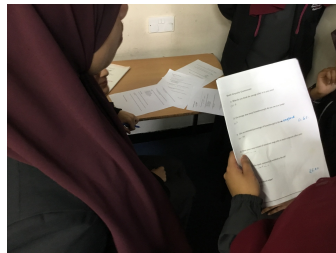


Drop Down Day Student Feedback Sheet

Learning Driver	Caring for ourselves – Spring Term
Learning Driver Strands	I am confident about my Islamic rights as a child I fully value inclusion in all aspects of society I fully value equality in all aspects of society I have had the opportunity to participate in Democracy
Year Group	9
Date:	Wednesday 26 th February 2025
Activity	Student Evidence/Feedback
P.E Yoga	 Although some stretches were difficult to master, the Year 9s really enjoyed participating in the yoga session. Every student attempted each pose and took the time to watch and learn. They understood the significance of stretching your body everyday, and how it impacts the mind too. In the end, some students even requested that yoga sessions be introduced to the school as an extracurricular.
First Aid	
Self Care/Hygiene Body Scrub	The students really enjoyed making the scrubs. They were interested to know the purpose of the different ingredients. The oil and coffee were added for exfoliating purposes, whilst the oil was there for moisturising purposes. The girls enjoyed discussing their personal hygiene routines, and what order they like to clean their hair and body. A student said, "It was really helpful and it was good to learn about self care."   

Citizenship/Self Awareness

It's great to learn more about society and how we can raise awareness. We are all responsible for protecting the environment, and reducing pollution benefits both our health and our surroundings. Making an effort to keep our streets clean is essential. The girls did a wonderful job of sharing knowledge about the community, helping us understand what's happening in our environment, how it affects us, and ways we can protect ourselves. The session was very interactive, with various activities, questionnaires, and word searches that made us more aware and engaged.



Assembly Gangs: Myths and Realities



YR9s were impressed by the assembly and the wealth of information and guidance they received on the topic of gangs and how to avoid being manipulated by gang members. They learnt how easily someone can get into gangs and be forced to do things they would not necessarily want to do. One student said ' **I didn't realise that being in a gang could be as dangerous as Steven told us, and also how easily young people can be manipulated into doing bad things**' The students took away important lessons from this morning and will share this with their family and friends to spread the message.

First Aid



Students in Yr9 really enjoyed the First Aid session and liked to learn about what to do in a real life emergency. Students felt more confident to be able to follow the action steps by calling for an ambulance and doing CPR as they would have maybe panicked in the situation prior to this session. Students said it was interesting to know the signs humans show after losing different amounts of blood.