

Drop Down Day Student Feedback Sheet

Learning Driver	Caring for ourselves – Spring Term
Learning Driver Strands	I am confident about my Islamic rights as a child I fully value inclusion in all aspects of society I fully value equality in all aspects of society I have had the opportunity to participate in Democracy
Year Group	7
Date:	Wednesday 26 th February 2025
Activity	Student Evidence/Feedback
P.E Yoga	   The Year 7s were excited to participate in the yoga session and attempt all the stretches. They understood the importance of stretching everyday and how it impacts our health. In the beginning they had difficulty stretching certain parts of the body but by the end, they felt fully relaxed.

Citizenship/Self-awareness

Year 7s really enjoyed the year 11s presentation on issues with Mental Health, the NHS, Discrimination and other relevant topics affecting the community. The students were aware of some issues that the community faced but were surprised by how many issues they did not know about. They engaged well with all the year 11s presentations and really enjoyed the lesson.



Self Care/ Hygiene/Face Scrub

Year 7s had made their own body scrub using oil, coffee and sugar. A child said, "I enjoyed making the scrub and can't wait to take it home with me." Another child said "I learnt about how to stay clean and look after my body." They also learnt about self care and how to stay relaxed.



Assembly Gangs:Myths and Realities

Year 7s Had an assembly on Gangs by Steve from Growing Against Violence. It was a thought provocative and relevant topic to learn about. The girls were very involved and asked a lot of questions like ' **What are county lines and what do they stand for?**' The girls were very involved in the assembly and answered all the questions asked and got really involved in the assembly. They learnt how gangs worked and how vulnerable people get targeted by gangs. The girls were very eager to participate and really enjoyed the assembly. One student said ' **The assembly was very enjoyable and informative**'



First Aid



Year 7s enjoyed learning about knife crime and the importance of learning First Aid. Students were happy and more confident in doing CPR, calling for an ambulance and noticing different signs when someone loses blood. They were interested to see the amount of blood that humans have through the practical demonstration (cups and buckets of water) and to know how much blood loss calls for an emergency situation. Students also learned how much blood is safe to donate.