

QUWWAT-UL-ISLAM GIRLS' SCHOOL

Newsletter

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Ensuring every child achieves their best through high expectations for all, with a focus on
Respect-Aspiration-Responsibility

Date: Wednesday 15th May 2024

Islamic Date: 05 Dhul-Qadah 1445 AH

Term: Summer 3.1

Issue: 29

HADITH OF THE WEEK: The Prophet (ﷺ) said, "A believer to another believer is like a building whose different parts enforce each other." The Prophet (ﷺ) then clasped his hands with the fingers interlaced (while saying that).
Sahih al-Bukhari

**Assalamu'alaikum Warahmatullahi
Wabarakatuhu**

Dear Parent/Carers,

I pray this finds you in the best of health and Imaan Insha'Allah.

I would like to take this opportunity to say a huge well done to students who are undergoing exams. I understand this is a stressful time and I am very proud of how our students are showing hard work and determination to do well.

I would also like to say JazakAllah Khair to all the teachers and parents for your continuous support throughout the school year. Our commitment to you and your children is very important to us.

If you have any questions regarding the exams, please contact the class teacher or the office.

May Allah (swt) bless all our students for their efforts, hard work and determination during this crucial time and grant them all a very successful outcome. Ameen

**Kind regards,
Mrs Member**

Year 6 SATs

The Year 6 SATs have started this week. The students have been working very hard over the past few weeks in preparation for the SATs. This is a very important week and we ask you to ensure that your children are prepared and ready for their SATs.

Every morning during SATs week, the school will provide a healthy breakfast for your child before taking their end of key stage national tests. Breakfast will be provided from **7.45am-8.10am.**

Make sure your children are well rested and that they have an early night in preparation for the following day. Please ensure your children arrive at school on time. Punctuality is very important, especially during SATs week. We ask at all times (and especially during SATs week) that children are not taken out of school during the day and we appreciate your cooperation in this matter.

If your child is unwell, please contact the school before school starts, as the SATs have to be completed on specific days.

The Year 6 SATs timetable for this week:

Date	Subject	Test Papers
Monday 13th May 2024	English grammar, punctuation and spelling	Paper 1: Questions Paper: Spellings
Tuesday 14th May 2024	English Reading	English Reading
Wednesday 15th May 2024	Mathematics	Paper 1: Arithmetic Paper 2: Reasoning
Thursday 16th May 2024	Mathematics	Paper 3: Reasoning

Time table for GCSE exams

Year 11 students have started their GCSE Examinations this week. They have been working incredibly hard to strive for excellence and Alhamdulillah have demonstrated perseverance and great resolve during what can sometimes be a stressful exam period. The following is the timetable for exams this week and upcoming weeks:

Date	Title	Exam board	Duration	Start - Finish
Monday 13 th May	English Literature Shakespeare & 19 th Cent. Novel Paper 1 - (8702/1)	AQA	1hr 45mins	9:00 AM – 10:45 AM
Wednesday 15 th May	History Paper 1 – Medicine in Britain (1H10 11)	Edexcel	1hr 15mins	9:00 AM – 10:15 AM
	Arabic Paper 1 – Listening (1AA0 1H)	Edexcel	45mins	1:00 PM – 1:45 PM
	Arabic Paper 3 – Reading and understanding (1AA0 3H)	Edexcel	1hr 5mins	1:50 PM – 2:55 PM
Thursday 16 th May	Mathematics Paper 1: Non – Calculator (1MA1 1F & 1MA1 1H)	Edexcel	1hr 30 mins	9:00 AM – 10:30 AM
	Religious Studies A – Paper 2 (8062/2A)	AQA	1hr 45mins	1:00 PM – 2:45 PM
Friday 17 th May	Combined Science Chemistry 1 Paper 2 (15C0 1CF & 15C0 1CH)	Edexcel	1hr 10mins	9:00 AM – 10:10 AM
	Geography B – Paper 1 (1GB0 01)	Edexcel	1hr 30mins	1:00 PM – 2:30 PM

Date	Title	Exam board	Duration	Start – Finish
Monday 3 rd June	Mathematics Paper 2 – Calculator (1MA1 2H & 1MA1 2F)	Edexcel	1hr 30mins	9:00 AM – 10:30 AM
	Citizenship Paper 2 – (1CS0 02)	Edexcel	1hr 45mins	1:00 PM – 2:45 PM
Tuesday 4 th June	History Paper 2 – British Depth Study & Period Study (1HI0 2A-2W) Paper No: B4, P3 (Early Elizabeth & American West)	Edexcel	1hr 45mins	1:00 PM – 2:45 PM
Wednesday 5 th June	Geography B – Paper 2 (1GB0 02)	Edexcel	1hr 30mins	9:00 AM – 10:30 AM
Thursday 6 th June	English Language Writers' viewpoints & perspectives Paper 2: (8700/2)	AQA	1hr 45mins	9:00 AM – 10:45 AM
Friday 7 th June	Combined Science Biology 2 – Paper 4 (1SC0 2BF & 1SC0 2BH)	Edexcel	1hr 10mins	1:00 PM – 2:10 PM

Date	Title	Exam board	Duration	Start – Finish
Monday 10 th June	Mathematics Paper 3 – Calculator (1MA1 3F & 1MA1 3H)	Edexcel	1hr 30mins	9:00 AM – 10:30 AM
Tuesday 11 th June	Combined Science Chemistry 2 - Paper 5 (1SC0 2CF & 1SC0 2CH)	Edexcel	1hr 10mins	9:00 AM – 10:10 AM
	History Paper 3 – Modern Depth Study (1HI0 30-33) Paper No: 31 (Weimar & Nazi Germany)	Edexcel	1hr 20mins	1:00PM – 2:20PM
Friday 14 th June	Geography B - Paper 3 (1GB0 03)	Edexcel	1hr 30mins	9:00 AM – 10:30 PM
	Combined Science Physics 2 – Paper 6 (1SC0 2PF & 1SC0 2PH)	Edexcel	1hr 10mins	1:00 PM – 2:10 PM

Key: colour code							
Arabic	Citizenship	Combined Science	English Literature & Language	Geography	History	Mathematics	Religious Studies

The GCSE Examination Board has strict regulations regarding late arrivals for exams. Penalties may include reduced time given for the exam and/or exclusion from sitting the exam.

Please note: All students MUST be onsite at the **8:30am** prompt for **morning GCSE examinations**. All students MUST be onsite at **12:30pm** prompt for **afternoon GCSE examinations**.

Students are required to wear full school uniform when sitting GCSE examinations.

We would like to take this opportunity to thank Year 11 for all of their hard work and their dedication to making Quwwat Ul Islam Girls' School a thriving community. We have every confidence that they will achieve outstanding results, we pray that Allah (SWT) brings them ease and success, Ameen.

Mental Health Awareness Week 2024

This week is Mental Health Awareness Week, on the theme of "**Movement: Moving more for our mental health**".

Being active is important for our mental health. But so many of us struggle to get enough exercise. We know there are many different reasons for this, so during Mental Health Awareness Week will help people to find moments for movement in their daily routines.

The benefits of moving our bodies to improve our mental health are well documented. It is crucial to encourage everyone to move during the day to support our holistic health.

There are multiple benefits to moving more frequently throughout the day. Physical activity releases chemicals in our brains; dopamine, serotonin, norepinephrine, and endorphins which are essential for regulating our mood and improving our wellbeing as well as reducing our stress levels.

There are many cognitive function improvements such as better memory, focus and attention which are immediately increased when we are physically active, all of which contribute to a more productive and positive approach when revising and studying for exams.

Prophet Muhammad (PBUH) said, "**Seeking medical treatment is obligatory**" (Ibn Majah). This Hadith emphasises the importance of seeking professional help, including mental health support, in order to receive appropriate treatment.



Drop down day

'Drop Down Day'. Drop Down Days, are 'off-timetable' days, which replace structured classroom lessons with activities used to strengthen students' practical application of skills and provide a deeper learning experience.

Drop Down Days provide students with the ability to be equipped in valuable life skills which extend beyond the classroom context, serving to promote overall health and well-being.

Drop Down Days are carefully planned around our school Learning Drivers and individual character development strands and are integral to our whole school curriculum offer.

We focused on the following learner driver:

Caring for Our World

We believe our children need to develop an understanding about where they live and the wider world. Through learning about their community and the wider world, we want them to understand their role in society and develop **respect** towards the environment, communities and different religions.

It is important to us that all pupils of our school community view themselves as global citizens and also embrace the vibrant and diverse local community of East London in which the school is situated. We want them to be passionate about celebrating diversity and most importantly, as young Muslims to be aspirational in the act of enhancing the lives of others through charitable work and actions.

Character Development Strands	Character Development Strands - Child Friendly
Understanding British and Islamic Values	I understand my Islamic and British Values
Celebrating diversity	I appreciate and value diversity
Protecting the environment	I understand what I need to do to protect the environment I live in including how to protect the wider world
Developing pride in our local community	I take pride in my local community

Last Wednesday 8th May, the **EYFS and primary students** visited West Ham Park to help them connect with nature and learn more about how they can help protect the environment. Most importantly they had the opportunity to take part in helping to keep the park tidy, enabling them to take pride in their local community. The visit enabled our students to develop an understanding of the natural world around them.

After their visit to West Ham Park, the students carried out follow up activities to consolidate their learning.

Pictures:





The **secondary students** visited Kew Gardens to help them grasp the essence of biodiversity and its critical role in sustaining life. Students will have the opportunity to see the intricate interdependence of organisms and the impact of human activity on their environment, including the threat of extinction. This experience aimed to deepen their understanding of conservation and inspire a sense of responsibility towards our planet's well-being.

Pictures:



Achievements

**Muslimah of the Week
(Week beginning 6th May 2024)**

Reception: Selma Achrafi

Year 1: Safiyyah Chowdhury

Year 2: Bareerah Kapodrawi

Year 3: Aasiyah Kamal

Year 4: Aaliyah achrafi

Year 5: Sumaya Ali

Year 6: Yasna Kabir

Year 7: Khadeejah Ahmed

Year 8: Anwaar Hassan

Year 9: Silmi Hakee

Allah loves when one of you is given a task, that he or she does it in the most excellent manner (Ihsaan)





**Date: Wednesday 22nd
May 2024**

Time: 9.30am-12.30pm



**Venue:
Terence McMillan
Stadium
Newham Leisure Centre
281 Prince Regent Lane
LONDON
E13 8SD**

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Dates for Diaries

Monday 13th May 2024 -Thursday 16th May 2024

- Year 6 SATs Exams

Wednesday 22nd May 2024

- Sports day

Friday 24th May 2024

- Last day of half term

Monday 27th May 2024-Friday 31st May 2024

- Half term holiday (school closed)

Monday 3rd June 2024

- Return to school

Please be aware that these dates will be updated regularly.



EYFS and Primary Assemblies (Summer 3.1)

Parents are invited to attend class assemblies when their child's class is leading the assembly.

Date	Year Group	Topic
17/05/24	Ms Hamima (Year 3)	Walk to school week
24/05/24	Ms Mahfuza (Year 6)	National Numeracy Day

Absences before or after a school holiday

If your child is absent before or after a school holiday, you must provide evidence explaining the absence. This may be medical evidence if your child is unwell or evidence of flight delays or circumstances beyond your control.

Without this evidence you risk being issued with a penalty notice.

