

QUWWAT-UL-ISLAM GIRLS' SCHOOL

Newsletter

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Ensuring every child achieves their best through high expectations for all, with a focus on
Respect-Aspiration-Responsibility

Date: Monday 21st September 2026

Islamic Date: 10 Rabi ul Thani 1448 AH

Term: Autumn 1.1

Issue: 2

Hadith of the Week: Narrated Anas ibn Malik: Allah's Messenger (peace be upon him) said, "He who abandons lying, having been false, will have a castle built for him just within Paradise. He who abandons disputing, having been speaking the truth, will have one built for him in the middle of Paradise. He whose character is good will have one built for him in the highest part of it."

[Tirmidhi transmitted it, saying this is a hasan tradition. The same is said in Sharh as-Sunnah, but in al-Masabih it is called gharib. Al-Tirmidhi – Hadith 4831]

Assalamu'alaikum Warahmatullahi Wabarakatuhu

Dear Parent/Carers

I pray this finds you in the best of health and Imaan Insha'Allah.

Alhamdulillah, all the students have now settled down into their new routines and this is thanks to all of the parents/carers and staff. JazakAllahu Khairan. The students have started some exciting learning as new topics are introduced this half term and are developing positive relationships with their new teachers.

It has been a wonderful meeting all our new children in reception. We are really excited about the year ahead and getting to know our new families. The children have been extremely brave beginning their settling in period and have loved finding their way around all the exciting new toys. They have amazed us with how they have settled so quickly and happily into their new environment and are now beginning to form some lovely friendships. We would like to say JazakAllah Khair to the parents for your support in this and we look forward to working in partnership with you as your child begins their learning journey, inshaAllah.

May Allah (swt) keep you and your families and all of us in His mercy and protection. Ameen.

Kind Regards,
Mrs Member (Headteacher)

Nut-Free School Reminder

A friendly reminder that our school is a nut-free environment to help keep all our pupils safe, particularly those with serious nut allergies.

Please do not send nuts or foods containing nuts into school, including in packed lunches, snacks, or treats. We kindly ask all families to check food labels carefully before sending items into school.

JazakAllah Khair for your continued support and cooperation in helping us maintain a safe and inclusive environment for everyone.

THIS SCHOOL IS NUT FREE



THANK YOU FOR YOUR UNDERSTANDING
AND CONTINUED SUPPORT



Macmillan Coffee Morning
Wednesday 23rd September
2026

8.30am-10.30am

Parents and staff are
welcome for coffee and cake!



**All proceeds go to
Macmillan Cancer
Support**

Please send all cake donations to the
school main office by
MONDAY 21st SEPTEMBER

Made with PosterMyWall.com



Year 11 booster sessions

A key part of our support for our Year 11 students facing Summer exams is our after-school booster sessions which run throughout the weeks. Alhamdulillah, these booster sessions have started this week and all students are expected to attend.

Please find below a copy of the booster timetable:

The poster has a dark red background. At the top center is the school logo for 'GURUKAT-UL-ISLAM KHEL'Y' SCHOOL' with the website 'www.gurukatschool.com' and the motto 'Taqdise aur uss aadab aur' below it. The title 'BOOSTER SESSIONS' is in large, bold, white capital letters. Below it, 'Year 11' is in a slightly smaller white font. The subtitle 'Booster Timetable' is in a large, bold, white font. A table with four columns (Day, Time, Subject, Teacher) is in the center. The table has a white border and white text on a dark red background. Below the table, the text 'Booster lessons for Year 11 will start week beginning: Monday 21st September 2026' is in white. At the bottom, there are three illustrations: chemistry flasks on the left, an open book with a pencil on the right, and a globe on the far right. Decorative icons like a ruler, a calculator, and a DNA helix are scattered around the text.

Day	Time	Subject	Teacher
Monday	3.30pm-4.00pm	Computing	Ms Ferdausi
Tuesday	3.30pm-4.00pm	Arabic	Ms Ismati
Thursday	3.30pm-4.00pm	Maths	Ms Fatimah
Friday	3.30pm-4.00pm	Science	Ms Munshi

**Booster lessons for Year 11 will start
week beginning:
Monday 21st September 2026**

As part of our commitment to supporting every Year 11 student and helping them achieve their full potential, we will be running after-school booster sessions from Monday to Friday, excluding Wednesdays. These sessions have been carefully planned by our teaching staff to reinforce key knowledge, develop examination techniques and provide students with additional preparation for their assessments. Attendance at these sessions is compulsory for all Year 11 students, and we kindly ask for your support in ensuring that your daughter attends regularly and makes the most of these additional learning opportunities.



YEAR 6 SATS

BOOSTER SESSIONS

**Booster sessions for Year 6
students will take place every
Tuesdays after school starting
from:**

Tuesday 22nd September 2026

**Sessions will end at
3.55pm**

Sessions will consist of questions related to exams techniques, practice papers, revision on topics taught and note taking. We kindly request that parents are prompt when collecting their child. Please note that any child that is collected late on more than 2 occasions will not be allowed to attend any further booster sessions.

ONLINE CONTENT

10 tips to keep your children safe online

The internet has transformed the ability to access content. Many apps that children use are dependent on user-generated content which can encourage freedom of expression, imagination and creativity. However, due to the sheer volume uploaded every day, it can be difficult for platforms to regulate and moderate everything, which means that disturbing or distressing images, videos or audio clips can slip through the net. That's why we've created this guide to provide parents and carers with some useful tips on keeping children safe online.



1 MONITOR VIEWING HABITS

Whilst most apps have moderation tools, inappropriate content can still slip through the net.



2 CHECK ONLINE CONTENT

Understand what's being shared or what seems to be 'trending' at the moment.



3 CHECK AGE-RATINGS

Make sure they are old enough to use the app and meet the recommended age-limit.



4 CHANGE PRIVACY SETTINGS

Make accounts private and set content filters and parental controls where possible.



5 SPEND TIME ON THE APP

Get used to how apps work, what content is available and what your child likes to watch.



6 LET CHILDREN KNOW YOU'RE THERE

Ensure they know that there is support and advice available to them if they need it.



7 ENCOURAGE CRITICAL THINKING

Talk about what people might post online and why some posts could cause distress.



8 LEARN HOW TO REPORT & BLOCK

Always make sure that children know how to use the reporting tools on social media apps.



9 KEEP AN OPEN DIALOGUE

If a child sees distressing material online; listen to their concerns, empathise and offer reassurance.



10 SEEK FURTHER SUPPORT

If a child has been affected by something they've seen online, seek support from your school's safeguarding lead.

NOS National
Online
Safety®
#WakeUpWednesday



Keeping your child safe online - A checklist for parents and carers

As a parent you'll probably know how important the internet is to children and young people. They use it to learn, play, socialise and express themselves in all types of creative ways. This may be through sharing photos and videos, blogging, gaming, or even developing their own apps. It is a place of amazing opportunities.

The technology children use in their daily lives can seem daunting. You might worry about the risks they can face online, such as bullying, contact from strangers, as well as the possibility of access to inappropriate or illegal content. To help them stay safe, it's important that you understand how your child uses the internet.

By following this simple checklist, you can start to protect them and decrease the risks they face:



I have asked my child to show me sites they use – By doing so, your child is including you in their online life and social activity. Show an interest and take note of the names of their favourite sites. You can then re-visit these when you are alone. Take your time and explore the space, find out how to set the safety features and learn how to report any issues directly to the site.



I have asked my child to set their profile settings to private – Social networking sites, such as Facebook, are used by children to share information, photos and just about everything they do! Encourage your child to set their privacy settings to private. They need to think about the information they post online as it could be copied and pasted anywhere, without their permission. If it got into the wrong hands, somebody may wish to use it against them or worst of all try to locate them in the real world.



I have asked my child about their online friends – We know that people lie online about who they are and may create fake identities. It is very important children understand this. Whether they are visiting a social network or a gaming site, the safety messages are the same. Children and young people must never give out personal information and only be "friends" with people they know and trust in the real world.



I have set appropriate parental controls on my child's computer, mobile and games console – Filters on computers and mobiles can prevent your child from viewing inappropriate and possibly illegal content. You can activate and change levels depending on your child's age and abilities. You can also set time restrictions for using the internet or games. They can be free and easy to install. Call your service provider who will be happy to assist or visit CEOP's parents' site for further information. Explain to your child why you are setting parental controls when you talk to them about their internet use.



My child has agreed to tell me if they are worried about something online – Sometimes children get into situations online where they don't feel comfortable or see something they don't want to see. By opening up the communication channels and talking to your child about the internet, their favourite sites and the risks they may encounter, they are more likely to turn to you if they are concerned about something.



I know where to get help if I'm concerned about my child – The CEOP Safety Centre provides access to a range of services. If you are concerned that an adult has made inappropriate contact with your child you can report this directly to CEOP. You can also find help if you think your child is being bullied, or if you've come across something on the internet which you think may be illegal.

Visit the Safety Centre at www.ceop.police.uk/safety-centre or by clicking on this button:



ESSENTIALS OF

PURITY *and* Salah IN ISLAM

**6 WEEK
COURSE**

WUDHU, GHUSL & SALAH

**SISTERS
ONLY**



Introduction to
Purity in Islam



Wudhu (Ablution)



Ghusl (Ritual Purification)



Salah (Prayer)



Embracing the
Spiritual Essence

(NO REGISTRATION REQUIRED)

EVERY WEDNESDAY, 23 SEPTEMBER - 04 NOVEMBER

(6 WEEKS TERM TIME ONLY - NO CLASS ON 28 OCTOBER)

DELIVERED BY A QUALIFIED AALIMAH

**9:30AM -
10:30AM**

**FREE
COURSE**

📍 QIS MASJID, 62-66 UPTON LANE, LONDON, E7 9LN | ENTRANCE FROM CHAUCER ROAD (BLACK GATE)

EMAIL: INFO@QUWWATULISLAM.COM

Dates for Diaries

Monday 21st September 2026

- Year 11 Booster Sessions commence

Tuesday 22nd September 2026

- Year 6 SATs Booster Sessions commence

Wednesday 23rd September 2026

- Macmillan Coffee Morning

Wednesday 21st October 2026

- Open day – Half day Closure (AM)

Friday 23rd October 2026

- Last day of half term

Monday 25th October 2026 - Friday 29th October 2026

- Holiday (no school for all students)

Monday 1st November 2026

- All students return to school

Please be aware that these dates will be updated regularly

EYFS and Primary Assemblies Autumn 1.1



All assemblies will be held at 10.15am

Parents are invited to attend class assemblies when their child's class is leading the assembly.

Date	Year Group	Topic
26/09/26	Ms Chowdhury	Macmillan Cancer Support
02/10/26	Ms Shubina	European Day of Languages
9/10/26	Ms Tanjilla Y. Khan	World Mental Health Day
16/10/26	Ms Afyah	International Day for the Eradication of Poverty



Absences before or after a school holiday

If your child is absent before or after a school holiday, you must provide evidence explaining the absence. This may be medical evidence if your child is unwell or evidence of flight delays or circumstances beyond your control.

Without this evidence you risk being issued with a penalty notice.

Hifdh Application Form



For parents who are interested in enrolling their child at Quwwat-ul-Islam Girls' School Hifdh Class, please fill in the following online application form:

<https://docs.google.com/forms/d/1taDTW4LvB2L5XtOloKxMzk2e3U1eeEW4RrA5jo8qBMM/edit>

Successful applicants will be placed on a waiting list, and once a position becomes available, you will be contacted and offered a place, inshaAllah.

Virtue of Learning and Teaching:

The Prophet Muhammad (peace be upon him) said: "The best among you (Muslims) are those who learn the Qur'an and teach it." (Sahih Al Bukhari, 5027)