

Drop Down Day Student Feedback

Learning Driver	Caring for ourselves – Spring Term	
Learning Driver Strands	I am confident about my Islamic rights as a child I fully value inclusion in all aspects of society I fully value equality in all aspects of society I have had the opportunity to participate in Democracy	
Year Group	Year 6	
Date:	Wednesday 26 th February 2025	
Activity	Student Evidence/Feedback	
Making Stress ball	 Today I enjoyed making squishies. I learnt that if you have anxiety you can get a stress ball and squish it. This will help relieve stress. - Khadijah Chamadiya	
Scavenger Hunt	Clue 1: "To start our hunt, you'll need some energy, Find something that helps you stay hydrated and healthy!" Clue 2: "When you're feeling stressed or need a break, find something that helps you relax and meditate!" Clue 3: "It's important to keep your teeth sparkling white, look for something that keeps your smile bright!" Clue 4: "After a long day of fun or work, This helps you unwind and sleep, like a soft pillow or blanket perk!"    I enjoyed the scavenger hunt because it was a fun way to find objects which we can use to take care of our mental and physical well being. -Aaminah Rameez I enjoyed the scavenger hunt because I loved figuring out the riddles. - Nusaybah	

Painting Canvases



I enjoyed painting a gratitude board today because it was calming and it showed what things I was grateful for the most. - Tasnim Islam

I learnt to be grateful for everything I have. - Hiba Nawrishi

I enjoyed painting because it helped me reflect on all the things I have and all the things I am grateful for. - Inaaya Ali