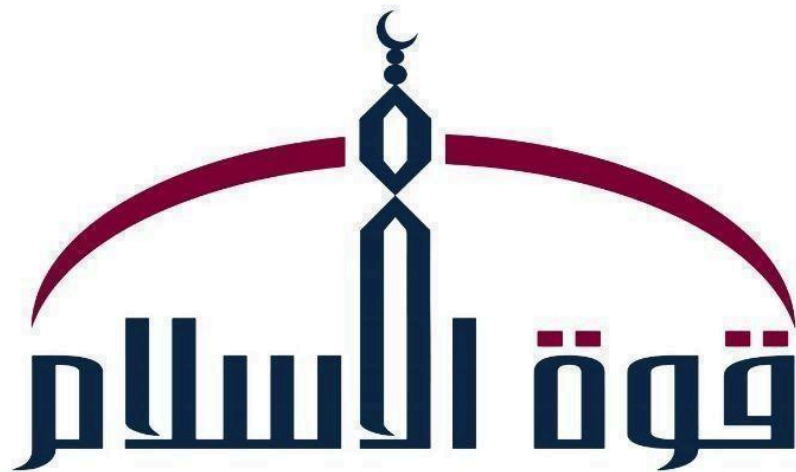


Quwwat-Ul-Islam Girls' School



QUWWAT-UL-ISLAM GIRLS' SCHOOL

www.quwwatulislam.com

Together we can achieve more

Early Years Intimate Care and Toileting Policy

Published Date	April 2026
Review Date	July 2026

School Motto
Together we can achieve more
School Values
Respect . Aspiration . Responsibility
Learning Drivers
Caring for Ourselves, Our World, Our Education, Our Rights

School Vision Statement

To establish a school of excellence both **Islamically** and **Academically** - Provide a **holistic** education which is inspired by: **Taqwa**: God consciousness **morals and values** inspired by the prophet (saw) coupled with **academic excellence**.

At Quwwat-ul-Islam girls' school we adhere to the following:

- **Mutual respect and tolerance** - We respect and care for everybody.
- **Democracy**– We promote the right of every individual to have their opinions and voices heard.
- **The rule of the law** – We understand that laws and rules protect us and at the same time provide us with responsibilities, by breaking them there are consequences.

Quwwat ul Islam Girls' School is committed to safeguarding and promoting the welfare of all pupils in its care. As an employer, the school expects all staff, governors, volunteers and parents/carers to share this commitment.

Policy Statement

This setting operates in accordance with the requirements of the Department for Education Statutory Framework for the Early Years Foundation Stage (EYFS).

We are committed to supporting children's growing independence in personal care while ensuring their dignity, wellbeing, and safeguarding at all times. Children attending the 3–4 year-old provision are expected to be toilet trained prior to admission, unless there is an identified additional need or disability.

EYFS and Safeguarding Principles

This policy reflects the following EYFS requirements:

- Safeguarding and Welfare Requirements (EYFS, 2024) – providers must ensure children's dignity is maintained and intimate care is delivered appropriately
- Key Person System (EYFS 3.27–3.28) – ensuring individual needs are met sensitively
- Health (EYFS 3.45–3.47) – promoting good hygiene practices

We also follow guidance from Ofsted, which requires:

- Appropriate supervision of children at all times
- Clear procedures for intimate care
- Safeguarding practices that protect both children and staff

Expectation of Toilet Training

Children should:

- Be able to communicate their toileting needs
- Use the toilet with minimal support
- Manage clothing with some independence
- Be generally dry during the day

We recognise that occasional accidents are developmentally appropriate.

Accidents and Soiling

In the event of an accident:

- Staff will respond promptly, calmly, and without judgement
- The child's dignity and privacy will be maintained in line with EYFS safeguarding principles
- The child will be supported to change in a designated, private area
- Soiled clothing will be double-bagged and returned to parents

Staff Responsibilities

Staff will:

- Promote independence and self-care skills in line with EYFS development goals
- Provide verbal support and minimal physical assistance where appropriate
- Follow strict hygiene procedures (gloves, aprons, cleaning protocols)
- Ensure all actions comply with safeguarding policies

In accordance with safeguarding expectations:

- Staff will avoid full intimate care unless it is necessary to protect the child's health, safety, or dignity
- Where intimate care is required, another staff member will be aware or present in line with safer working practice guidance
- Staff are not expected to provide ongoing toileting care for children who are not toilet trained.

Parent/Carer Responsibilities

Parents/carers must:

- Ensure their child is toilet trained before starting
- Provide a named spare set of clothing (including underwear)
- Replace used clothing promptly

If a child soils themselves:

- Wherever possible we will encourage the child to manage as much of the procedure as possible e.g. to remove own clothing, wipe themselves, place clothing into bag etc
- Parents/carers may be contacted and asked to attend the setting to clean and change their child, where reasonably practicable
- This is particularly necessary in cases of significant soiling or repeated incidents
- This approach ensures the setting remains compliant with safeguarding expectations and staffing ratios under the EYFS.

Intimate Care and Safeguarding

Intimate care will only be carried out:

- When it is unavoidable
- In a way that protects the child's dignity and emotional wellbeing
- In line with the setting's Safeguarding and Child Protection Policy
- All staff follow safer working practice guidance aligned with: Department for Education safeguarding expectations/Ofsted inspection criteria
- Any concerns regarding a child's wellbeing, including frequent soiling, will be recorded and addressed in line with safeguarding procedures.

Ongoing or Repeated Accidents

If a child frequently soils themselves:

- This will be discussed with parents/carers
- A consistent approach between home and nursery will be agreed
- Where appropriate, advice from health professionals may be recommended

In some cases:

- Sessions may be reduced or delayed until the child is developmentally ready
- Exceptions will be made where there is a recognised special educational need or disability (SEND), in line with the Equality Act 2010 and EYFS inclusion requirements.

Equality and Inclusion

We are committed to inclusive practice. Children with additional needs will be supported in partnership with parents and relevant professionals, ensuring reasonable adjustments are made in line with EYFS and statutory duties.

Intimate Care Procedure Checklist for Staff

Name of child	
Date	
Time	
Additional Notes Name of Key Person	

Before Providing Intimate Care

- ★ Child is reassured and spoken to calmly
- ★ Child's consent is sought where developmentally appropriate
- ★ Another staff member is informed / aware
- ★ Appropriate staff ratios are maintained
- ★ Gloves and apron are put on
- ★ Area is private, safe, and hygienic

During Intimate Care

- ★ Child's dignity and privacy are maintained at all times
- ★ Child is encouraged to do as much as possible independently
- ★ Only necessary level of care is provided
- ★ Staff use appropriate, respectful language throughout
- ★ Soiled clothing removed carefully
- ★ Child cleaned appropriately (minimal contact, only as necessary)
- ★ Soiled items placed in a sealed/double bag

After Intimate Care

- ★ Child is dressed in clean clothing
- ★ Child is comfortable, reassured, and settled back into play
- ★ Hands washed (child and staff)
- ★ Area cleaned and disinfected
- ★ PPE disposed of safely
- ★ Incident recorded

Recording and Reporting

- ★ Incident logged in nursery records
- ★ Parents/carers informed the same day
- ★ Parent contacted to attend setting (if applicable)
- ★ Repeated incidents flagged to manager / safeguarding lead

Safeguarding Considerations

- ★ Care provided in line with safeguarding and safer working practice
- ★ No unnecessary physical contact
- ★ Any marks, injuries, or concerns noted and reported
- ★ Concerns escalated in line with safeguarding policy