

QUWWAT-UL-ISLAM GIRLS' SCHOOL

Newsletter

Telephone: 020 8548 4736

Email: info@quwwatulislam.com

Website: www.quwwatulislam.com



Ensuring every child achieves their best through high expectations for all, with a focus on
Respect-Aspiration-Responsibility

Date: Monday 17th November 2025

Islamic Date: 26 Jumada Al-Awwal 1447 AH

Term: Autumn 1.2

Issue: 6

Hadith of the Week: On the authority of Tameem ibn Aus ad-Daree (ra):

The Prophet (ﷺ) said, "The deen (religion) is naseehah (advice, sincerity)." We said, "To whom?" He (ﷺ) said, "To Allah, His Book, His Messenger, and to the leaders of the Muslims and their common folk." [Muslim]

Assalamu'alaikum Warahmatullahi Wabarakatuhu

Dear Parent/Carers

I pray this finds you in the best of health and Imaan Insha'Allah.

The Year 11 mock exam period will come to an end this week. The mock exams are a vital phase in a student's preparation for their GCSE exams. Students have now experienced GCSE standard invigilated examinations and will have developed exam strategies and clear goals moving forward to help fulfill their full potential.

The students will receive all of their exam results in due course and will have the opportunity to discuss their results with their subject teachers. This dialogue will be extremely useful in guiding students to reflect on what went well and help identify areas of improvement to ensure their revision and exam strategies for their final GCSE exams are extremely effective. In addition, subject teachers will also be able to discuss with students what these mock results would mean in terms of possible future choices. The experience will clearly prompt important conversations about future life choices and possible career paths.

It will also be an opportunity for students to discuss how they are feeling about where they currently are and what they can do to ensure that they continue to make good progress in the forthcoming months.

**Kind Regards,
Mrs Member (Headteacher)**

Winter WELLBEING How to beat the bugs and blues

- EXPOSE** yourself to sunlight
- GET OUTSIDE** AND BREATHE IN FRESH AIR
- WASH** your **HANDS** frequently and thoroughly
- GET A** **FLU JAB**
- Eat yourself** **HEALTHY**
- REDUCE** **REFINED SUGAR**
- BOOST** your intake of vitamin C & D
- KEEP** **HYDRATED**
- MANAGE & REDUCE** **STRESS LEVELS**
- BE KIND** AND **CARE** ABOUT OTHERS

One kind word can warm three winter months
Japanese Proverb

Explore more at: www.liggywebb.com

Odd socks day

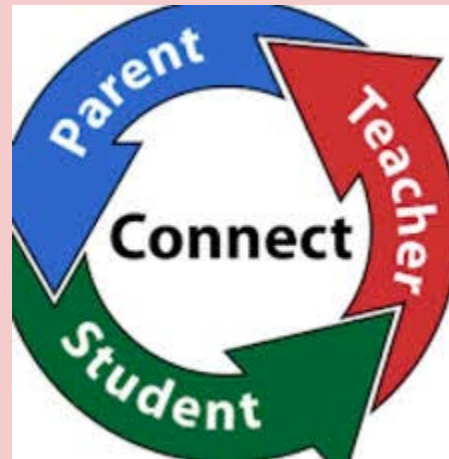


Last Monday, during 'Anti-bullying Week', was 'Odd Socks Day', where adults and students wore odd socks to celebrate what makes us all unique.

Alhamdulillah, with your support and generosity, we managed to raise a significant amount of money. All donations will go to **Kidspace**, a small charity that helps protect vulnerable children. Your donation will help make a difference to keep children safe from bullying and harm, inshaAllah. JazakAllah Khair for all your support!



Academic Review Day



Jazakallahu Khair for your attendance at our Academic Review Day. We appreciate you taking the time to meet with your child's teacher/s, and we hope that your meeting was able to provide you with some valuable insights into your child's progress in school and their next steps in learning.

If you have missed a meeting with your child's class teacher, please feel free to make an appointment through the office for an alternative time to meet with them.

Alhamdulillah, it was promising to hear some of the positive feedback given by parents about our school and their children's progress.

We are always keen to continue to improve our school and we take all concerns and comments very seriously. We will be addressing any concerns that you may have, Insha'Allah.

We look forward to our continued partnership throughout the remainder of the school year, inshaAllah.

Year 11 Mocks

Our Year 11 students have been working incredibly hard in preparation for their mock exams. This week marks the final stretch of their mock exam period, and we are proud of the dedication, focus, and resilience they have shown throughout.

We wish them the very best as they complete their final papers and continue to build confidence for the summer exams ahead, inshaAllah.

**MOCK
EXAMS**

Parents and carers, please kindly support your daughter with her revision where you can.

Encourage daily revision, a healthy diet, an early bedtime and a prompt arrival to school every morning.

Year 11 Mock Week 2 17/11/25 - 21/11/25

Date	AM	PM
Monday 17/11/25	Maths (Paper 2) 1 hours 30 mins 9:00am - 10:30am	Combined Science - Paper 3 (Physics 1) 1 hr 10 mins 13:00pm - 14:10pm
Tuesday 18/11/25	English Language (Paper 2) 1 hour 45 mins 9:00am - 10:45am	Geography B (Paper 3) 1 hour 30 mins 13:00pm - 14:30pm
Wednesday 19/11/25	Religious Education (Paper 2A) 1 hour 45 mins 9:00am - 10:45am	Arabic: Writing (Paper 4) 1 hour 25 mins 13:00pm - 14:25pm
Thursday 20/11/25	Islamic Studies (IGCSE) 2 hours 30 mins 9:00am - 11:30pm	Combined Science - Paper 4 (Biology 2) 1 hour 10 mins 13:00pm - 14:10pm
Friday 21/11/25	English Literature (Paper 2) 2 hours 15 mins 9:00am - 11:15am	Maths (Paper 3) 1 hours 30 mins 13:00am - 14:30am

Islamophobia Awareness month



November is Islamophobia Awareness Month, aimed at raising awareness about our Muslim students while celebrating their culture and religion.

The theme '**Flip the Script**' is the official theme for Islamophobia Awareness Month (IAM) 2025.

The campaign, which takes place in November 2025, calls for a re-evaluation of narratives and a challenge to the stereotypes and inaccurate portrayals that often misrepresent Muslims. It encourages people to reframe conversations to reflect reality and to support solutions that address institutional Islamophobia.

At Quwwatulislam Girls' School, we have discussed practical ways to make a change and help tackle Islamophobia. One idea is to educate others about Islam through lessons, assemblies, and projects, so people understand the religion better and stop believing stereotypes. Another way is to promote kindness and respect, for example by speaking up if someone makes a hurtful comment or supporting classmates who face discrimination.

We have also talked about community involvement, like working with local groups or campaigns that challenge prejudice and encourage dialogue between different religious and cultural groups. By learning about Islam and sharing accurate information, we can challenge misconceptions and create a safer, more inclusive environment for everyone, inshaAllah.

Year 6 Booster sessions

Alhamdulillah, the Year 6 booster sessions at our school have been very beneficial for the students. We have seen confidence growing among the Year 6 students as they prepare for their SATs tests. The sessions have helped them strengthen their knowledge, improve their exam techniques, and feel more ready for the challenges ahead.

We are very proud of how our Year 6 students are approaching their SATs with focus, determination, and a positive attitude. Their hard work and dedication during the booster sessions are already showing results, and we are confident that they will continue to do their best. These sessions also help build teamwork and support among the students, creating a motivated and encouraging learning environment.



R.E Matters

For 2025-2026 Student RE Matters is running an exciting year investigating Belief in Action - finding out about religion and beliefs in action helping the local community in Newham.

Some of our Year 9 students had a wonderful opportunity to visit two local churches to gain an insight into the charities and services they offer for the community. During their visit, the students learned how these churches support people in need through food banks, counselling services, youth groups, and outreach programmes. This experience helped them understand the importance of community work and the positive impact that different faith groups can have on society. The visit also encouraged the students to reflect on the value of compassion, service, and helping others.

Pictures from Tuesday 4th November 2025 session

Led by Lucy Still and
Catriona Martin

Belief in Action 2025/2026



REMatters

Ms Martin
catriona_martin@rematters.co.uk

Dates for this year:

- ✔ 30th September
- ✔ 4th November
- ✔ 27th January
- ✔ 3rd March
- ✔ 28th April
- ✔ 30th June
- 🕒 **All Sessions are from 1.30-3.30 pm**

Student RE Matters is a group of young people interested in moral and religious issues from different backgrounds and cultures who get together each half term from different Newham secondary schools.

What do Students say?

"This experience allows you to express your ideas and beliefs and learn about different perspectives. This also gives you an opportunity to show your leadership skills"



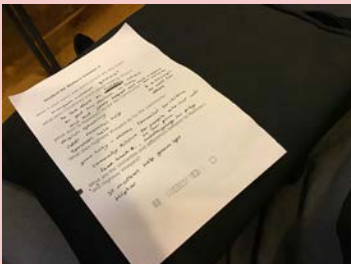









F2F MEETINGS



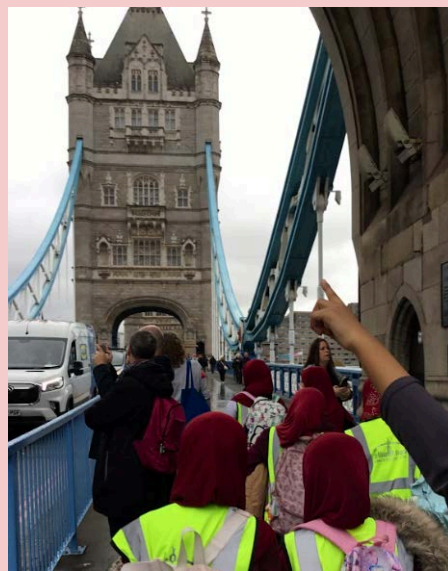
Year 4 and 5 Tower Bridge Trip

Last week the Year 4 and 5 students participated in a specialized workshop and had a tour of the historic engine rooms at Tower Bridge. In addition to learning about the engineering behind Tower Bridge, they had the opportunity to design and construct their own model bridges. This visit offered students a unique and fun chance to explore an important national landmark of the UK and learn about how the structure of bridges affects its strength.

Year 4



Year 5



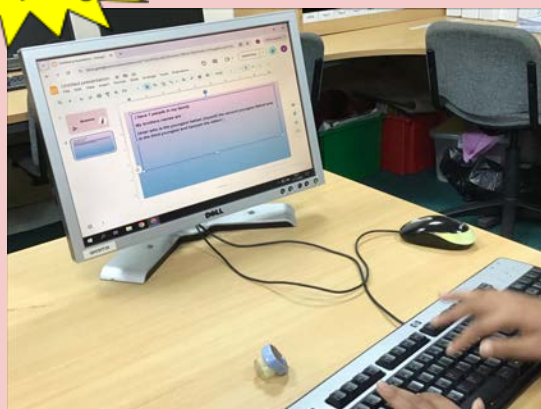
Our Primary Enrichment

Alhamdulillah, our primary enrichment classes after school have allowed our students to showcase many of the skills they have learned. Through these classes, students have developed creativity, teamwork, problem-solving, and communication skills. They have taken part in a variety of activities, from arts and crafts to creating presentations on the computer, crocheting and mental maths, demonstrating their growing confidence and abilities. It has been wonderful to see the students take pride in their achievements and support one another, creating a positive and encouraging learning environment.

Crochet



Computing



Art



Mental Maths





Quwwat-ul-Islam Girls' School

www.quwwatulislam.com



020 8548 4736

ENRICHMENT CLUBS

Tuesday 4th November 2025

Tuesday 11th November 2025

Tuesday 18th November 2025

Tuesday 25th November 2025

Tuesday 2nd December 2025

Tuesday 9th December 2025



STAY SAFE ONLINE!



MAKE UP A USERNAME.

DON'T USE YOUR REAL NAME.



THINK

carefully before you say something online or post or send an image.



Everything can be **SHARED**

Don't be scared to unfriend or block people who upset you. Report people if necessary.



Question everything you read online.



There's a lot of fake stuff out there!

If you think someone knows your password:

CHANGE IT!



WATCH OUT FOR PEOPLE PRETENDING TO BE

SOMEONE THEY'RE NOT

Try to only have online **friends** who are your **REAL** friends.

If you see something online that **UPSETS** you or makes you feel **UNCOMFORTABLE**:

TELL AN ADULT YOU TRUST



PEOPLE YOU MEET ONLINE ARE **STRANGERS**. DON'T ARRANGE TO MEET THEM IN REAL LIFE.

Don't share your passwords, even with friends.

STAY PRIVATE ON SOCIAL MEDIA



Use Ghost Mode on Snapchat.

Use private settings on Instagram.



Only share Facebook posts with friends.

MAKE YOUR PASSWORDS HARD TO GUESS. DON'T USE YOUR NAME. MIX THINGS UP WITH CAPITAL LETTERS, NUMBERS, QUESTION MARKS AND EXCLAMATION MARKS.

@%\$&*£!+=?

BE CAREFUL & KIND ONLINE!

Don't say anything online that you wouldn't say in real life. Before you post, think whether you would be happy for your family to see it.



Boys and Girls
Age 3-4 year olds

Funding available
for upto 30 hours

Limited
Spaces

Register
your interest



<https://tinyurl.com/QUIGS-Nursery>

📍 16 CHAUCER ROAD, LONDON E7 9NB

For further information Email: info@quwwatulislam.com

Dates for Diaries

Monday 10th November 2025- Friday 21st November 2025

- Year 11 Mock Examinations

Friday 19th December 2025

- Last day of half term

Tuesday 6th January 2026

- Students return to school

Please be aware that these dates will be updated regularly

EYFS and Primary Assemblies (Autumn 1.2)

Parents are invited to attend class assemblies when their child's class is leading the assembly. The assembly will take place at 10:15am.

Date	Year Group	Topic
21/11/25	Ms Shubina (Year 3)	Universal Children's Week
28/11/25	Ms Faiza (Year 5)	Islamophobia Awareness Month
05/12/25	Ms Afiyah (Year 1)	International Week of Disabled Person
19/12/25	SLT	Muslimah of the Term Award Assembly



Absences before or after a school holiday

If your child is absent before or after a school holiday, you must provide evidence explaining the absence. This may be medical evidence if your child is unwell or evidence of flight delays or circumstances beyond your control.

Without this evidence you risk being issued with a penalty notice.

Hifdh Application Form

For parents who are interested in enrolling their child at Quwwat-UI-Islam Girls' School Hifdh Class, please fill in the following online application form:



<https://docs.google.com/forms/d/1taDTW4LvB2L5XtOloKxMzk2e3U1eeEW4RrA5jo8qBMM/edit>

Successful applicants will be placed on a waiting list, and once a position becomes available, you will be contacted and offered a place, inshaAllah.

Virtue of Learning and Teaching:

The Prophet Muhammad (peace be upon him) said: "The best among you (Muslims) are those who learn the Qur'an and teach it." (Sahih Al Bukhari, 5027)