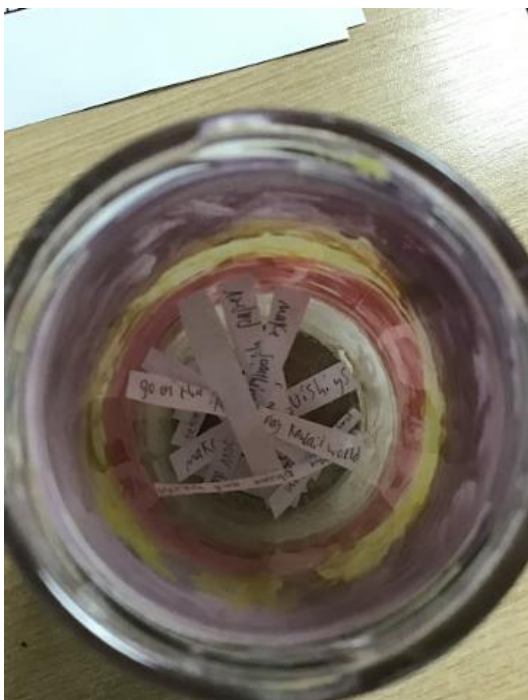


Drop Down Day Student Feedback Sheet

Learning Driver	Caring for Ourselves – Spring Term
Character Development Strands	I know how to develop mindfulness and resilience I know how to live a healthy lifestyle I know how to develop positive relationships and know how to stay safe I have celebrated my personal heritage and I am proud of my Islamic and British values
Year Group	3
Date:	Wednesday 28 th February 2024
Activity	Student Evidence/Feedback
Self care jars	 

	Amaanah – It was fun painting the jar, we made self care jars and we got papers and wrote fun activities when you're stressed. Inaayah- Today was fun because we made flowers and self care jars. It helps us calm down Khadeejah – I learnt that you should look after yourself so we could stay happy. Aminah – Self care is when you care for yourself physically and I enjoyed making my self care jar
Bouquet for myself	 A photograph showing a group of children, mostly wearing maroon school uniforms, holding up a variety of colorful paper flowers. The flowers are made from crumpled or folded paper in shades of green, purple, yellow, red, and pink. The children are smiling and looking at the camera, showcasing their craft project.