

QUWWAT-UL-ISLAM GIRLS' SCHOOL

Newsletter

Telephone: 020 8548 4736

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Website: www.quwwatulislam.com



Ensuring every child achieves their best through high expectations for all, with a focus on
Respect-Aspiration-Responsibility

Date: Monday 9th February 2026

Islamic Date: 21 Shaban 1447 AH

Term: Spring 2.1

Issue: 11

Hadith of the Week: On the authority of Abu Hurayrah (may Allah be pleased with him), that the Prophet (peace and blessings of Allah be upon him) said: "Whoever removes a worldly grief from a believer, Allah will remove from him one of the griefs of the Day of Resurrection".
[Reported in Muslim]

**Assalamu'alaikum Warahmatullahi
Wabarakatuhi**

Dear Parent/Carers

I pray this finds you in the best of health and Imaan Insha'Allah.

Alhamdulillah, we have come to the end of this half term. On behalf of Quwwat-ul-Islam, we would like to wish you a restful and safe break and InshaAllah, we will see you all back on **Monday 23rd of February 2026** for our next half term.

I would also like to take this opportunity to wish you all **Ramadan Mubarak!** I pray you all have a happy and productive month and wish you well in all your devotions.

May it be filled with deeds that bring us closer to Him SWT. May this month be a cause of attaining Allah SWT's mercy and pleasure, freedom from the Hellfire and entry into Jannah, Ameen.

**Kind Regards,
Mrs Member (Headteacher)**

Please be advised that the school day timings will be adjusted during the month of Ramadan. We kindly ask parents to ensure that suitable arrangements are made for student pick-ups and drop-offs. We appreciate your understanding and cooperation.

May Allah's peace, mercy, guidance, protection and blessings be upon you and your family.

Ramadan timings
Ramadan timings will begin from:
Monday 23rd February 2026 - Friday 13th March 2026

	Arrival	Dismissal
Primary	9:15am	2:50pm
Secondary	9:00am	3:00pm

Eid holiday
School closed:
Monday 16th March-Friday 20th March 2026

Eid Parties/Non uniform
Monday 23rd March 2026

Please note: ALL boosters and after school clubs will be **cancelled** from Monday 23rd February due to Ramadan.

Mock Exams

Year 11 and Year 6 have been undertaking their mock examinations, and Alhamdulillah, they have approached this challenge with focus and determination. We are extremely proud of the resilience, perseverance, and positive attitude they have shown as they continue to work hard towards achieving their goals.

February Year 11 GCSE Mock Exams Timetable (2025-26)

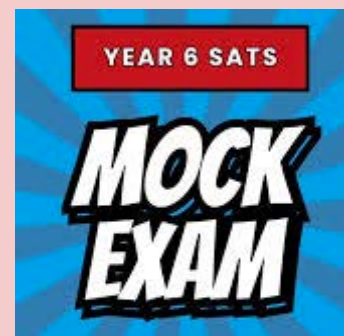
Monday 9th February 2026	AM	Combined Science Paper 3 Physics 1 (1SC0 1PF & 1SC0 1PH)	Edexcel	1 hr 10 mins	9:00 – 10:10
	PM	Mathematics Paper 2: Calculator Foundation and Higher (1MA1 2F & 1MA1 2H)	Edexcel	1 hr 30 mins	1:00 – 2:30
Tuesday 10th February 2026	AM	Geography B Paper 2 (1GB0 02)	Edexcel	1 hr 30 mins	9:00 – 10:30
	PM	English Language Paper 2 Writers' viewpoints & perspectives (8700/2)	AQA	1 hr 45 mins	1:00 – 2:45
Wednesday 11th February 2026	AM	Combined Science Paper 4 Biology 2 (1SC0 2BF & 1SC0 2BH)	Edexcel	1 hr 10 mins	9:00 – 10:10
	PM	Mathematics Paper 3: Calculator Foundation and Higher (1MA1 3F & 1MA1 3H)	Edexcel	1 hr 30 mins	1:00 – 2:30
Thursday 12th February 2026	AM	Geography B - Paper 3 (1GB0 03)	Edexcel	1 hr 30 mins	9:00 – 10:30
	PM	Combined Science Paper 5 Chemistry 2 (1SC0 2CF & 1SC0 2CH)	Edexcel	1 hr 10 mins	1:00 – 2:10
Friday 13th February 2026 (Leave for the half term break after the last exam)	AM	Combined Science Paper 6 Physics 2 (1SC0 2PF & 1SC0 2PH)	Edexcel	1 hr 10 mins	9:00 – 10:10

Key: subject colour code

Arabic	Citizenship	Islamic Studies IGCSE	English Literature & Language	Geography	Mathematics	Combined Science	Religious Studies
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Year 6 SATs Mocks

Insha'Allah, this week we have arranged mock SATs exams to help the year 6 students become familiar with the process ahead of the actual exams in May. **It is therefore vital that all students are in school on the dates listed in the timetable below:**



Day	Assessment
Monday 9 th February 2026	English Grammar, Punctuation, Spelling
Tuesday 10 th February 2026	English Reading
Wednesday 11 th February 2026	Mathematics Paper 1 & 2
Thursday 12 th February 2026	Mathematics Paper 3
Friday 13 th February 2026	No tests

World Hijab Day

Quwwat-ul-Islam Girls' School celebrated World Hijab Day on Monday 2nd February. Students wore a hijab of their own choice and took part in discussions about the meaning and symbolism behind their hijabs. We discussed the following symbolisms:

Modesty – The hijab represents modesty in dress and behaviour, focusing on character rather than appearance.

Faith and devotion – Wearing the hijab is an expression of a Muslim woman's faith and commitment to Islam.

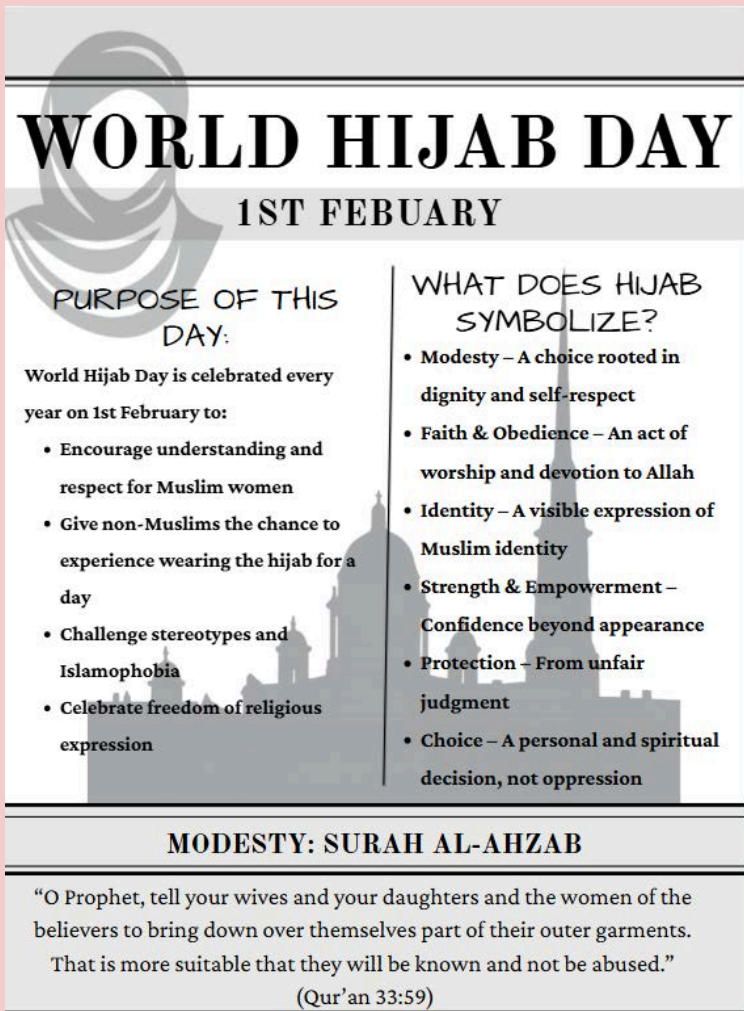
Identity – For many, the hijab is a visible symbol of Muslim identity and belonging.

Choice and empowerment – Many women choose to wear the hijab as a form of personal empowerment and self-expression.

Respect – It symbolises self-respect and dignity.

Privacy – The hijab can represent maintaining personal boundaries and privacy.

Posters our secondary students created:



WORLD HIJAB DAY
1ST FEBRUARY

PURPOSE OF THIS DAY:

World Hijab Day is celebrated every year on 1st February to:

- Encourage understanding and respect for Muslim women
- Give non-Muslims the chance to experience wearing the hijab for a day
- Challenge stereotypes and Islamophobia
- Celebrate freedom of religious expression

WHAT DOES HIJAB SYMBOLIZE?

- Modesty – A choice rooted in dignity and self-respect
- Faith & Obedience – An act of worship and devotion to Allah
- Identity – A visible expression of Muslim identity
- Strength & Empowerment – Confidence beyond appearance
- Protection – From unfair judgment
- Choice – A personal and spiritual decision, not oppression

MODESTY: SURAH AL-AHZAB

“O Prophet, tell your wives and your daughters and the women of the believers to bring down over themselves part of their outer garments. That is more suitable that they will be known and not be abused.”
(Qur'an 33:59)

Aaishah Patel (Year 10)



World Hijab Day

World Hijab Day happens every year on February 1st. It helps people understand the importance of the hijab and encourages respect for different religions. The theme is "Unity in Diversity."

The hijab is more than just a piece of cloth. It shows modesty, privacy, and strong morals. Many Muslim women wear it as a sign of their faith and identity. It gives them a sense of power and control over how people see them.

On this day, everyone is invited to wear a hijab to show support for Muslim women. This act helps promote peace and understanding among people of different backgrounds. Let's celebrate World Hijab Day together and appreciate cultural diversity and freedom.

Dua Malik (Year 8)

R.E Matters
For 2025-2026 Student RE Matters is running an exciting year investigating Belief in Action - finding out about religion and beliefs in action helping the local community in Newham.

Led by Lucy Still and Catriona Martin



Belief in Action 2025/2026

RE Matters

Ms Martin
catriona.martin@rematters.co.uk

Dates for this year:

- ✔ 30th September
- ✔ 4th November
- ✔ 27th January
- ✔ 3rd March
- ✔ 28th April
- ✔ 30th June
- 🕒 **All Sessions are from 1.30-3.30 pm**

Student RE Matters is a group of young people interested in moral and religious issues from different backgrounds and cultures who get together each half term from different Newham secondary schools.

What do Students say?

"This experience allows you to express your ideas and beliefs and learn about different perspectives. This also gives you an opportunity to show your leadership skills"



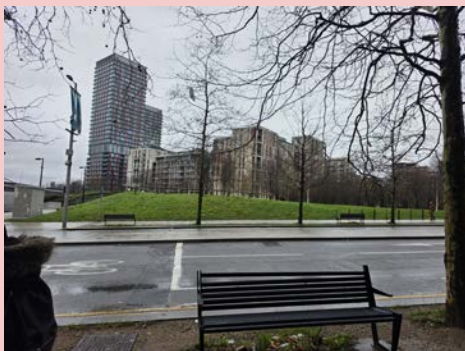
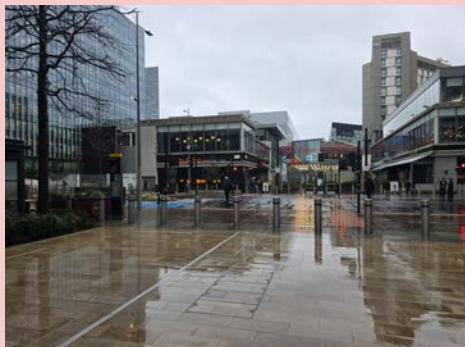
F2F MEETINGS



اللهم بارك في هذا المسجد وارزقه من فضلك ورحمتك
*O Allah, bless this mosque and grant it sustenance from
 Your bounty and mercy.*

Year 11 geography trip

Year 11 Geography students took part in an urban fieldwork trip to study land use, traffic, and environmental quality within a city. Students collected data and observed how people use urban spaces, helping them apply classroom learning to real-world locations and prepare for GCSE fieldwork requirements.



Year 4 and 5 Science trip

Year 4 and 5 students enjoyed an exciting trip to the Science Museum, where they took part in interactive sessions exploring fire, explosions, and energy transfer. Through thrilling experiments and live demonstrations, students developed their curiosity and understanding of science in a fun and engaging way.



Children's Mental Health Week 2026

Children's Mental Health Week takes place this week and focuses on the importance of children and young people's mental health and wellbeing. The week encourages open conversations about feelings, emotions and mental health, helping children understand that it's okay to talk about how they feel and to ask for support when they need it.

The official theme is **"This is My Place"** — focusing on the importance of belonging and helping children and young people feel valued and included in their families, friendships, schools and communities.

For more information and how to help, please visit:

<https://www.childrensmentalhealthweek.org.uk/>



Safer Internet Day 2026

Safer Internet Day 2026 takes place on Tuesday 10 February and is a global event promoting safer, more responsible and positive use of the internet.

This year's theme, **"Smart tech, safe choices – exploring the safe and responsible use of AI,"** encourages children, young people and adults to think critically about how they use smart technology and artificial intelligence in their everyday digital lives.

The day is an opportunity for schools, families and communities to start conversations about online safety, digital wellbeing and making informed choices online.



As part of their Year 7 RSE lessons, students explored rights, responsibilities, and opportunities in the online world. They considered how online behaviour can impact both themselves and others, and examined how digital communication can sometimes lead to misunderstandings.

Students also discussed strategies for ensuring respectful and positive communication, both online and face to face. Throughout these lessons, the following core values were highlighted as essential in all interactions:

Honesty, Kindness, Respect, Excellence, and Patience

Honesty

Being truthful online by sharing accurate information, using your real voice (not pretending to be someone else), and taking responsibility for what you post or message.

Kindness

Using positive and supportive language in comments, messages, and posts. Kindness online means thinking before you type, avoiding hurtful words, and standing up for others instead of joining in negativity.

Respect

Treating others politely online by listening to different opinions, not interrupting or attacking others, and respecting privacy and boundaries (such as not sharing personal information or screenshots without permission).

Excellence

Putting effort into your online behaviour by communicating clearly, using appropriate language, and making choices that reflect your best self, even when no one is watching.

Patience

Remaining calm online by not reacting impulsively, giving others time to respond, and handling misunderstandings thoughtfully instead of responding with anger or frustration.

10 Ways You Can SHARE KINDNESS ONLINE

Last year, around one in five young people aged 10–15 in England and Wales admitted experiencing online bullying: most commonly being insulted or sworn at, or having hurtful messages sent about them. To someone who's being bullied, the world can seem like a bleak, negative place – but just one kind word can be a ray of hope: a turning point that brightens their day and refreshes their perspective. That's why 'One Kind Word' is the theme of Anti-Bullying Week 2021. We're supporting this year's event by bringing you ten top tips for beating online bullying by replacing it with kindness.

1 PRAISE WHERE IT'S DUE

Sometimes a friend or relative might post online about something they're proud to have achieved: maybe an exam they've passed, a new skill they've learned or a task they've completed. Celebrate their hard work and determination by being kind enough to praise them for it publicly.

2 REACH OUT

It's not always easy to tell what kind of mood someone is in just from what they post online. Simply dropping somebody a message to say 'hi', to ask if they're OK or to tell them that you're thinking of them could totally make their day.

3 RECOMMEND FUN THINGS

If there's something you enjoy doing online – perhaps you play a particular game, or you've found a really cool site – share it with someone you think will enjoy it. Even recommending a film or TV show you think they'll like can bring a little happiness to someone who really needs it.

4 OFFER TO HELP

Sometimes you might see a friend or family member posting a question online or asking for help with something they can't do themselves. Don't just ignore it – if you can help, get in touch. Something that's difficult for them might be no trouble for you!

5 POST POSITIVELY

Lots of people seem to go online purely to complain about things or be negative. Just because you're communicating online (and not face to face) doesn't mean you can't be positive, though! Post about things that make you happy and that you're thankful for. It could brighten someone else's day.

6 SHOW YOUR APPRECIATION

If somebody that you know has done something positive or shown kindness themselves, go online and thank them with a message or a post. Expressing your gratitude costs nothing and showing someone that you appreciate them will really make them feel good.

7 BE UNDERSTANDING

Showing empathy towards others is an act of online kindness which often gets overlooked. If you notice that someone you know is upset, drop them a message. Sometimes people just need someone else to listen to them and understand their situation.

8 SHARE INSPIRATIONAL POSTS

When you see something online that inspires you or makes you feel happy, share it with people you know. A spot-on quotation, a beautiful photo or an uplifting video can lift someone's spirits and help them to feel better about life.

9 THINK BEFORE COMMENTING

Thinking before we act can be just as important as acting in the first place. Taking a second to consider what you're saying in advance could stop you from posting something negative, hurtful or offensive – even if you don't mean to. It's better to post positively or not post at all.

10 LIKE, LOVE AND ENGAGE

If somebody posts something that you like on social media, don't just scroll past – take the time to like it, love it or leave an appreciative comment! Reacting positively to other people's posts might seem like a small gesture but could mean a lot to them.

Meet Our Expert

Carly Page is an experienced technology journalist with more than 10 years of experience in the industry. Previously the editor of tech tabloid *The Inquirer*, Carly is now a freelance technology journalist, editor and consultant.



NOS National Online Safety®
#WakeUpWednesday

Newham Apprenticeship Fair

The Newham Apprenticeship Fair, which takes place this Thursday, will be an opportunity for Newham residents and students to explore the range of apprenticeships available. During the event you will be able to:

- ✓ Connect with recruiters across multiple sectors
- ✓ Explore current apprenticeship vacancies
- ✓ Learn what employers are looking for
- ✓ Get CV and interview support from our advisors

Year 10 students will be visiting the Newham Apprenticeship Fair, travelling from the school at 10:00am and will be back in time for lunch and Salaah, Insha'Allah.
Please check ClassDojo for further details and updates regarding the visit.



Kickstart your career at Newham's Apprenticeship Fair



Connect with recruiters, learn about current opportunities and receive tailored support from expert advisors.

Date: Thursday 12 February
Time: 9:30am - 3pm
Location: Stratford Town Hall, E15 4BQ

To register, scan the QR code or visit:
newham.gov.uk/ApprenticeshipFair



**WE ARE NEWHAM.**



Special Educational Needs & Disabilities

SENCo Drop in Session

An opportunity for parents to meet
our SENCo



Dates:

Wednesday 14th January 2026
Wednesday 11th February 2026
Wednesday 11th March 2026
Wednesday 8th April 2026
Wednesday 13th May 2026
Wednesday 10th June 2026
Wednesday 8th July 2026

Time:

8.30am -9.00am



Quwwat-ul-Islam Girls' School

www.quwwatulislam.com



020 8548 4736

ENRICHMENT CLUBS

Tuesday 6th January 2026
Tuesday 13th January 2026
Tuesday 20th January 2026
Tuesday 27th January 2026
Tuesday 3rd February 2026
Tuesday 10th February 2026
(last session)





Boys and Girls
Age 3-4 year olds

Funding available
for upto 30 hours

Limited
Spaces

Register
your interest



<https://tinyurl.com/QUIGS-Nursery>

📍 16 CHAUCER ROAD, LONDON E7 9NB

For further information Email: info@quwwatulislam.com

School Ramadan Fundraising Campaign 2026

Takes
2 minutes
to sign up



Boost Quwwat-ul-Islam Girls' School Fundraising Campaign

Help our campaign earn a **£100** bonus by using
our referral link and donating

Sign up before **1st of Ramadan** for us to receive the **£100** bonus

1

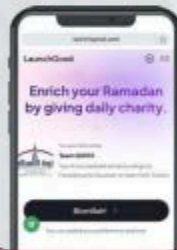
Scan to Donate



<https://tinyurl.com/3jvfuepc>

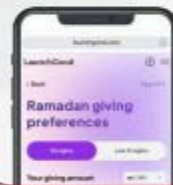
2

Tap Bismillah



3

Enter the daily amount
you would like to donate
by tapping into the
amount box e.g 2.00
(minimum £2 per day)



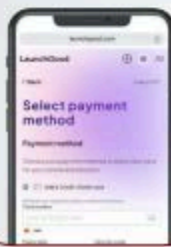
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Login to an existing
account or signup



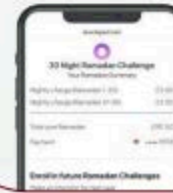
4

Enter your payment
details and tap Next



5

Review your donation
and ensure it mentions
You were referred by
Team QUIGS and tap
Confirm



You will be automatically charged the amount you chose every night in Ramadhan. You can setup a giving list for the campaigns you would like the daily donations to be donated to by going to Your Giving – Giving List otherwise LaunchGood will select the campaigns for you

Dates for Diaries

Monday 9th February 2026-Friday 13th February 2026

- Year 6 SATs Mock exams

Thursday 29th January 2026 - Friday 13th February 2026

- Year 11 GCSE Mocks

Friday 13th February 2026

- Last day of half term

Monday 23rd February 2026

- Return to school

Wednesday 4th March 2026

- Academic Review Day (School closed to students)

Monday 16th March 2026-Friday 20th March 2026

- Eid Holiday (School closed)

Monday 23rd March 2026

- PY Eid Parties/Non uniform

Friday 27th March 2026

- Last day of Spring term

Monday 13th April 2026

- Return to school

Please be aware that these dates will be updated regularly

EYFS and Primary Assemblies Spring 2.1



All assemblies will be held at 10.15am

Parents are invited to attend class assemblies when their child's class is leading the assembly.

Date	Year Group	Topic
13/02/26	Ms Mahfuza (Year 6)	Ramadan



Absences before or after a school holiday

If your child is absent before or after a school holiday, you must provide evidence explaining the absence. This may be medical evidence if your child is unwell or evidence of flight delays or circumstances beyond your control.

Without this evidence you risk being issued with a penalty notice.

Hifdh Application Form



For parents who are interested in enrolling their child at Quwwat-ul-Islam Girls' School Hifdh Class, please fill in the following online application form:

<https://docs.google.com/forms/d/1taDTW4LvB2L5XtOloKxMzk2e3U1eeEW4RrA5jo8qBMM/edit>

Successful applicants will be placed on a waiting list, and once a position becomes available, you will be contacted and offered a place, inshaAllah.

Virtue of Learning and Teaching:

The Prophet Muhammad (peace be upon him) said: "The best among you (Muslims) are those who learn the Qur'an and teach it." (Sahih Al Bukhari, 5027)