

QUWWAT-UL-ISLAM GIRLS' SCHOOL

Newsletter

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Ensuring every child achieves their best through high expectations for all, with a focus on
Respect-Aspiration-Responsibility

Date: Tuesday 5th May 2026

Islamic Date: 18 Dhul-Qa'dah 1447 AH

Term: Summer 3.1

Issue: 16

Hadith of the Week: 'A man asked the Prophet ﷺ, "What Islamic traits are the best?" The Prophet ﷺ said, "Feed the people, and greet those whom you know and those whom you do not know".
[Bukhari]

Year 6 SATs

The Year 6 SATs will start next week, **Monday 11th May to Thursday 14th May 2026**.

Students have been working very hard over the past few weeks and this week they are completing their MOCK SATs in preparation for their final SATs exams. This is a very important week and we ask you to ensure that your child is fully prepared and ready for their upcoming SATs.

Please ensure your child is well rested and that they have an early night in preparation for the following day. Please also ensure that your child arrives at school on time. Punctuality is very important, especially during SATs week. We ask at all times (and especially during SATs week) that children are not taken out of school during the day. We fully appreciate your cooperation in this matter.

If your child is unwell, please contact the school before school starts, as the SATs have to be completed on specific days.

May Allah (swt) bless all the students for their efforts, hard work and determination during this crucial time and grant them all a very successful outcome. Ameen.

InshaAllah the Year 6 SATs booster sessions will continue during the SATs final exams until Wednesday 13th June 2026.

Below is the timetable for the Year 6 SATs exams:



KS2 Year 6 SATs Dates - May 2026

Date	Test
Monday 11th May 2026	Grammar & Punctuation test - 45 minutes Spelling Test - 20 minutes
Tuesday 12th May 2026	English Reading Test - 60 minutes
Wednesday 13th May 2026	Mathematics Arithmetics (Paper 1) - 30 minutes Mathematics Reasoning (Paper 2) - 40 minutes
Thursday 14th May 2026	Mathematics Reasoning (Paper 3) - 40 minutes



Year 11 GCSE Exams Timetable 2026

Date	Title	Exam board	Duration	Start - Finish
Thursday 7th May	Citizenship Paper 1 (1CS0 01)	Edexcel	1 hr 45 mins	1:00 PM - 2:45 PM
Monday 11th May	English Literature Paper 1 (8702/1)	AQA	1 hr 45 mins	9:00 AM - 10:45 AM
Tuesday 12th May	Religious Studies - Christianity & Islam (8062/13 & 8062/15)	AQA	1 hr 45 mins	9:00 AM - 10:45 AM
	Combined Science Paper 1 Biology 1 (1SC0 1BF & 1SC0 1BH)	Edexcel	1 hr 10 mins	1:00 PM - 2:10 PM
Wednesday 13th May	Geography B Paper 1 (1GB0 01)	Edexcel	1 hr 30 mins	9:00 AM - 10:30 AM
Thursday 14th May	Mathematics Paper 1: Non - Calculator Foundation and Higher (1MA1 1F & 1MA1 1H)	Edexcel	1 hr 30 mins	9:00 AM - 10:30 AM
	Citizenship Paper 2 (1CS0 02)	Edexcel	1 hr 45 mins	1:00 PM - 2:45 PM

Date	Title	Exam board	Duration	Start - Finish
Monday 18th May	Combined Science Paper 2 Chemistry 1 (1SC0 1CF & 1SC0 1CH)	Edexcel	1 hr 10 mins	9:00 AM - 10:10 AM
Tuesday 19th May	English Literature Paper 2 (8702/2)	AQA	2 hrs 15 mins	9:00 AM - 11:15 AM
Wednesday 20th May	Religious Studies - Paper 2A Thematic Studies (8062/2A)	AQA	1 hr 45 mins	1:00 PM - 2:45 PM
Thursday 21st May	English Language Paper 1 (8700/1)	AQA	1 hr 45 mins	9:00 AM - 10:45 AM
Friday 22nd May	Arabic Paper 1 – Listening and Understanding (1AA0 1H)	Edexcel	45 mins	1:00 PM - 1:45 PM
	Arabic Paper 3 – Reading and Understanding (1AA0 3H)	Edexcel	1 hr 5 mins	1:50 PM - 2:55 PM

Date	Title	Exam board	Duration	Start – Finish
Thursday 28th May	Islamic Studies Paper 1 (4IS1 01)	Edexcel	2 hrs 30 mins	9:00 AM – 11:30 AM
Tuesday 2nd June	Arabic Paper 4 – Writing (1AA0 4H)	Edexcel	1 hr 25 mins	1:00 PM – 2:25 PM
	Combined Science Paper 3 Physics 1 (1SC0 1PF & 1SC0 1PH)	Edexcel	1 hr 10 mins	9:00 AM – 10:10 AM
Wednesday 3rd June	Mathematics Paper 2: Calculator Foundation and Higher (1MA1 2F & 1MA1 2H)	Edexcel	1 hr 30 mins	9:00 AM – 10:30 AM
	Geography B Paper 2 (1GB0 02)	Edexcel	1 hr 30 mins	1:00 PM – 2:30 PM
Friday 5th June	English Language Paper 2 Writers' viewpoints & perspectives (8700/2)	AQA	1 hr 45 mins	9:00 AM – 10:45 AM

Date	Title	Exam board	Duration	Start – Finish
Monday 8th June	Combined Science Paper 4 Biology 2 (1SC0 2BF & 1SC0 2BH)	Edexcel	1 hr 10 mins	9:00 AM – 10:10 AM
Wednesday 10th June	Mathematics Paper 3: Calculator Foundation and Higher (1MA1 3F & 1MA1 3H)	Edexcel	1 hr 30 mins	9:00 AM – 10:30 AM
Thursday 11th June	Geography B - Paper 3 (1GB0 03)	Edexcel	1 hr 30 mins	9:00 AM – 10:30 AM
Friday 12th June	Combined Science Paper 5 Chemistry 2 (1SC0 2CF & 1SC0 2CH)	Edexcel	1 hr 10 mins	9:00 AM – 10:10 AM
Monday 15th June	Combined Science Paper 6 Physics 2 (1SC0 2PF & 1SC0 2PH)	Edexcel	1 hr 10 mins	9:00 AM – 10:10 AM

Key: subject colour code

Arabic	Citizenship	Islamic Studies IGCSE	English Literature & Language	Geography	Mathematics	Combined Science	Religious Studies
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The GCSE Examination Board has strict regulations regarding late arrivals for exams.

Please note: All students MUST be onsite at the **8:30am** prompt for **morning GCSE examinations**. All students MUST be onsite at **12:30pm** prompt for **afternoon GCSE examinations**. On the days where students will be sitting morning and afternoon exams, they will be required to remain on site and also bring a healthy packed lunch.

Students are required to wear **full school uniform** when sitting GCSE examinations.

We would like to take this opportunity to thank Year 11 for all of their hard work and their dedication to making Quwwat Ul Islam Girls' School a thriving community. We have every confidence that they will achieve outstanding results, we pray that Allah (SWT) brings them ease and success, Ameen.

British Science Week

British Science Week is a ten-day celebration of science, technology, engineering, and maths (STEM) across the UK. In 2026, it took place from **6–15 March**.

Organised by the British Science Association, the event brings together schools, communities, and organisations to explore and enjoy science through hands-on activities, experiments, talks, and workshops. It's designed to inspire people of all ages and make science more accessible, engaging, and relevant to everyday life.

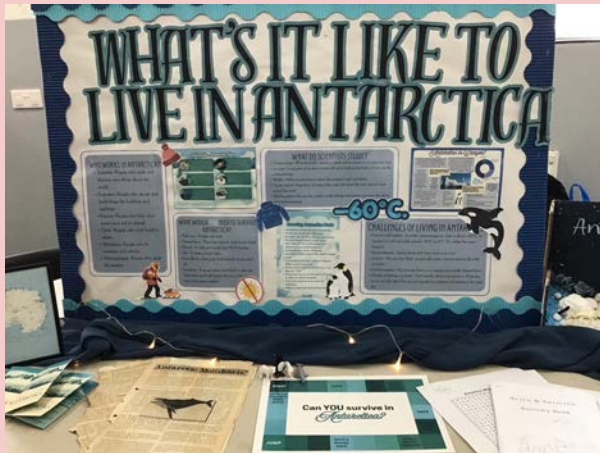
The 2026 theme, **"Curiosity: what's your question?"**, encourages everyone—especially young people—to ask questions about the world around them and discover how science helps us understand it.

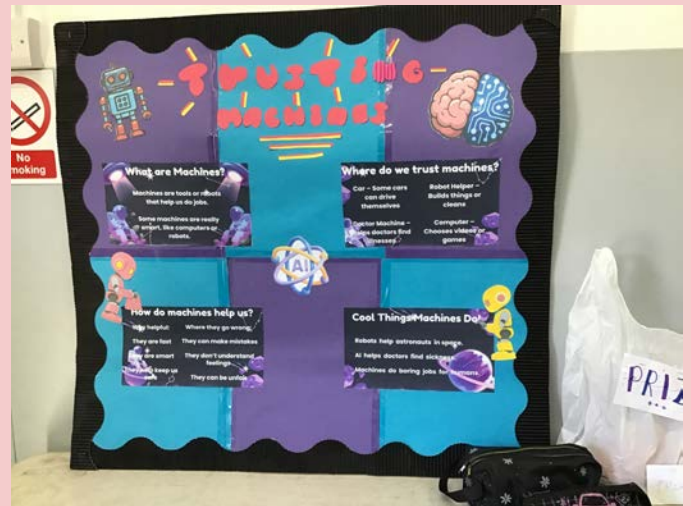
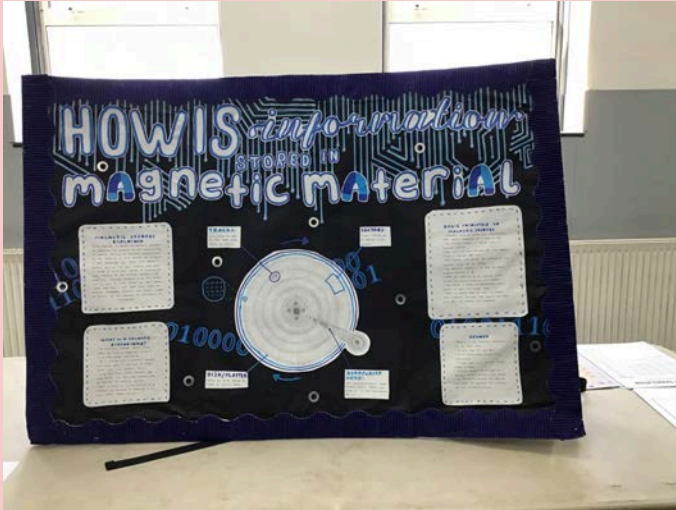
Due to Ramadan taking place during British Science Week this year, we made the decision to delay our Science Fair. This took place last Thursday 30th April.

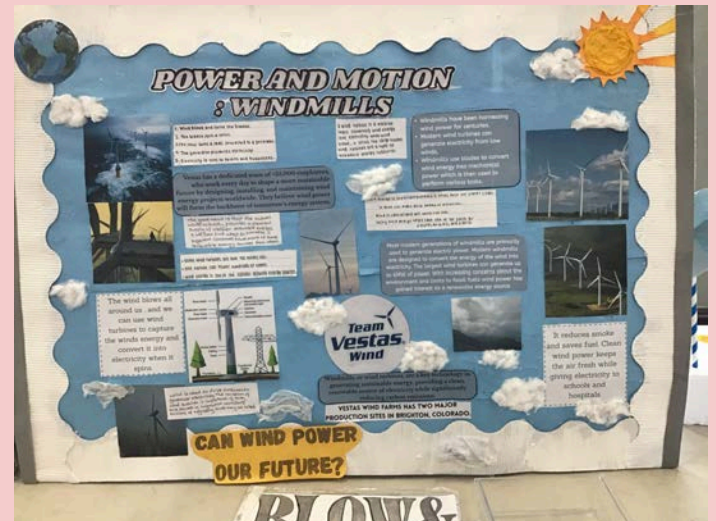
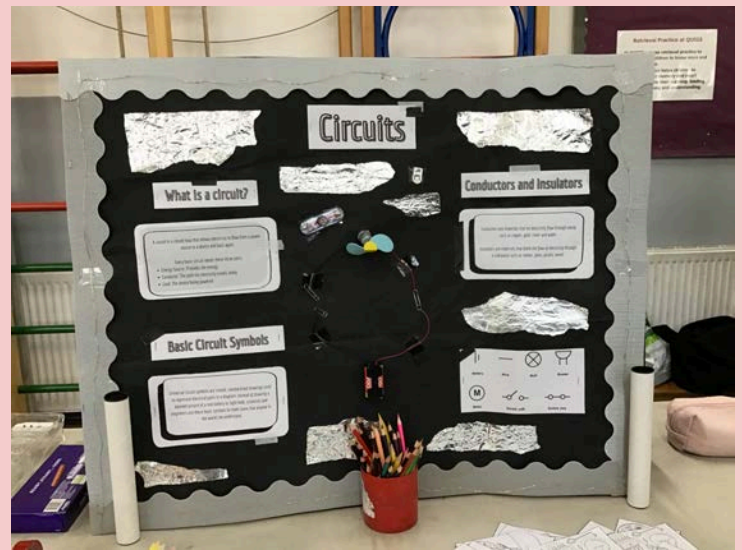
Students activities:

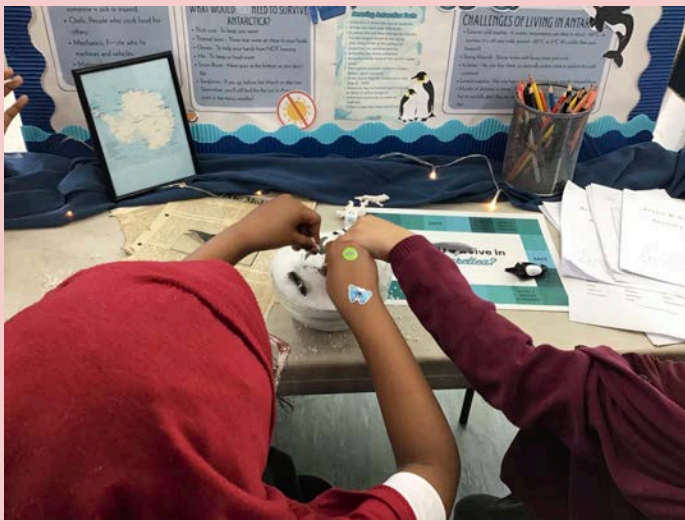
To bring science to life, our secondary students carried out a range of engaging activities aimed at answering people's curiosity about science. Primary students were also welcomed to view their work and take part in the experience.

Check out the excellent projects and experiments they planned for the week:



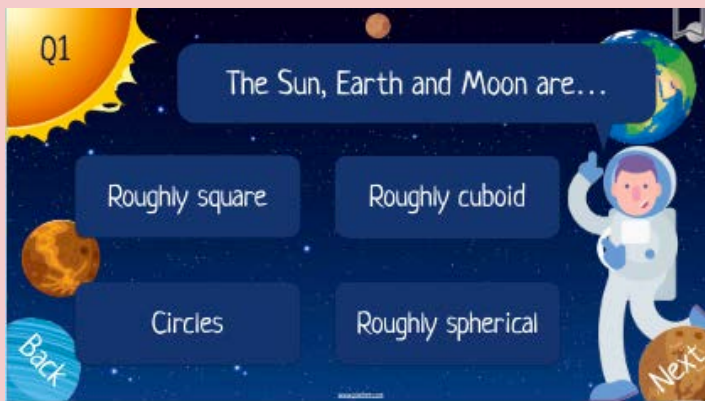


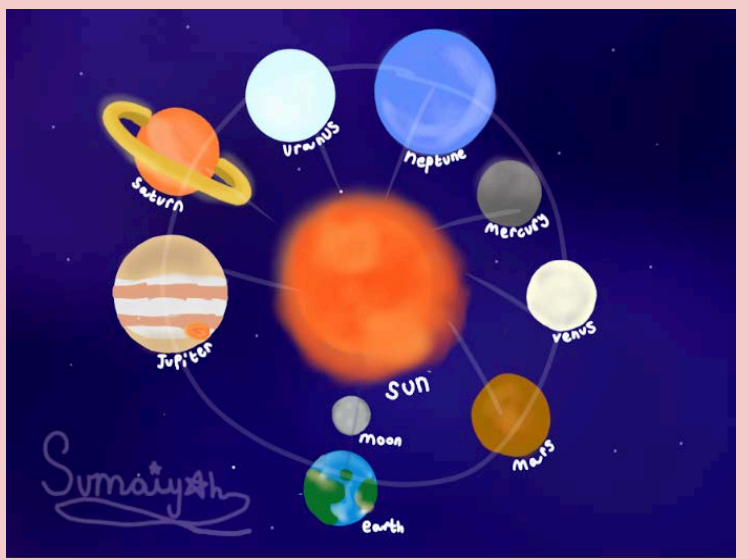




Year 5 Science Projects

In science, Year 5 students are learning about **"Earth and space"** and so they made creative and fun 3D models of the solar system as an extra project.





Mars is Known as the "Red Planet"

MARS

RED PLANET

Mars is the fourth planet from the Sun and is one of the coldest planets

The red color comes from rusted iron in the soil.

One day on Mars (a "sol") is 24 hours and 37 minutes.



Jupiter is the largest planet in the solar system

5th planet from the sun

Jupiter used to be king of ancient romans gods

Saturn is the 6th planet from the sun

Saturn has lots of rings that are big and bright

Saturn is the second largest planet in our solar system

saturn

saturn has 82 moons

Saturn is a massive ball of gas

Saturn's rings are made of rocks and ice

Uranus is the coldest planet



63 earths will fit in uranus

One season on uranus lasts one day 42 years

It was the first planet to be discovered in modern days

planets

Today we will look and learn about some planets .

So lets start !

Mercury is the smallest planet in our solar system and the closest to the Sun, orbiting it in just 88 Earth days

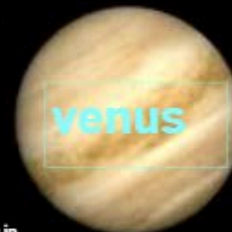
Mercury

A day on Mercury (one full rotation) takes 59 Earth days, while its year (one orbit around the Sun) is just 88 Earth days.

Mercury is shrinking. The interior is cooling and contracting, causing its crust to crack and form huge cliffs.

It has a very thin "exosphere" composed of oxygen, sodium, hydrogen, helium, and potassium.

Venus is the hottest planet in our solar system



After the Sun and Moon, Venus is the brightest object in the night sky, often mistaken for a star.

Unlike most planets, Venus spins clockwise. This means the Sun rises in the west and sets in the east.

The air is so thick and heavy that being on the surface would feel like being 3,000 feet underwater.

R.E Matters

During the 2025–2026 academic year, Student RE Matters is running an exciting programme exploring *Belief in Action*, which focuses on learning about different religions and beliefs and how they support the local community in Newham.

As part of this initiative, some of our Year 9 students had the opportunity to visit St Angela's Ursuline School along with students from other local schools. The visit included a range of engaging sessions exploring religion and beliefs within the Newham community, as well as opportunities to learn about the important work carried out by local charities.

On Tuesday 28th April 2026, Year 9 students visited a gurdwara to deepen their understanding of Sikhism and its core values. The visit provided an opportunity to learn about Sikh beliefs and practices, as well as the importance of community, equality, and service to others.

Students were able to explore the place of worship and take part in *langar*, the free community meal that is central to Sikh tradition. The experience helped bring classroom learning to life and encouraged reflection on shared values across different faiths and communities.

Led by Lucy Still and
Catriona Martin

Belief in Action 2025/2026



REMatters

Ms Martin
catriona_martin@rematters.co.uk

Dates for this year:

- ✓ 30th September
- ✓ 4th November
- ✓ 27th January
- ✓ 3rd March
- ✓ 28th April
- ✓ 30th June
- 🕒 **All Sessions are from 1.30-3.30 pm**

Student RE Matters is a group of young people interested in moral and religious issues from different backgrounds and cultures who get together each half term from different Newham secondary schools.

What do Students say?

"This experience allows you to express your ideas and beliefs and learn about different perspectives. This also gives you an opportunity to show your leadership skills"



F2F MEETINGS





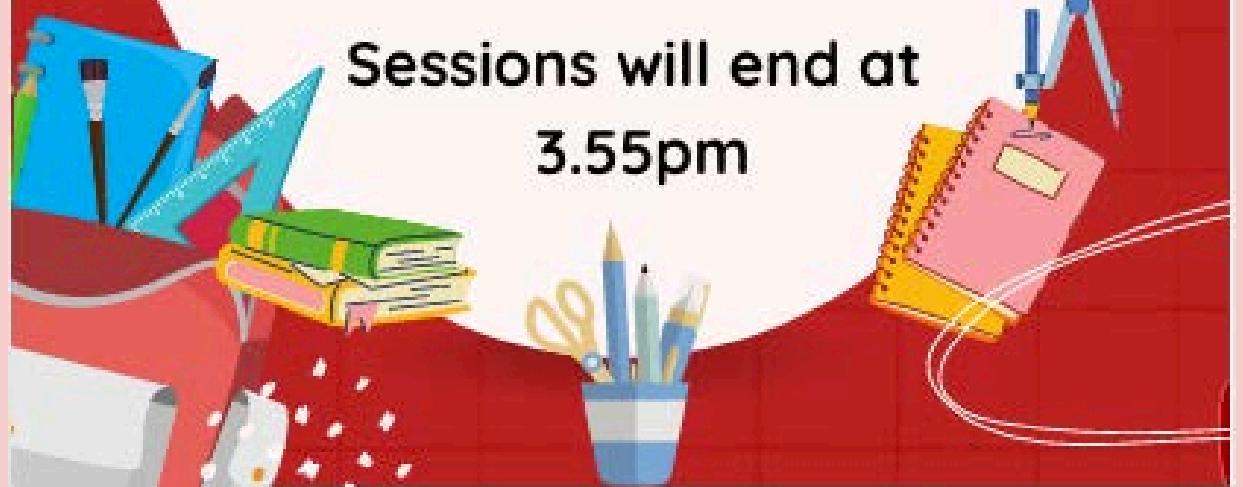
YEAR 6 **SATS** **BOOSTER SESSIONS**

Booster sessions will take place
everyday after school from:



Monday 13th April 2026 -
Wednesday 13th May 2026

Sessions will end at
3.55pm





Quwwat-ul-Islam Girls' School

www.quwwatulislam.com



020 8548 4736

ENRICHMENT CLUBS

Tuesday 14th April 2026

Tuesday 21st April 2026

Tuesday 28th April 2026

Tuesday 5th May 2026

Tuesday 12th May 2026

Tuesday 19th May 2026





BOOSTER SESSIONS



Year 9



Booster Timetable

Day	Time	Subject	Teacher
Tuesday	3:30pm-4:00pm	Maths	Ms Maariya
Thursday	3:30pm-4:00pm	Science	Ms Munshi





BOOSTER SESSIONS

Year 10

Booster Timetable

Day	Time	Subject	Teacher
Wednesday	3:30pm-4:00pm	Arabic	Ms Ismati
Thursday	3:30pm-4:00pm	Maths	Ms Fatimah
Friday	*3:30pm-4:00pm * Starting Friday 1 st May	Science	Ms Munshi





Special Educational Needs & Disabilities

SENCo Drop in Session

**An opportunity for parents to meet
our SENCo**



Dates:

**Wednesday 14th January 2026
Wednesday 11th February 2026
Wednesday 11th March 2026
Wednesday 8th April 2026
Wednesday 13th May 2026
Wednesday 10th June 2026
Wednesday 8th July 2026**

Time:

8.30am - 9.00am

Why talking about digital life is hard for kids ...

... and how to make it easier



Parents and carers don't know enough

1

Talk about both the good and the bad of life online

Young people say parents don't always understand the platforms they use or the online trends they enjoy. They also feel that adults focus mostly on what can go wrong, and rarely acknowledge the parts of being online that matter to them.

2

Be involved early and collaborate on key decisions

Young people say that when parents take an active interest from the start, they're better placed to help if something goes wrong. They also want to be consulted about decisions around their digital use, so they can understand the reasoning and feel the rules are fair.

3

When in doubt, ask your child

They know their online world best — and you're the person best placed to help them navigate it.

4

If you're still unsure, speak to a teacher or trusted professional

They can guide you towards the right advice and further support.

Fear of consequences

1

Create a safe space for talking about what they see online

Young people want to share their experiences but don't always feel they can. Help them feel comfortable talking about the apps they use and what they're seeing online.

2

Set ground rules together

Agree on rules with your child and be prepared for them to change over time. Reassure your child that you trust them, especially as they grow older. Involving them in these discussions helps them feel respected and empowered, as they can share their voice in the process.

3

Be honest and explain

If you limit social media access or end up taking their phone, give reasons. Young people understand that sometimes this is a reasonable response, but needs to be explained properly. If not, trust can be damaged and children might not open up a second time.

It's awkward/embarrassing

1

Start conversations early and keep them going

Keep the conversation going, responding to your child's experiences. Don't let awkward or "taboo" topics stop you. Conversation starters are included later in this guide, and the [Thinkuknow website](#) has age-appropriate ideas.

2

Keep it casual

Use everyday moments to talk about their online experiences — for example, while walking or driving. Teens say they don't want "the big talk!"

3

Be a role model

Think about how your own habits set an example. Talk openly about them, use them to shape family rules, and share stories from your childhood or teenage years — reflecting on how things might be different in today's digital world.

4

Have a conversation and ask questions

If you're unsure how to start, try watching an [AsktheAwkward](#) video together.

5

It's okay to laugh!

Sharing a laugh can ease tension and make conversations more comfortable. Teens say they don't want parents to be too serious or intimidating.

Dates for Diaries

Thursday 7th May 2026-Monday 15th June 2026

- GCSE Examinations

Monday 11th May 2026-Thursday 14th May 2026

- Year 6 SATs Examinations

Wednesday 17th June 2026

- Year 11 Leavers Assembly

Friday 22nd May 2026

- Last day of half term

Monday 1st June 2026

- Return to school

Please be aware that these dates will be updated regularly

EYFS and Primary Assemblies Summer 3.1



**All assemblies will be held at
10.15am**

Parents are invited to attend class assemblies when their child's class is leading the assembly.

Date	Year Group	Topic
08/05/26	Ms Mahfuza (Year 6)	National Children's Day/Exams
15/05/26	Ms Afiyah (Year 1)	World Red Cross week/Exams



Absences before or after a school holiday

If your child is absent before or after a school holiday, you must provide evidence explaining the absence. This may be medical evidence if your child is unwell or evidence of flight delays or circumstances beyond your control.

Without this evidence you risk being issued with a penalty notice.

Hifdh Application Form



For parents who are interested in enrolling their child at Quwwat-ul-Islam Girls' School Hifdh Class, please fill in the following online application form:

<https://docs.google.com/forms/d/1taDTW4LvB2L5XtOloKxMzk2e3U1eeEW4RrA5jo8qBMM/edit>

Successful applicants will be placed on a waiting list, and once a position becomes available, you will be contacted and offered a place, inshaAllah.

Virtue of Learning and Teaching:

The Prophet Muhammad (peace be upon him) said: "The best among you (Muslims) are those who learn the Qur'an and teach it." (Sahih Al Bukhari, 5027)