

Drop Down Day Student Feedback Sheet

Learning Driver	Caring for Ourselves – Spring Term
Character Development Strands	I know how to develop mindfulness and resilience I know how to live a healthy lifestyle I know how to develop positive relationships and know how to stay safe I have celebrated my personal heritage and I am proud of my Islamic and British values
Year Group	4
Date:	Wednesday 28 th February 2024
Activity	Student Evidence/Feedback
Making Origami I know how to develop mindfulness and resilience	Maryam – it was complicated but the whole experience was fun to do. Sofia - very calming and relaxing Tasmiya- very calming and made me stop thinking for a little while which was good Fatima- helped me get rid of stress Imaan- helped me reset mindset and how I look at things Khaira - erased all the bad thoughts I had Safiyyah- nice and peaceful. Nice having a quiet lesson  
Making slimes and playing with it I know how to develop positive relationships and know how to stay safe	Zaynab - it was refreshing and a good way to play with it. Mehrin - helped stretch my muscles when i was mixing the slims Juwariyah - was very fun and exciting to do, and I was able to take some home Safiyyah Mahmood - It was fun and exciting. Helped me focus better.
Pottery making our own drinking cup / mug	Imaan - It was fun to make Amayah – It was messy but fun Maryam- It was fun and exciting to do Hafsah – It was exciting and messy but I enjoyed it Saudah – It was relaxing when I mixed the clay together with water

I know how to live a healthy lifestyle

