

Drop Down Day Student Feedback Sheet

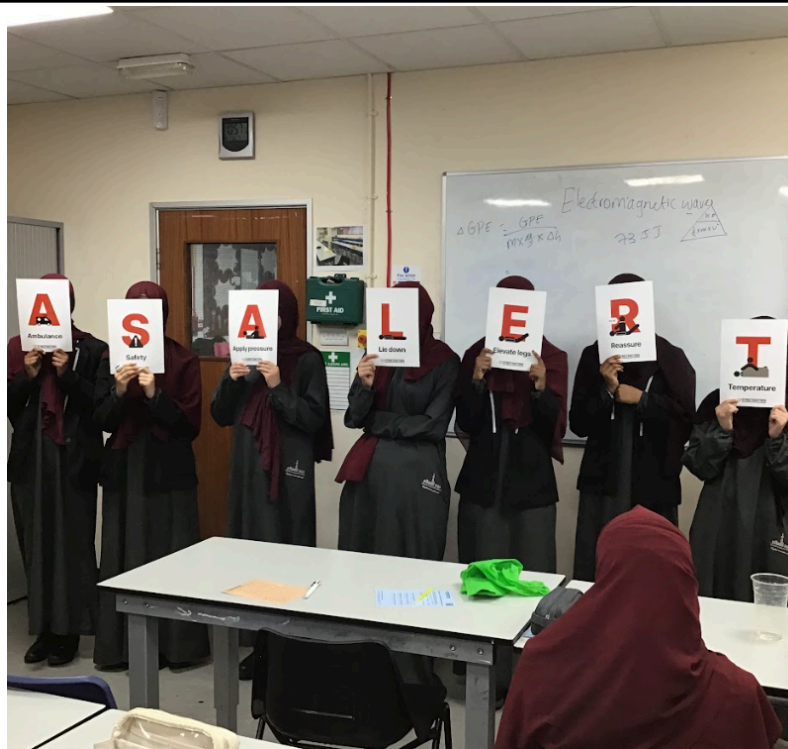
Learning Driver	Caring for ourselves – Spring Term
Learning Driver Strands	I am confident about my Islamic rights as a child I fully value inclusion in all aspects of society I fully value equality in all aspects of society I have had the opportunity to participate in Democracy
Year Group	8
Date:	Wednesday 26 th February 2025
Activity	Student Evidence/Feedback
P.E Yoga	   The Year 8s enjoyed trying out different yoga poses and testing their balance. They had some difficulty holding stretches, but realised that they would only be able to stay balanced if they concentrated. There were mixed opinions about the yoga session- some disliked it as they felt uncomfortable, some thoroughly enjoyed it. All the students learnt that practicing stretching everyday would benefit themselves in the long term.

First Aid	
Self Care/Hygiene Body Scrub	A student said, " I learnt you can use natural resources to clean yourself and make yourself feel good." The children made their own body or lip scrub using oil, coffee and sugar. A student said, " It was very fun. Next time I would like to make a body or lip moisturiser." The students enjoyed discussing the different ways that they practice personal hygiene in different ways. Also children enjoyed discussing the ways they practice self care. 
Citizenship/Self Awareness	Students enjoyed the various workshops, where they learned about the importance of mental health and the need to prioritize their well-being. The sessions were highly engaging and interactive. They also appreciated the opportunity to explore different community issues and discover ways to stay involved and how individuals can contribute to society, such as fundraising for homeless people and protecting the environment through recycling and reducing pollution eg. benefits of walking, riding bicycles, adding more green spaces etc.. 
Assembly Gangs:Myths and Realities	Year 8s Had an assembly on Gangs by Steve from Growing Against Violence. It was a thought provocative and relevant topic to learn about. The girls were very involved and asked a lot of questions like ' What are county lines and what do they stand for?' The girls were very involved in the assembly and answered all the questions asked and got really involved in the assembly. They learnt how

gangs worked and how vulnerable people get targeted by gangs. The girls were very eager to participate and really enjoyed the assembly. One student said ' **The assembly was very enjoyable and informative** '



First Aid



Yr 8s had fun learning about First Aid and were interested to know the action steps when they see a person bleeding or stabbed. Students felt more confident in knowing what to do in emergency situations. They liked how the steps were

	broken down in a memorable manner. The students were interested to know more about the severity and fatality of knife crime. Yr 8's learned about the most important organs in the human body and how to stop bleeding if there is an open wound and when a weapon is still stuck inside the body.
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